

Spinor Bose gases

Residenza  
SPIN

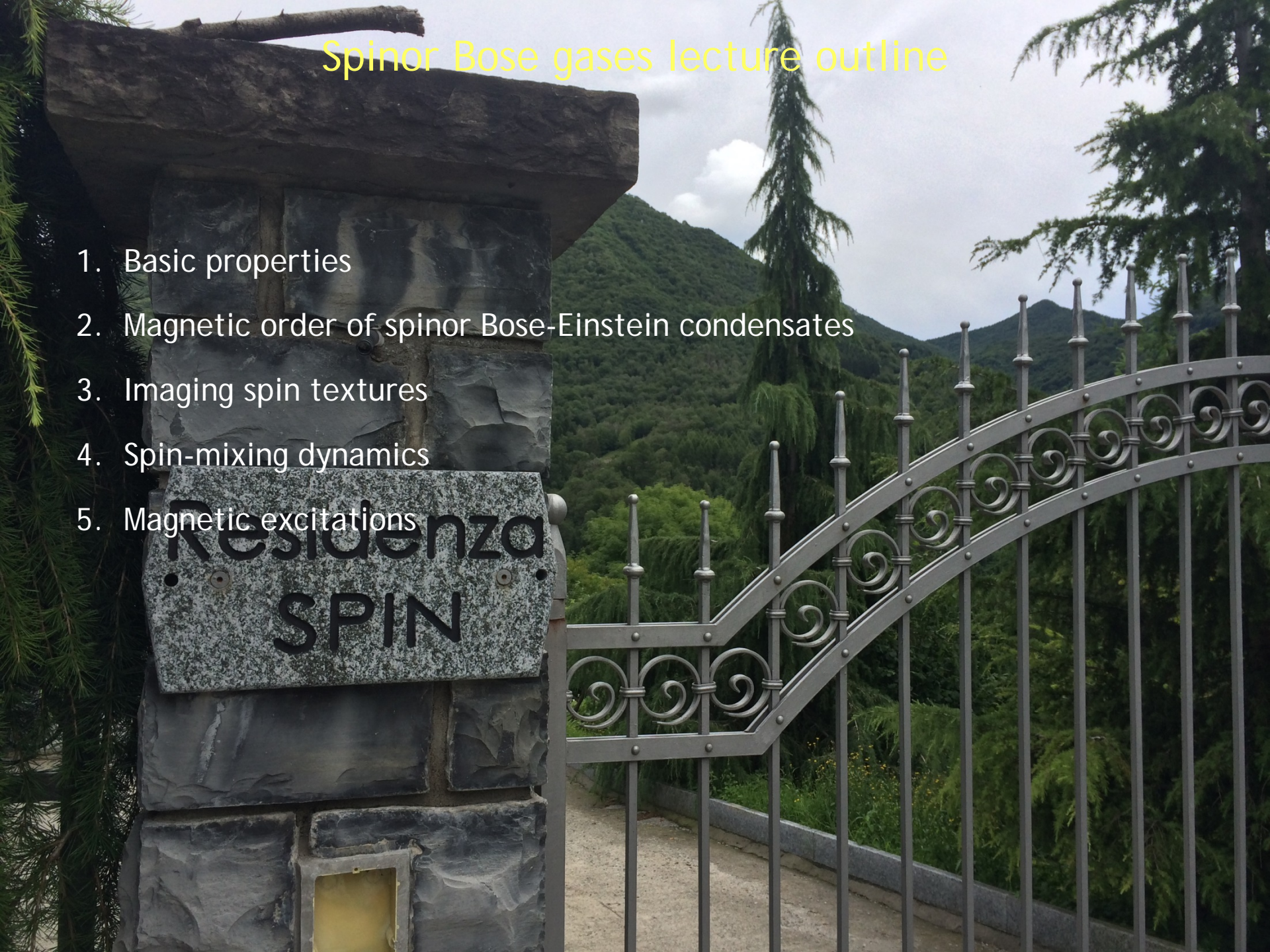
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# Spinor Bose gases lecture outline

1. Basic properties
2. Magnetic order of spinor Bose-Einstein condensates
3. Imaging spin textures
4. Spin-mixing dynamics
5. Magnetic excitations

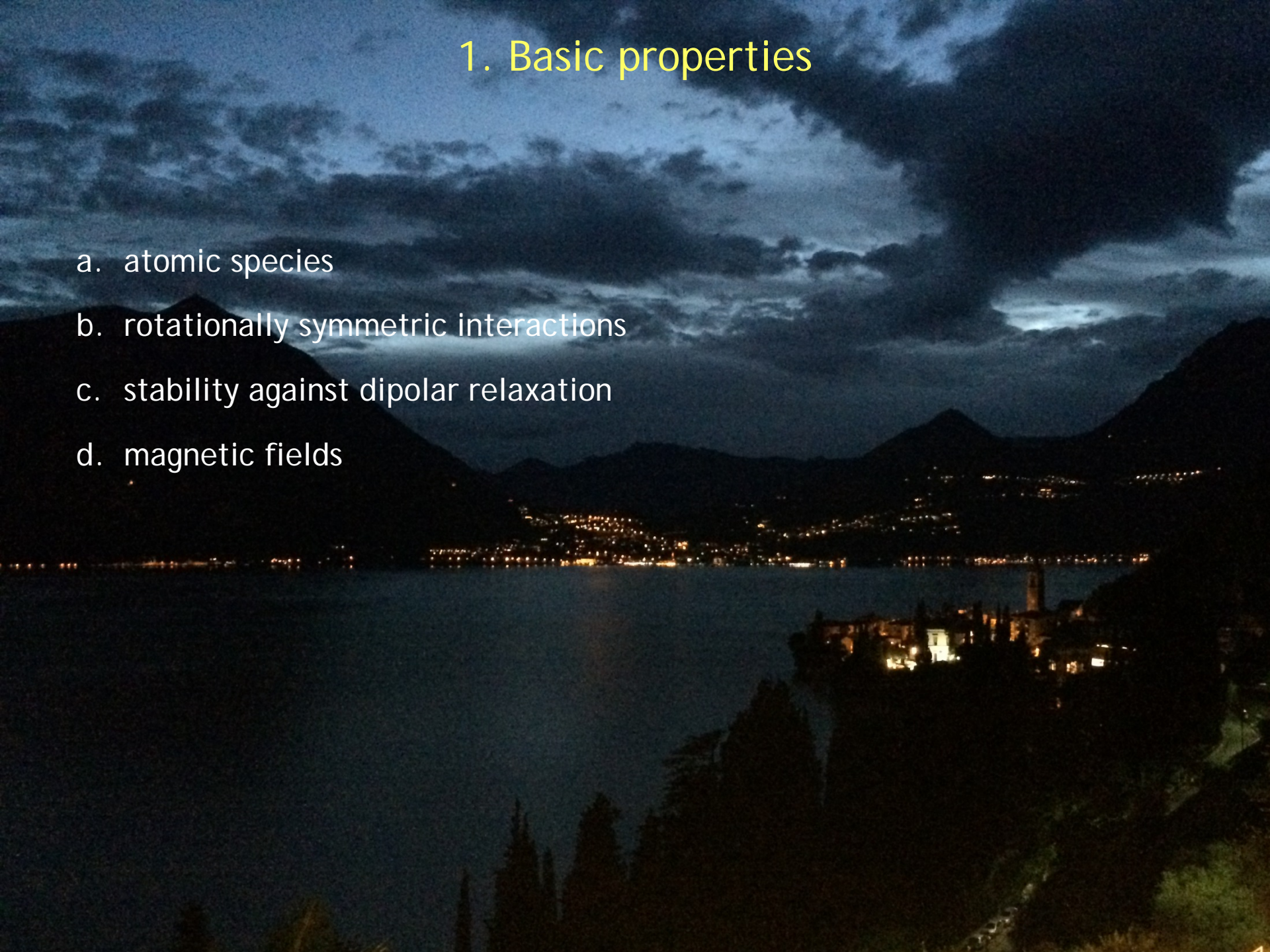
Residenza  
SPIN





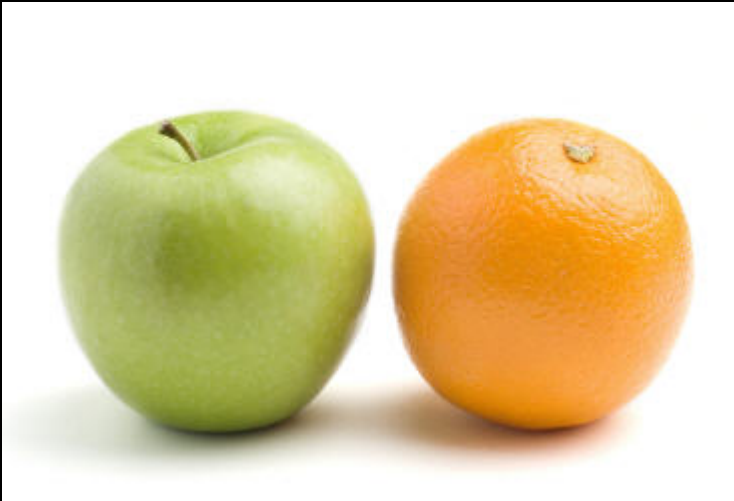
# 1. Basic properties

- a. atomic species
- b. rotationally symmetric interactions
- c. stability against dipolar relaxation
- d. magnetic fields

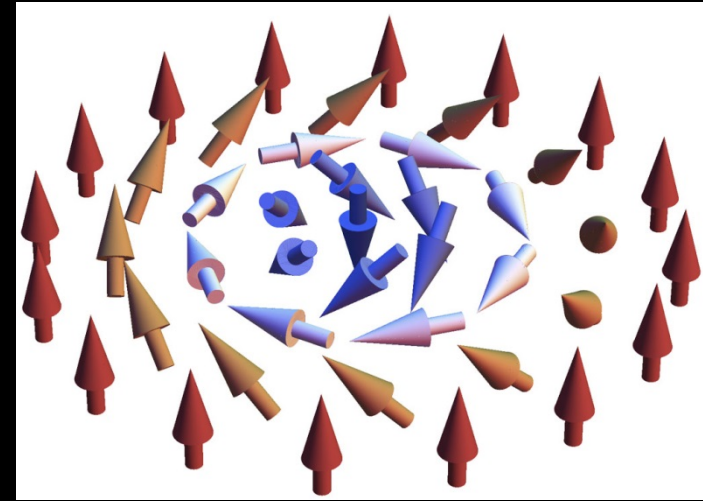


# The quantum fluids landscape

- pre-1995: a few quantum fluids.
    - ◆  $^4\text{He}$ : A scalar superfluid, incompressible, strongly interacting
    - ◆ Superconductors: Also scalar (mostly), charged (long-range interactions)
      - s-wave, d-wave, p-wave
    - ◆  $^3\text{He}$ : Neutral BCS superfluid. Very interesting
  - since 1995: A bonanza of quantum fluids!
    - ◆ atoms, molecules
    - ◆ bosons, fermions
    - ◆ resonant and tunable pairing
    - ◆ lots of “stable” internal states
- Multistate quantum fluids with multicomponent order parameter



vs.



