

# Long range interactions in quantum gases a tutorial

Tilman Pfau

*5. Physikalisches Institut – Universität Stuttgart*



# Interactions make life interesting