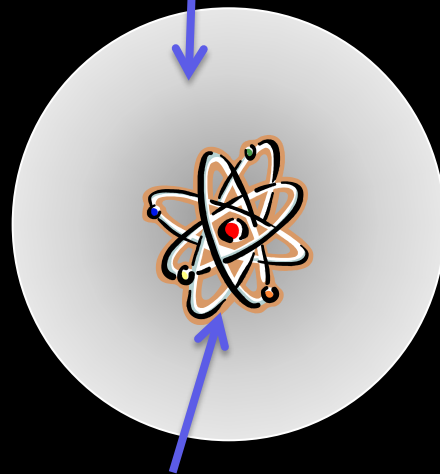
- States related by some accessible transition
- “Non-trivial” → (near) degeneracy of low-energy states
  - ◆ fine tuning or high degree of symmetry ← spatial and/or spin rotation
- Allowable dynamics

choice: components of quantum fluid come from an angular momentum manifold

# Alkali spinor gases

e.g.  $^{87}\text{Rb}$

37 electrons:  
(36 core + 1 valence)  
 $S = 1/2$

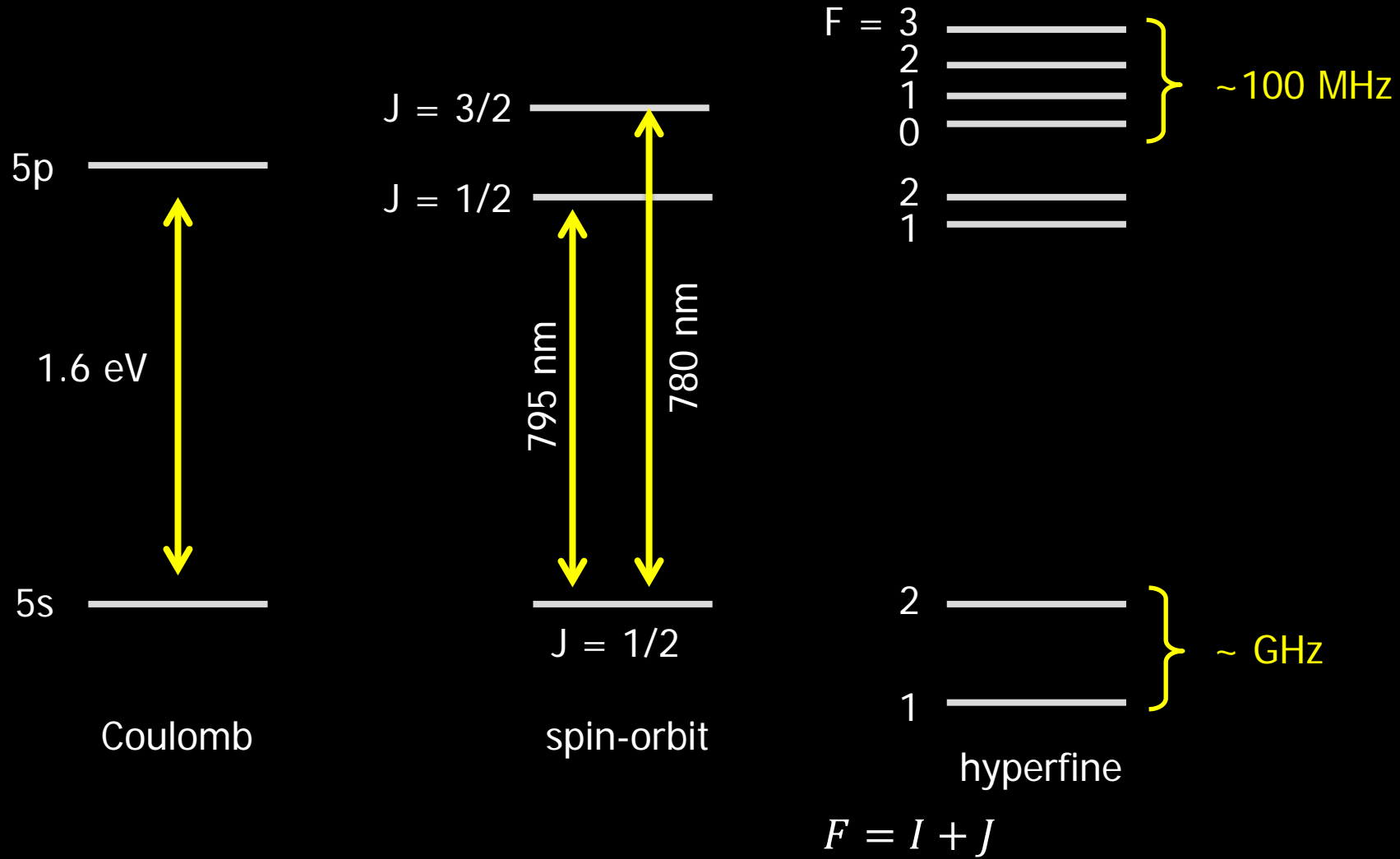


37 protons  
50 neutrons  
 $I = 3/2$

$$\vec{F} = \vec{I} + \vec{J}$$

# Alkali spinor gases

e.g.  $^{87}\text{Rb}$



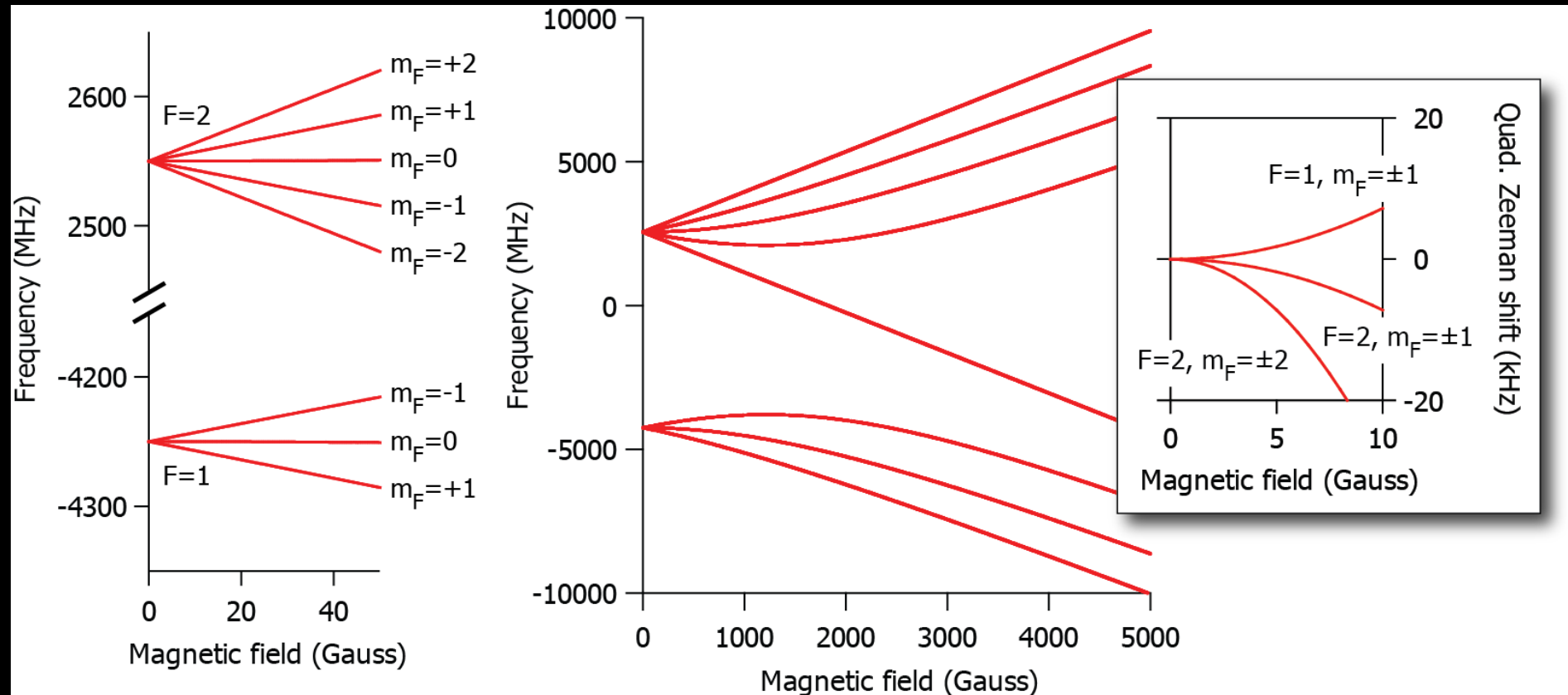


# Breit-Rabi diagram

$$H_{hf} = ah I \cdot J - \mu \cdot B$$

$$\mu = -g_J \mu_B J + g_I \mu_n I$$

note: here spin operators are dimensionless



$$g_F \approx 2 \frac{F(F+1) + J(J+1) - I(I+1)}{2F(F+1)} = \frac{\pm 1}{I + 1/2}$$



TABLE I. Experimental candidates for the study of ultracold spinor Bose gases. Species are divided according to whether they are stable at zero magnetic field (information on thulium is lacking), and whether the dipolar relaxation rate is small enough to allow the longitudinal magnetization ( $\langle F_z \rangle$ ) to be conserved in an experiment. The nature of the spin-dependent contact interactions is indicated in parentheses (f: ferromagnetic, af: antiferromagnetic, cyc: cyclic or tetrahedral, ?.:unknown). Stable pseudo-spin-1/2 gases of  $^{87}\text{Rb}$  are indicated, with states labeled with quantum numbers  $|F, m_F\rangle$  having the same low-field magnetic moment.

	Stable		Unstable
$\langle F_z \rangle$ conserved		$\langle F_z \rangle$ not conserved	
$^7\text{Li}, F = 1$ (f)		$^{52}\text{Cr}, F = 3$ (not f)	$^7\text{Li}, F = 2$
$^{23}\text{Na}, F = 1$ (af)		Dy, $F = 8$ (?)	$^{23}\text{Na}, F = 2$
$^{41}\text{K}, F = 1$ (f)		Er, $F = 6$ (?)	$^{39}\text{K}$
$^{87}\text{Rb}, F = 1$ (f)			$^{85}\text{Rb}$
$^{87}\text{Rb}, F = 2$ (af or cyc)			$^{133}\text{Cs}$
$^{87}\text{Rb}$ pseudospin:		Tm, $F = 4$ (?)	
$ 1, 0\rangle,  2, 0\rangle$			
$ 1, \pm 1\rangle,  2, \mp 1\rangle$			

# High-spin atoms

hydrogen 1 <b>H</b> 1.0079																	helium 2 <b>He</b> 4.0026						
lithium 3 <b>Li</b> 6.941	beryllium 4 <b>Be</b> 9.0122	d-block																boron 5 <b>B</b> 10.811	carbon 6 <b>C</b> 12.011	nitrogen 7 <b>N</b> 14.007	oxygen 8 <b>O</b> 15.999	fluorine 9 <b>F</b> 18.998	neon 10 <b>Ne</b> 20.180
sodium 11 <b>Na</b> 22.990	magnesium 12 <b>Mg</b> 24.305																	aluminium 13 <b>Al</b> 26.982	silicon 14 <b>Si</b> 28.086	phosphorus 15 <b>P</b> 30.974	sulfur 16 <b>S</b> 32.065	chlorine 17 <b>Cl</b> 35.453	argon 18 <b>Ar</b> 39.948
potassium 19 <b>K</b> 39.098	calcium 20 <b>Ca</b> 40.078	scandium 21 <b>Sc</b> 44.956	titanium 22 <b>Ti</b> 47.867	vanadium 23 <b>V</b> 50.942	chromium 24 <b>Cr</b> 51.996	manganese 25 <b>Mn</b> 54.938	iron 26 <b>Fe</b> 55.845	cobalt 27 <b>Co</b> 58.933	nickel 28 <b>Ni</b> 58.693	copper 29 <b>Cu</b> 63.546	zinc 30 <b>Zn</b> 65.39	gallium 31 <b>Ga</b> 69.723	germanium 32 <b>Ge</b> 72.61	arsenic 33 <b>As</b> 74.922	selenium 34 <b>Se</b> 78.96	bromine 35 <b>Br</b> 79.904	krypton 36 <b>Kr</b> 83.80						
rubidium 37 <b>Rb</b> 85.468	strontium 38 <b>Sr</b> 87.62	yttrium 39 <b>Y</b> 88.906	zirconium 40 <b>Zr</b> 91.224	niobium 41 <b>Nb</b> 92.906	molybdenum 42 <b>Mo</b> 95.94	technetium 43 <b>Tc</b> [98]	ruthenium 44 <b>Ru</b> 101.07	rhodium 45 <b>Rh</b> 102.91	palladium 46 <b>Pd</b> 106.42	silver 47 <b>Ag</b> 107.87	cadmium 48 <b>Cd</b> 112.41	indium 49 <b>In</b> 114.82	tin 50 <b>Sn</b> 118.71	antimony 51 <b>Sb</b> 121.76	tellurium 52 <b>Te</b> 127.60	iodine 53 <b>I</b> 126.90	xenon 54 <b>Xe</b> 131.29						
caesium 55 <b>Cs</b> 132.91	barium 56 <b>Ba</b> 137.33	57-70 *	lutetium 71 <b>Lu</b> 174.97	hafnium 72 <b>Hf</b> 178.49	tantalum 73 <b>Ta</b> 180.95	tungsten 74 <b>W</b> 183.84	rhenium 75 <b>Re</b> 186.21	osmium 76 <b>Os</b> 190.23	iridium 77 <b>Ir</b> 192.22	platinum 78 <b>Pt</b> 195.08	gold 79 <b>Au</b> 196.97	mercury 80 <b>Hg</b> 200.59	thallium 81 <b>Tl</b> 204.38	lead 82 <b>Pb</b> 207.2	bismuth 83 <b>Bi</b> 208.98	polonium 84 <b>Po</b> [209]	astatine 85 <b>At</b> [210]	radon 86 <b>Rn</b> [222]					
francium 87 <b>Fr</b> [223]	radium 88 <b>Ra</b> [226]	89-102 * *	lawrencium 103 <b>Lr</b> [262]	rutherfordium 104 <b>Rf</b> [261]	dubnium 105 <b>Db</b> [262]	seaborgium 106 <b>Sg</b> [266]	bohrium 107 <b>Bh</b> [264]	hassium 108 <b>Hs</b> [269]	meitnerium 109 <b>Mt</b> [268]	ununnillium 110 <b>Uun</b> [271]	unununium 111 <b>Uuu</b> [272]	ununbium 112 <b>Uub</b> [277]		ununquadium 114 <b>Uuq</b> [289]									

\* Lanthanide series

\*\* Actinide series

lanthanum 57 <b>La</b> 138.91	cerium 58 <b>Ce</b> 140.12	praseodymium 59 <b>Pr</b> 140.91	neodymium 60 <b>Nd</b> 144.24	promethium 61 <b>Pm</b> [145]	samarium 62 <b>Sm</b> 150.36	europium 63 <b>Eu</b> 151.96	gadolinium 64 <b>Gd</b> 157.25	terbium 65 <b>Tb</b> 158.93	dysprosium 66 <b>Dy</b> 162.50	holmium 67 <b>Ho</b> 164.93	erbium 68 <b>Er</b> 167.26	thulium 69 <b>Tm</b> 168.93	ytterbium 70 <b>Yb</b> 173.04	}	f-block
actinium 89 <b>Ac</b> [227]	thorium 90 <b>Th</b> 232.04	protactinium 91 <b>Pa</b> 231.04	uranium 92 <b>U</b> 238.03	neptunium 93 <b>Np</b> [237]	plutonium 94 <b>Pu</b> [244]	americium 95 <b>Am</b> [243]	curium 96 <b>Cm</b> [247]	berkelium 97 <b>Bk</b> [247]	californium 98 <b>Cf</b> [251]	einsteinium 99 <b>Es</b> [252]	fermium 100 <b>Fm</b> [257]	mendelevium 101 <b>Md</b> [258]	nobelium 102 <b>No</b> [259]		

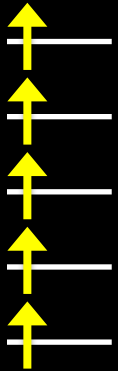


# High-spin atoms

## ■ Chromium

configuration:  $[Ar]4s^1 3d^5 \rightarrow S = 3; L = 0; I = 0; J = F = 3$

magnetic moment:  $\mu = 6 \mu_B$  (vs  $\mu \leq 1 \mu_B$  for alkalis)

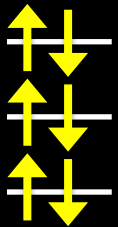


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## ■ Dysprosium

configuration:  $[Xe]6s^2 4f^{10} \rightarrow S = 2; L = 6; I = 0; J = F = 8$

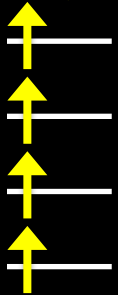
magnetic moment:  $\mu = 10 \mu_B$



## ■ Erbium

configuration:  $[Xe]6s^2 4f^{12} \rightarrow S = 1; L = 5; I = 0; J = F = 6$

magnetic moment:  $\mu = 7 \mu_B$

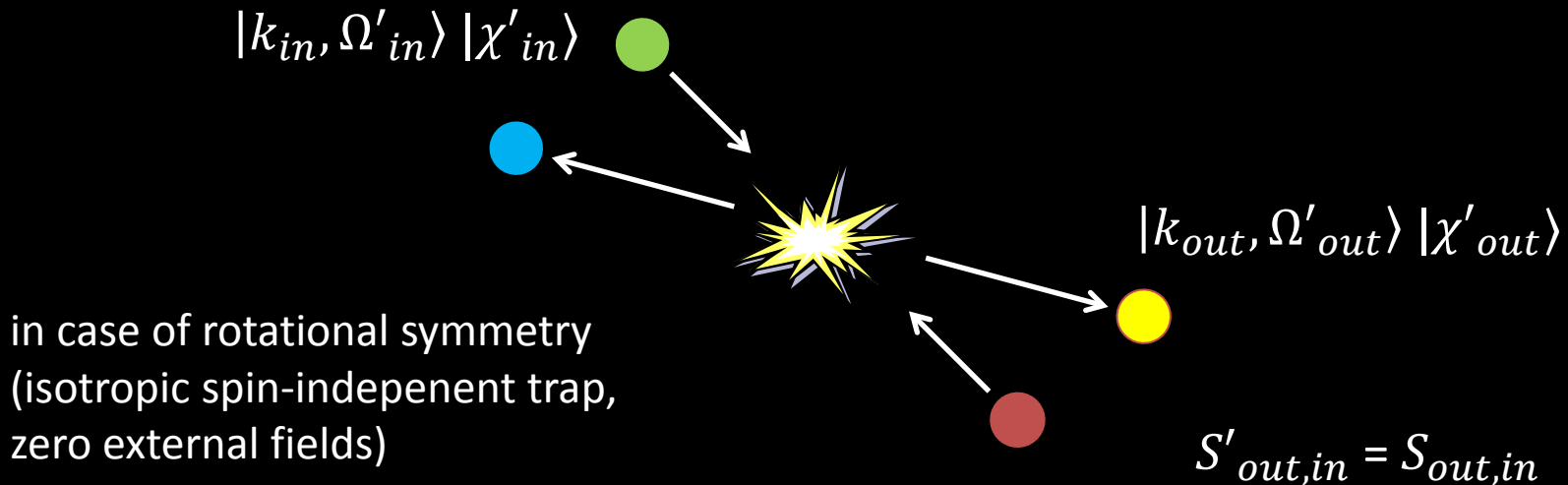
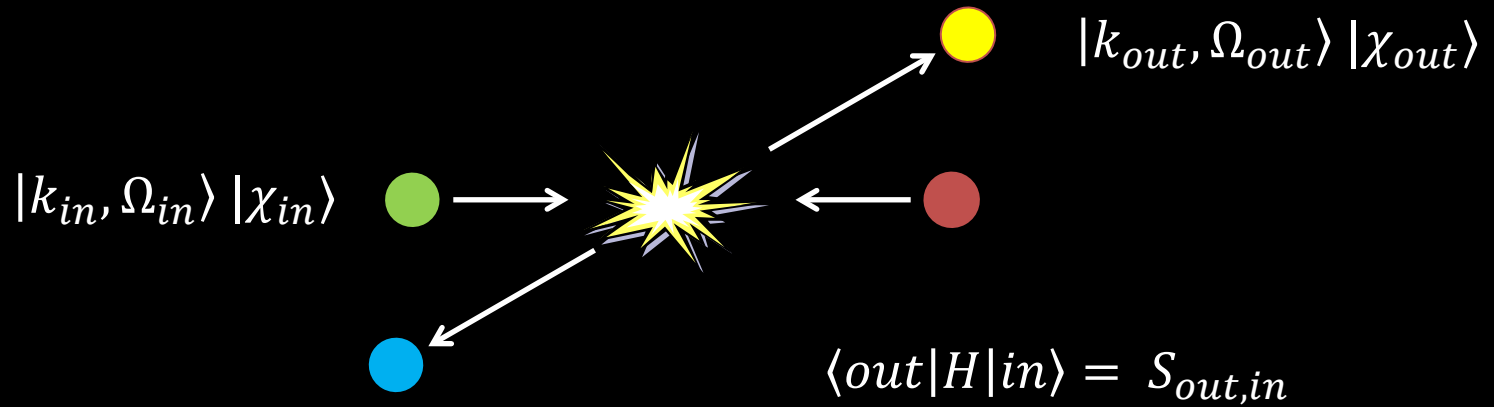


## ■ Thulium

configuration:  $[Xe]6s^2 4f^{13} \rightarrow S = 1/2; L = 3; I = 1/2; J = 7/2; F = 3$

magnetic moment:  $\mu = 4 \mu_B$

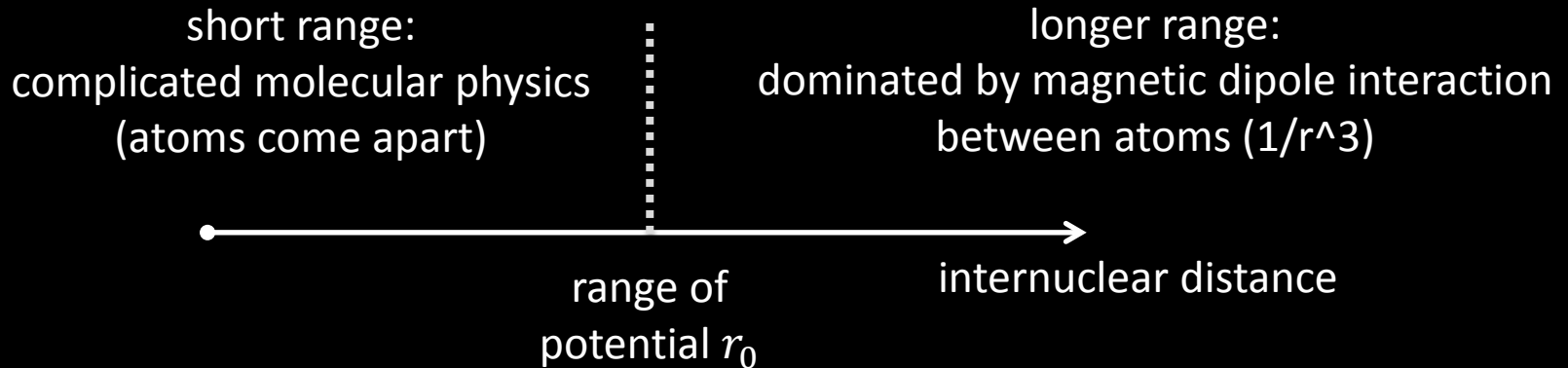
# Rotationally symmetric interactions





# Collisions: a series of approximations

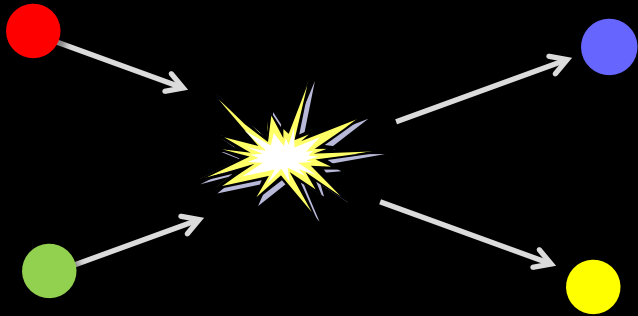
- separate short-range and longer-range potential



- incident low energy  $\lambda_{dB} \ll r_0$ 
  - ◆ short-range potential gives s-wave scattering only
  - ◆ long-range has to be treated separately and carefully
- rotational symmetry
  - ◆ Total angular momentum (orbital + spin) of colliding pair is conserved
- weak dipolar interactions in short-range potential (not valid for all atoms!)
  - ◆ Spin angular momentum of colliding pair is separately conserved

# Two spin-dependent interactions

## contact interactions

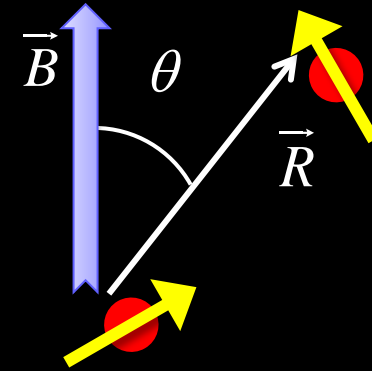


$$V = \sum_{\text{pairs}} \sum_{F_{tot}} \frac{4 \pi \hbar^2 a_{F_{tot}}}{m} \delta(r) \hat{P}_{F_{tot}}$$

here,  $F_{tot} \in \{0, 2, 4 \dots 2 F\}$

- symmetric under rotation in spin space
- valid in (low) magnetic field
- ◆ Zeeman regime, away from F. resonance
- ◆ spin conserved in Larmor precessing frame

## magnetic dipolar interactions

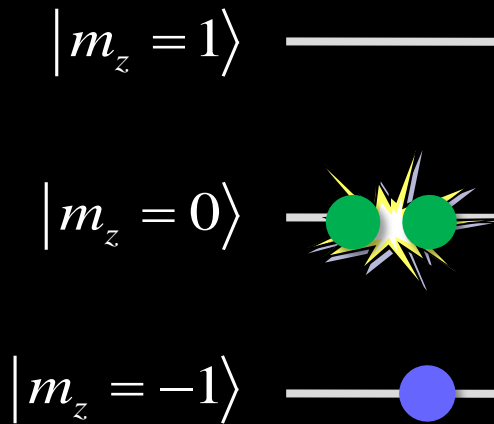


$$\sum_{\text{pairs}} \frac{\mu_0 \mu_B^2 g_F^2}{4 \pi} \left\langle \frac{\mathbf{F}_i \cdot \mathbf{F}_j - 3 \mathbf{F}_i \cdot \mathbf{e}_r \mathbf{F}_j \cdot \mathbf{e}_r}{r^3} \right\rangle_{\text{time}}$$

- symmetric under combined spin/position space rotations
- magnetic field breaks this symmetry



# Linear Zeeman shift in a uniform magnetic field



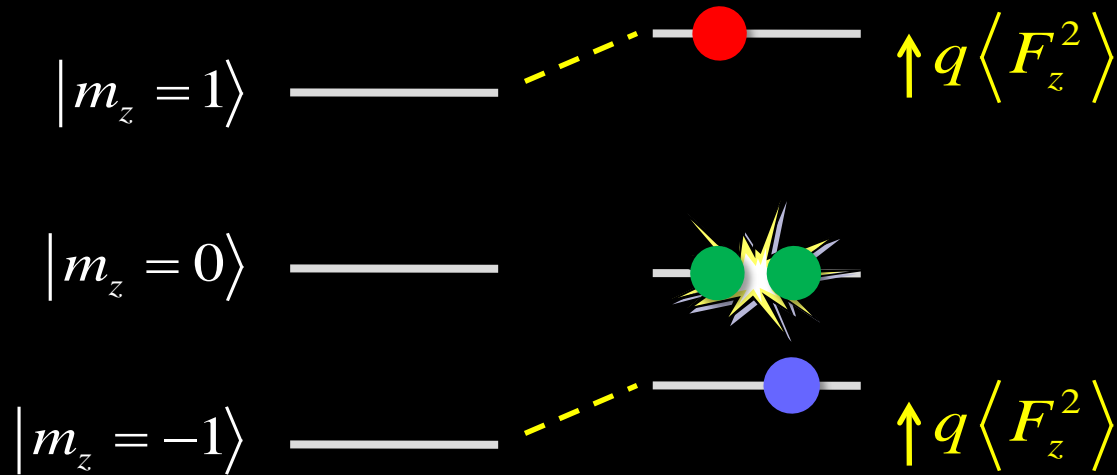
However, dipolar relaxation is extremely rare (for alkali atoms)  
 → linear Zeeman shift is irrelevant!

in other words, including the constraint of constant (longitudinal) magnetization

$$H(B = 0) - g_F \mu_B F_Z B_Z \rightarrow H(B = 0) - \underbrace{g_F \mu_B F_Z B_Z - \lambda F_Z}_{p F_Z}$$

presto... magnetic field is gone!

# Quadratic Zeeman shifts



spin-mixing collisions are allowed

$q$  = quadratic Zeeman shift



## 2. Magnetic order of spinor Bose-Einstein condensates

a. Bose-Einstein ferromagnet

b. entropy, energy

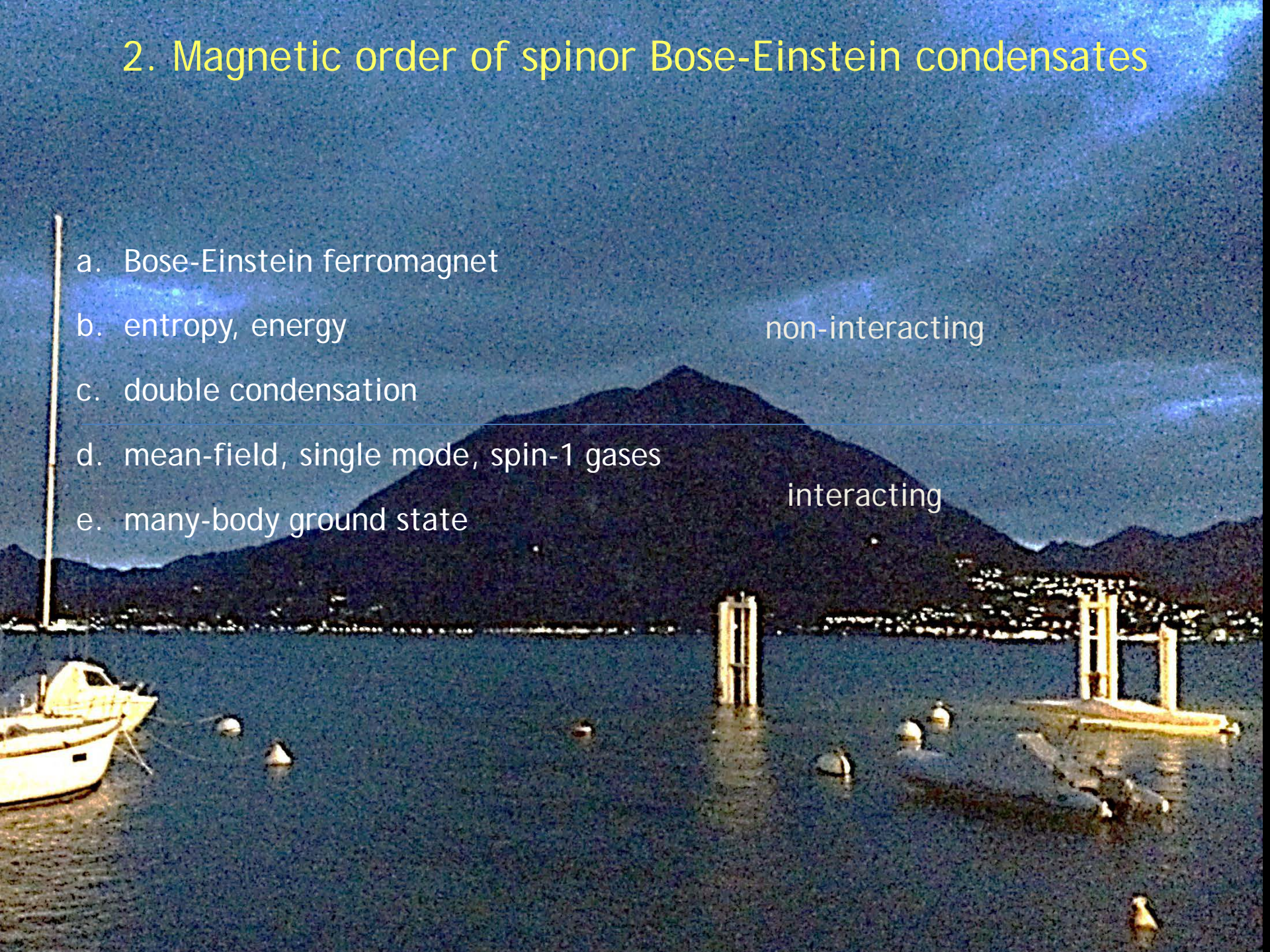
non-interacting

c. double condensation

d. mean-field, single mode, spin-1 gases

interacting

e. many-body ground state

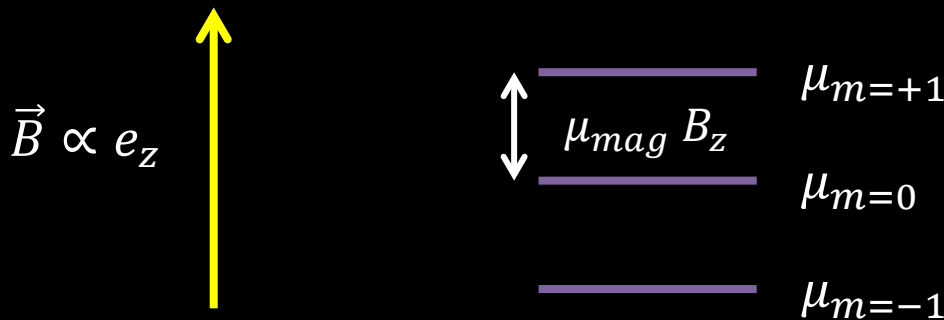




# Non-interacting spin-1 Bose gas

Yamada, "Thermal properties of the system of magnetic Bosons,"  
Prog. Theo. Phys. 67, 443 (1982)

- non-interacting spin-1 Bose gas, no magnetization constraint, in B field
  - ◆ e.g. Cr: Pasquiou et al, "Thermodynamics of a Bose-Einstein condensate with free magnetization," PRL 108, 045307 (2012)



- or, consider constant longitudinal magnetization and allow spin mixing collisions

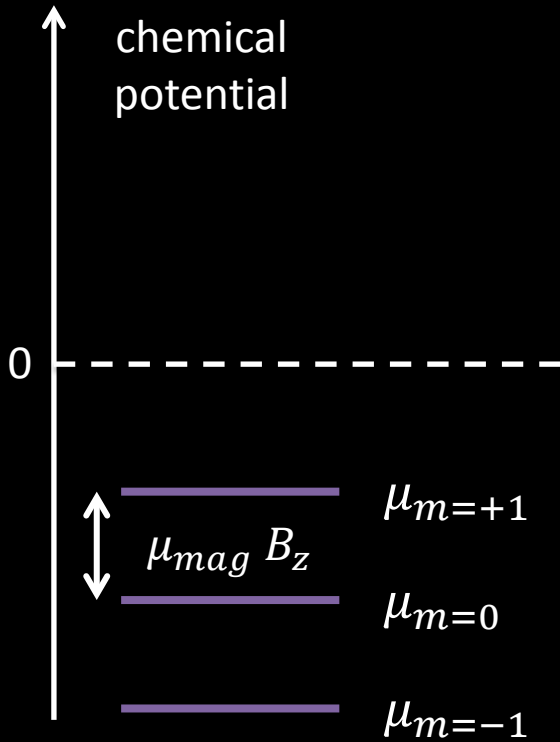
chemical equilibrium:  $2 \mu_{m=0} = \mu_{m=+1} + \mu_{m=-1}$

$$\mu_{m=+1} - \mu_{m=0} = \mu_{m=0} - \mu_{m=-1}$$

two possibilities:

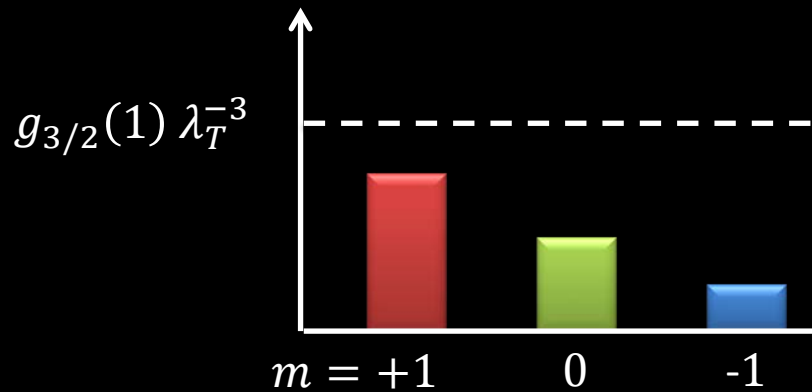
$$g_{3/2}(z) = \sum_{j=1}^{\infty} \frac{z^j}{j^{3/2}} \quad \lambda_T = \sqrt{\frac{h^2}{2\pi m k_B T}}$$

1.  $\mu_{m=+1} < 0$ : non-degenerate gas



$$n_{th,mF} = g_{3/2} \left( \exp \left[ \frac{\mu_{m=0} + m_F \mu_{mag} B_z}{k_B T} \right] \right) \lambda_T^{-3}$$

$$n_{tot} = n_{th,tot} = n_{th,+1} + n_{th,0} + n_{th,-1}$$



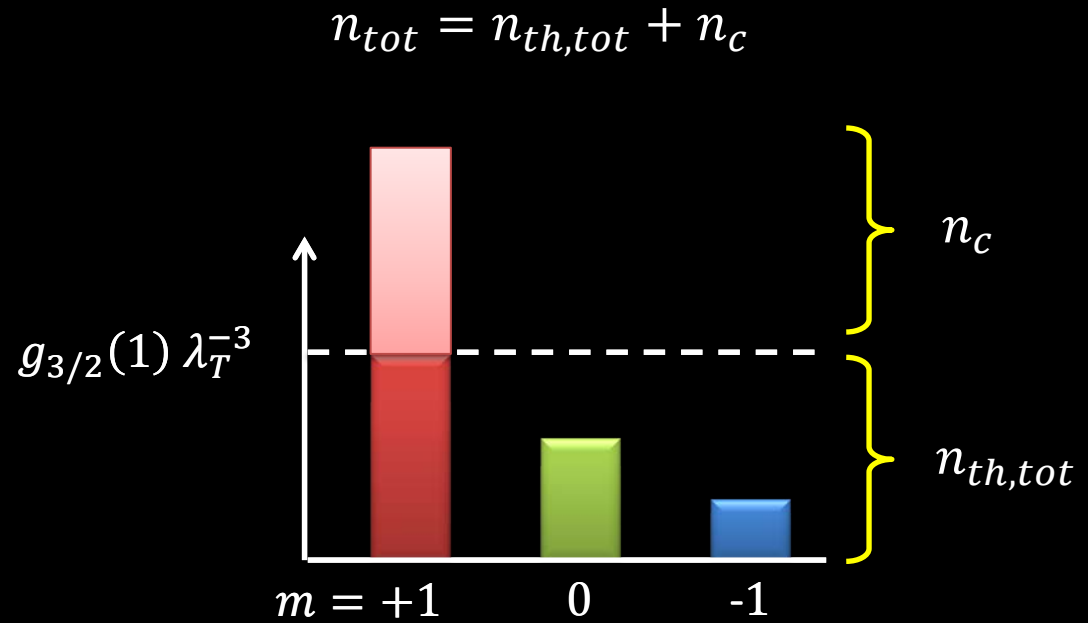
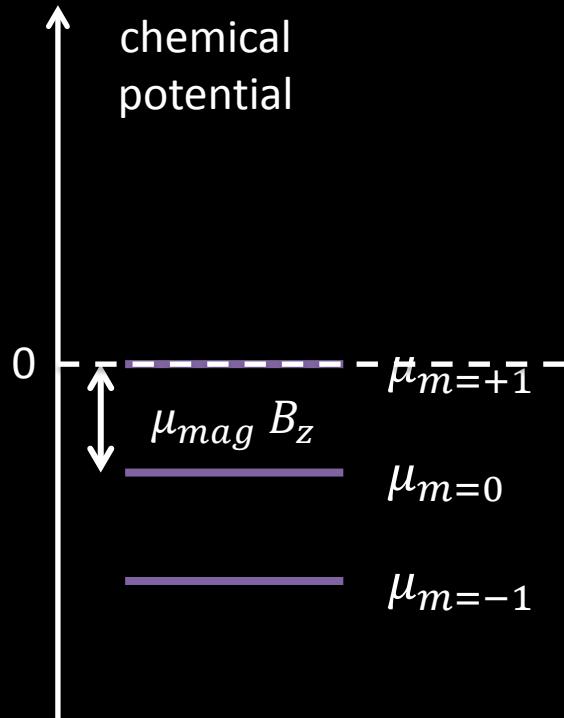
thermal paramagnet  
fully magnetized in infinite field limit



two possibilities:

2.  $\mu_{m=+1} = 0$ : degenerate gas

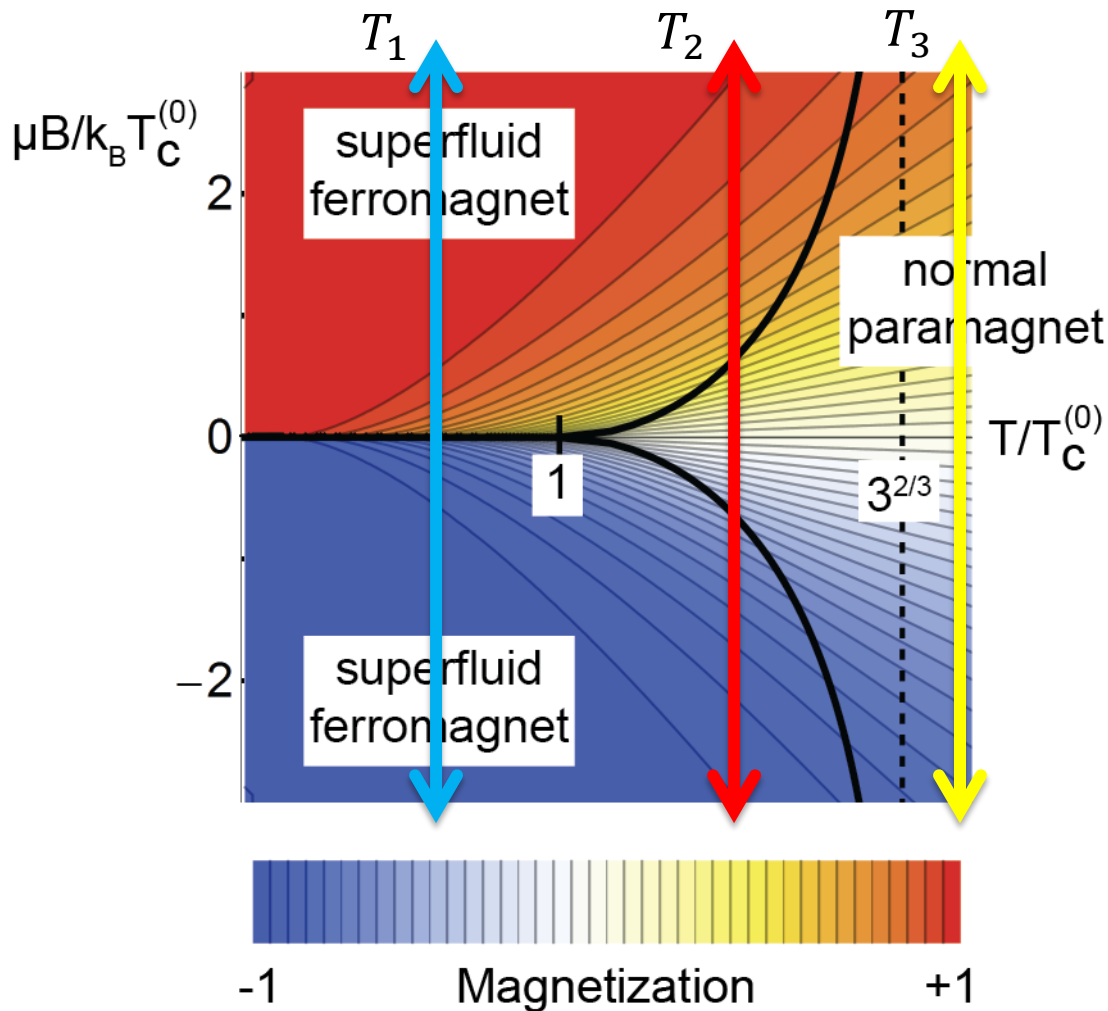
$$g_{3/2}(z) = \sum_{j=1}^{\infty} \frac{z^j}{j^{3/2}} \quad \lambda_T = \sqrt{\frac{h^2}{2\pi m k_B T}}$$



condensate is fully magnetized,  
thermal gas is partly magnetized

# Bose-Einstein magnetism

magnetization of a non-interacting, spin-1 Bose gas in a magnetic field:

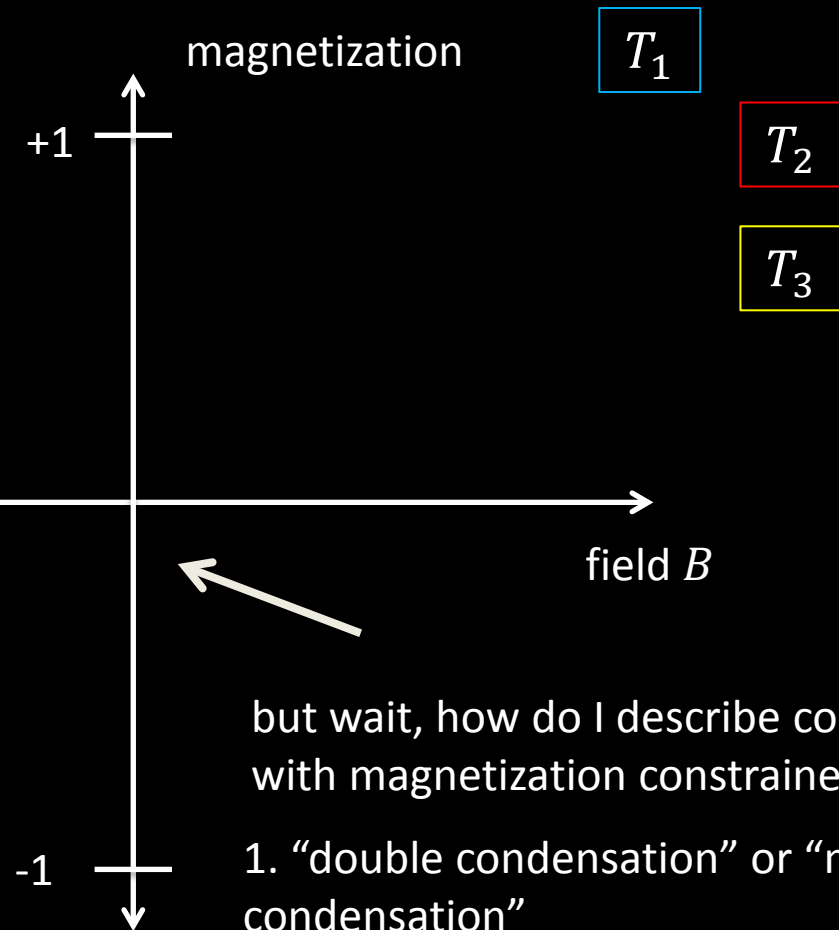
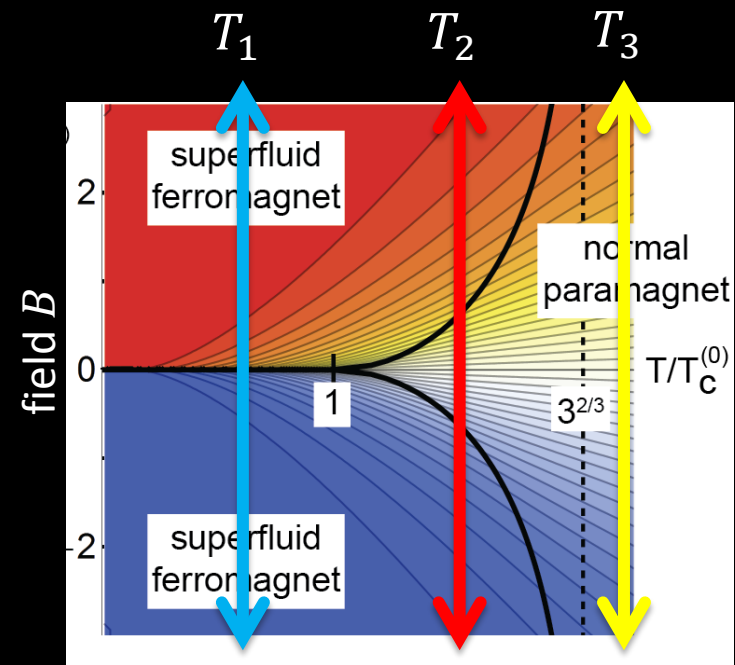


- Bose-Einstein condensation occurs at lower temperature at lower field (opening up spin states adds entropy)
- Magnetization jump at zero-field below Bose-Einstein condensation transition

Yamada, "Thermal Properties of the System of Magnetic Bosons," Prog. Theo. Phys. 67, 443 (1982)

Expt. with chromium:  
Pasquiou, Laburthe-Tolra et al., PRL **106**, 255303 (2011).

magnetic ordering is "parasitic"



but wait, how do I describe cold system with magnetization constrained in here?

1. "double condensation" or "magnon condensation"
2. interactions now certainly play a role



# Ground states

s-wave interactions: 
$$\frac{4 \pi \hbar^2}{m} \delta^3(r) (a_0 \hat{P}_0 + a_2 \hat{P}_2 + a_4 \hat{P}_4 + \dots)$$

more familiar form (e.g. spin-1): use two identities

1. Identity operator 
$$I_A \otimes I_B = \hat{P}_0 + \hat{P}_1 + \hat{P}_2$$

$$(I_A \otimes I_B)_S = \hat{P}_0 + \hat{P}_2$$

restricted to  
symmetric states

2. Spin dot product (Heisenberg interaction)

$$\mathbf{F}_A \cdot \mathbf{F}_B = \sum_{F_{pair}} (F_{pair}(F_{pair} + 1) - 2F(F + 1)) \hat{P}_{F_{pair}}$$

$$(\mathbf{F}_A \cdot \mathbf{F}_B)_S = 2 \hat{P}_2 - \hat{P}_0$$

spin-1: 
$$\frac{4 \pi \hbar^2}{m} \delta^3(r) \left[ \frac{2 a_2 + a_0}{3} I_A \otimes I_B + \frac{a_2 - a_0}{3} \mathbf{F}_A \cdot \mathbf{F}_B \right]$$

$$= c_0^{(1)} \delta^3(r) + c_1^{(1)} \mathbf{F}_A \cdot \mathbf{F}_B \delta_3(r)$$

# Mean-field ground states

$$E = c_1^{(1)} n \langle \vec{F} \rangle^2$$

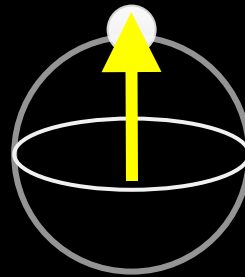
rotational symmetry: look for “most symmetric states” (inert states)

$^3\text{He}$ : Barton and Moore, J. Phys. C Solid State 7, 4220 (1974); 8, 970 (1975)

Spinor gas: Makela and Suominen, PRL 99, 190408 (2007); Yip, PRA 75, 023625 (2007)

“magnetic”  
“oriented”

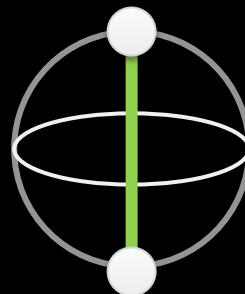
$$\Psi = \hat{R} |m_z = 1\rangle$$



avored for  $^{87}\text{Rb}$   
disavored for  $^{23}\text{Na}$

“non-magnetic”  
“nematic”  
“aligned”

$$\Psi = \hat{R} |m_z = 0\rangle$$



disavored for  $^{87}\text{Rb}$   
avored for  $^{23}\text{Na}$

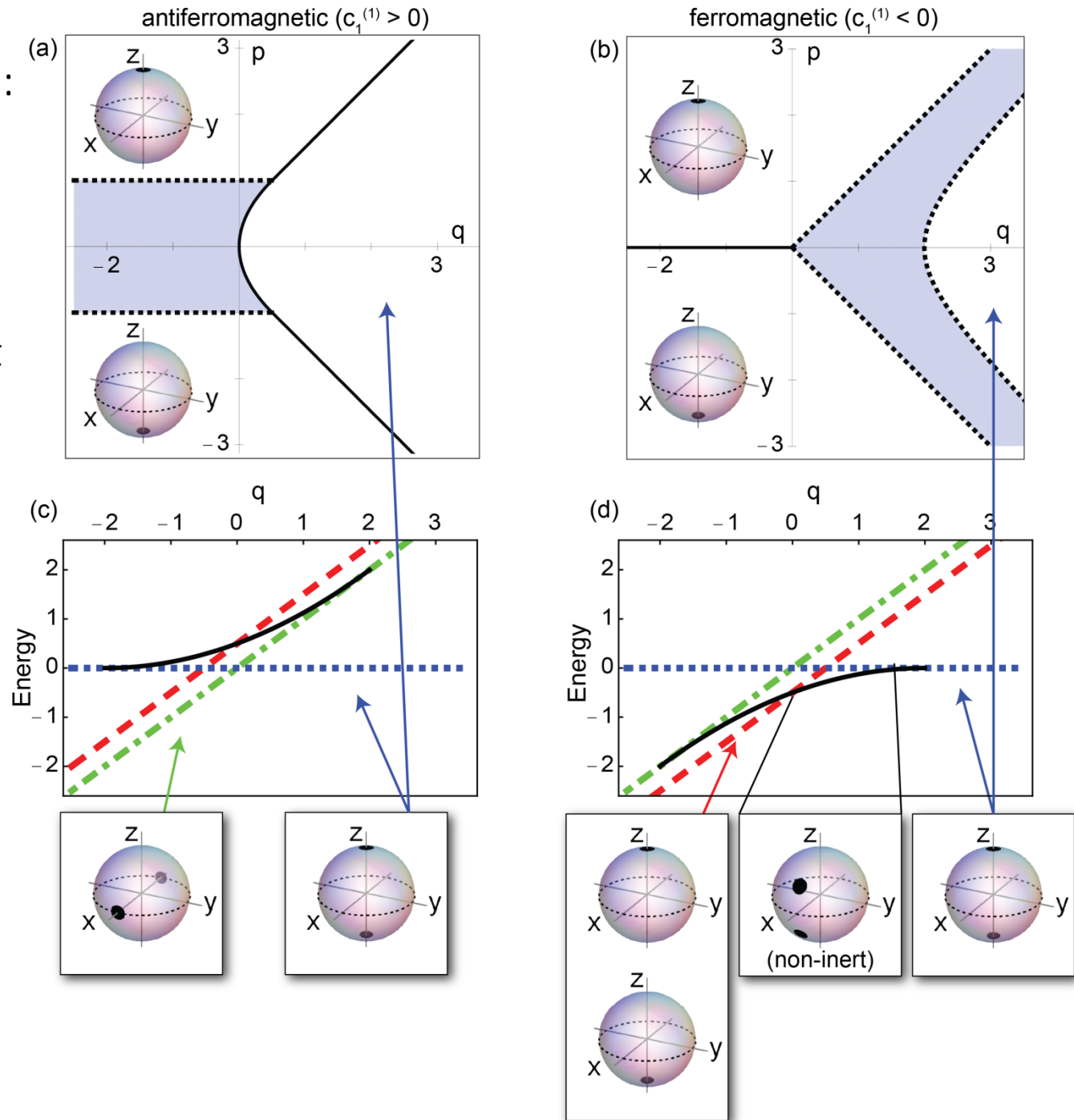
Two more ingredients:

fixed magnetization

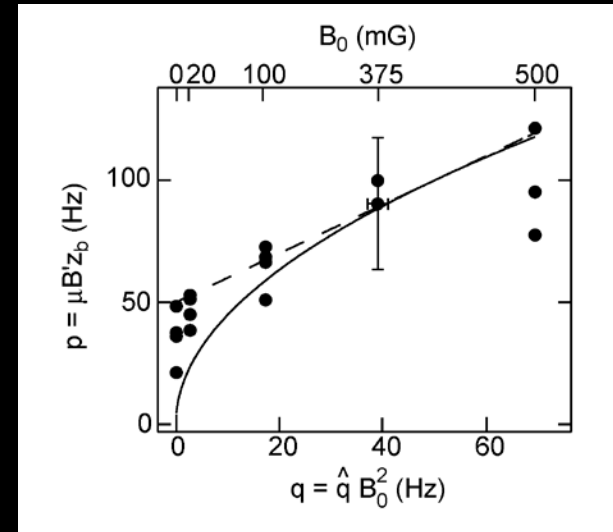
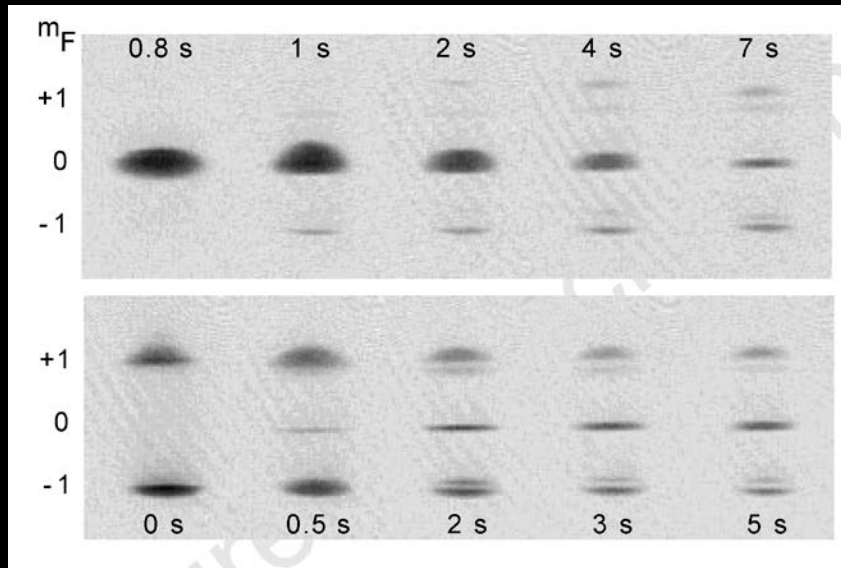
$$p \langle F_z \rangle$$

quadratic Zeeman shift

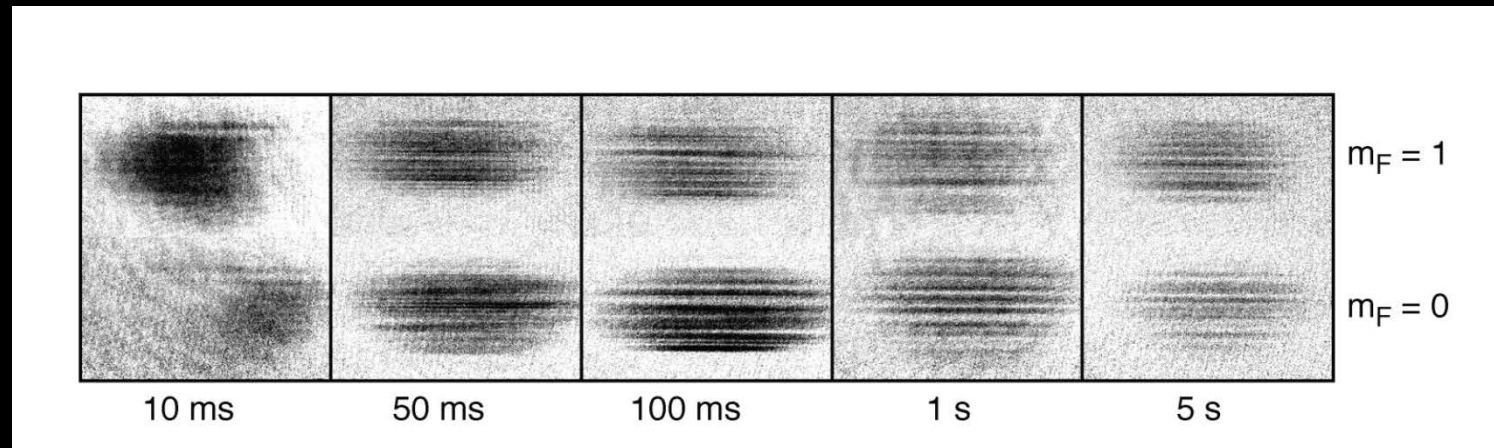
$$q \langle F_z^2 \rangle$$



# Evidence for antiferromagnetic interactions of $F=1$ Na



Stenger et al., Nature **396**, 345 (1998)



Miesner et al., PRL **82**, 2228 (1999).



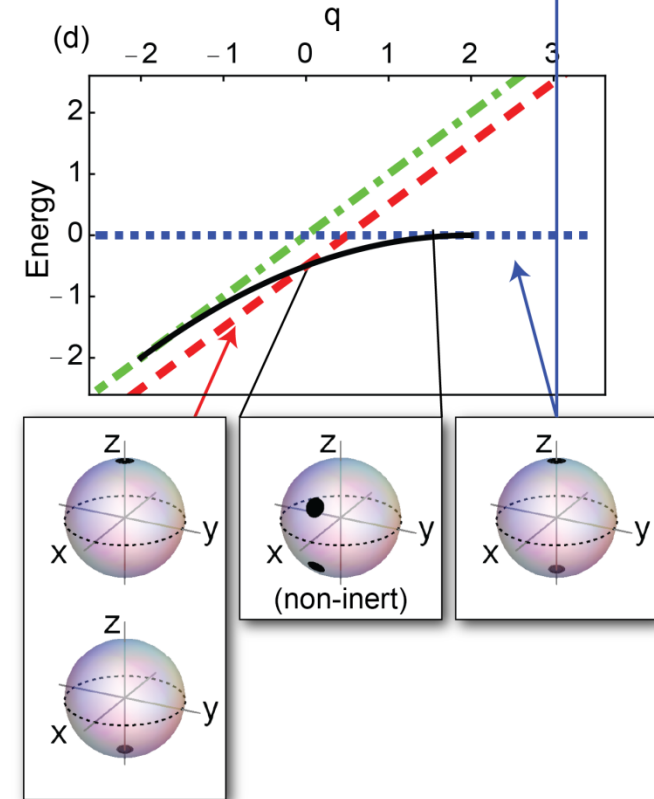
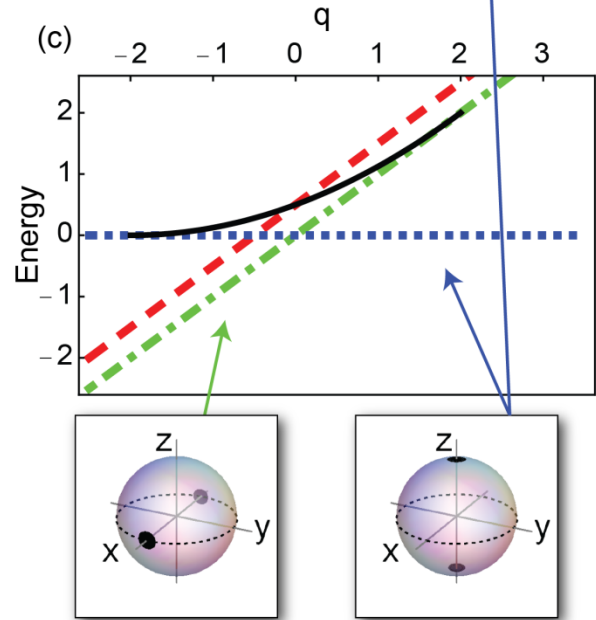
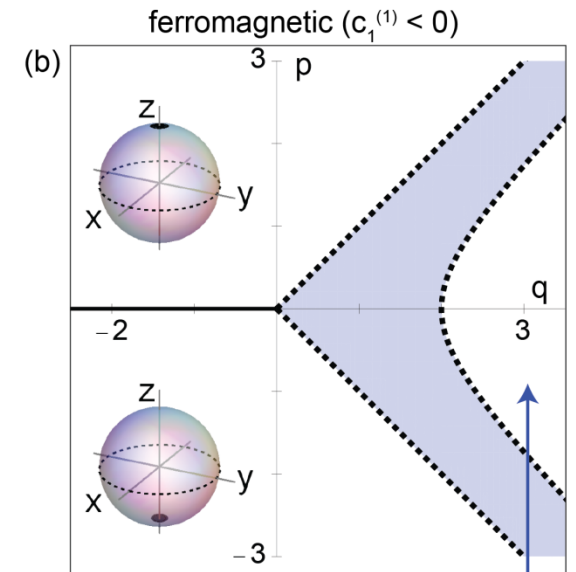
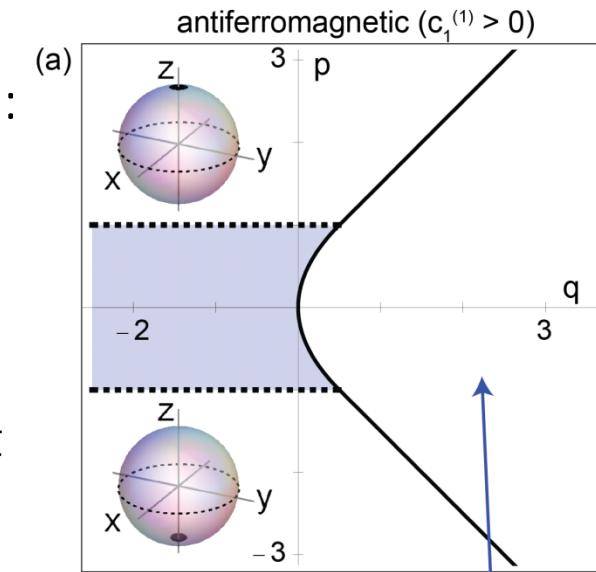
Two more ingredients:

fixed magnetization

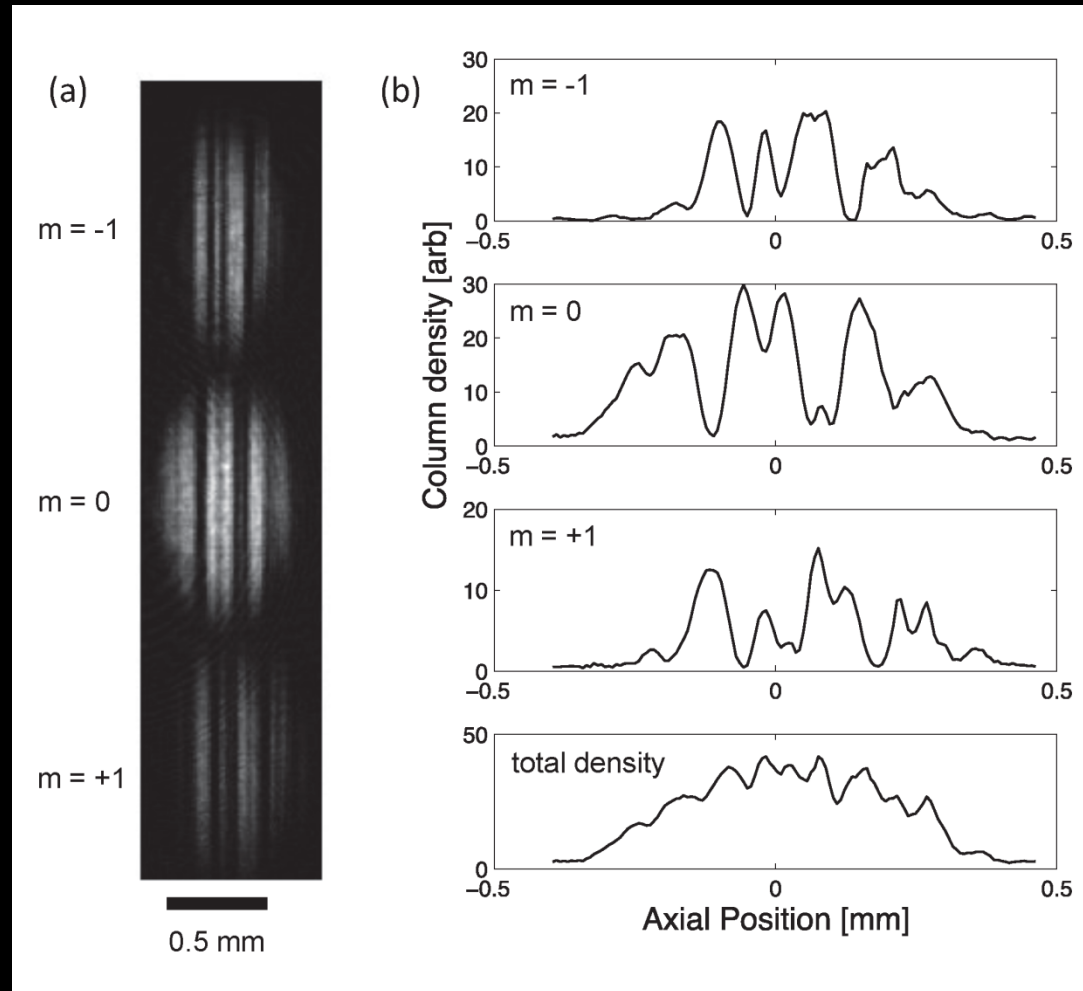
$$p \langle F_z \rangle$$

quadratic Zeeman shift

$$q \langle F_z^2 \rangle$$



# Evidence for antiferromagnetic interactions of $F=1$ Na



Bookjans, E.M., A. Vinit, and C. Raman, Quantum Phase Transition in an Antiferromagnetic Spinor Bose-Einstein Condensate. *Physical Review Letters* 107, 195306 (2011).

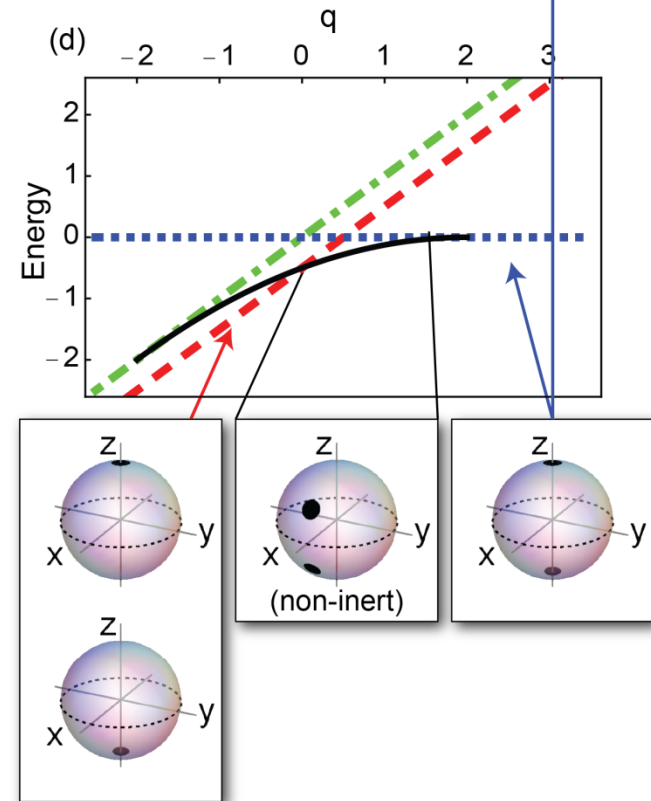
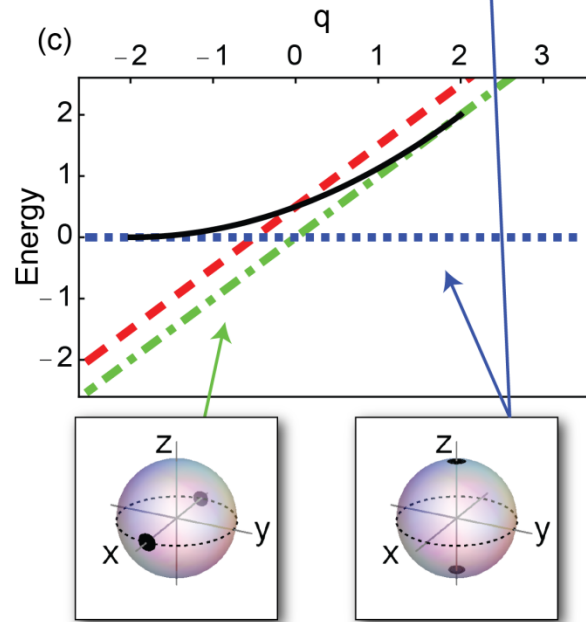
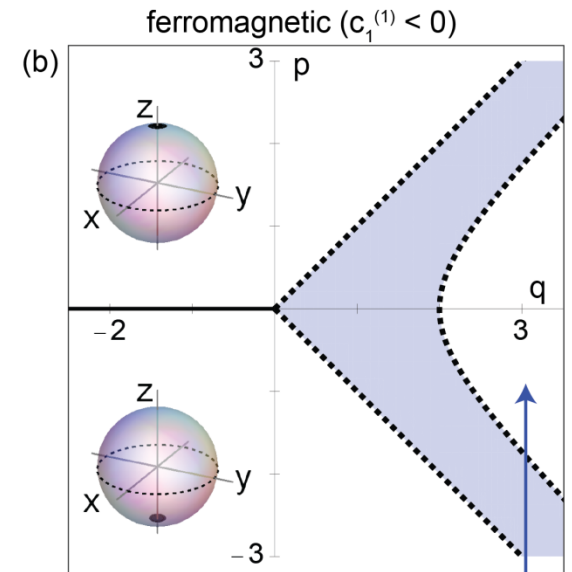
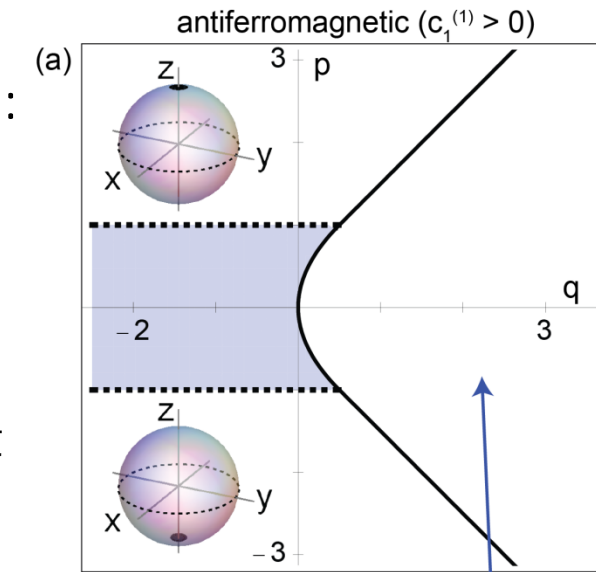
Two more ingredients:

fixed magnetization

$$p \langle F_z \rangle$$

quadratic Zeeman shift

$$q \langle F_z^2 \rangle$$



Stenger et al., Nature  
**396**, 345 (1998)

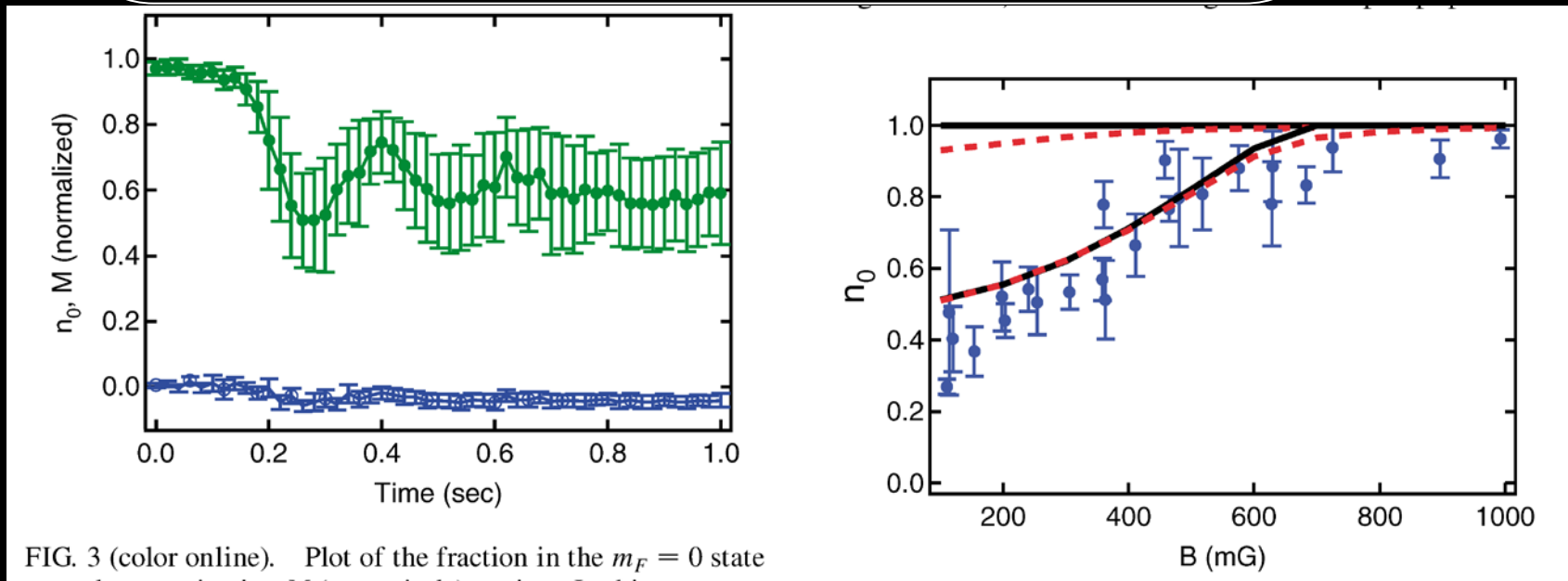
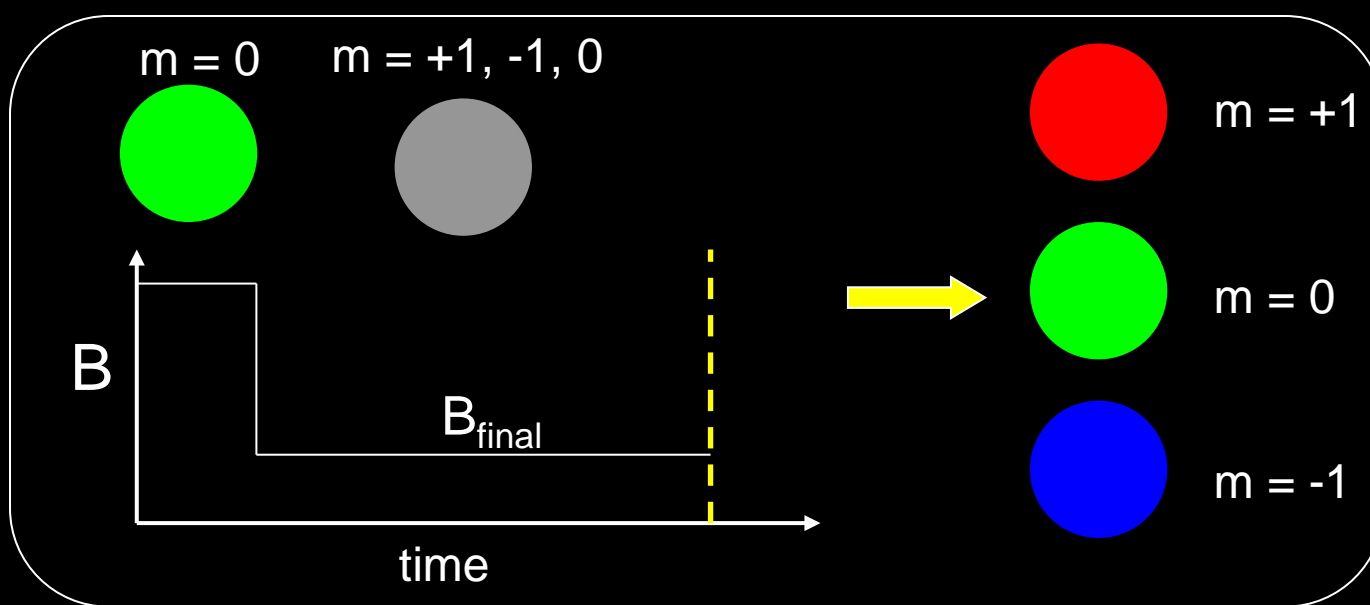
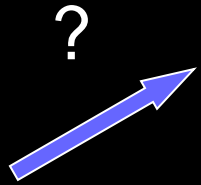


FIG. 3 (color online). Plot of the fraction in the  $m_F = 0$  state

Chang, M.-S., et al., *Observation of spinor dynamics in optically trapped Rb Bose-Einstein condensates*. *PRL* **92**, 140403 (2004)

$$\vec{\Psi} = \begin{pmatrix} \frac{1}{2} e^{i\phi_1} \\ \frac{1}{\sqrt{2}} e^{i\phi_0} \\ \frac{1}{2} e^{i\phi_{-1}} \end{pmatrix}$$

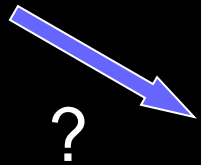


$$\vec{\Psi} = \begin{pmatrix} \frac{1}{2} \\ \frac{1}{\sqrt{2}} \\ \frac{1}{2} \end{pmatrix}$$

Ferromagnetic state

$$\langle \vec{F} \rangle = 1$$

points in x-direction



$$\vec{\Psi} = \begin{pmatrix} \frac{1}{2} \\ i \frac{1}{\sqrt{2}} \\ \frac{1}{2} \end{pmatrix}$$

Polar state !!!

$$\langle \vec{F} \rangle = 0$$

“points nowhere”  
along the y+z axis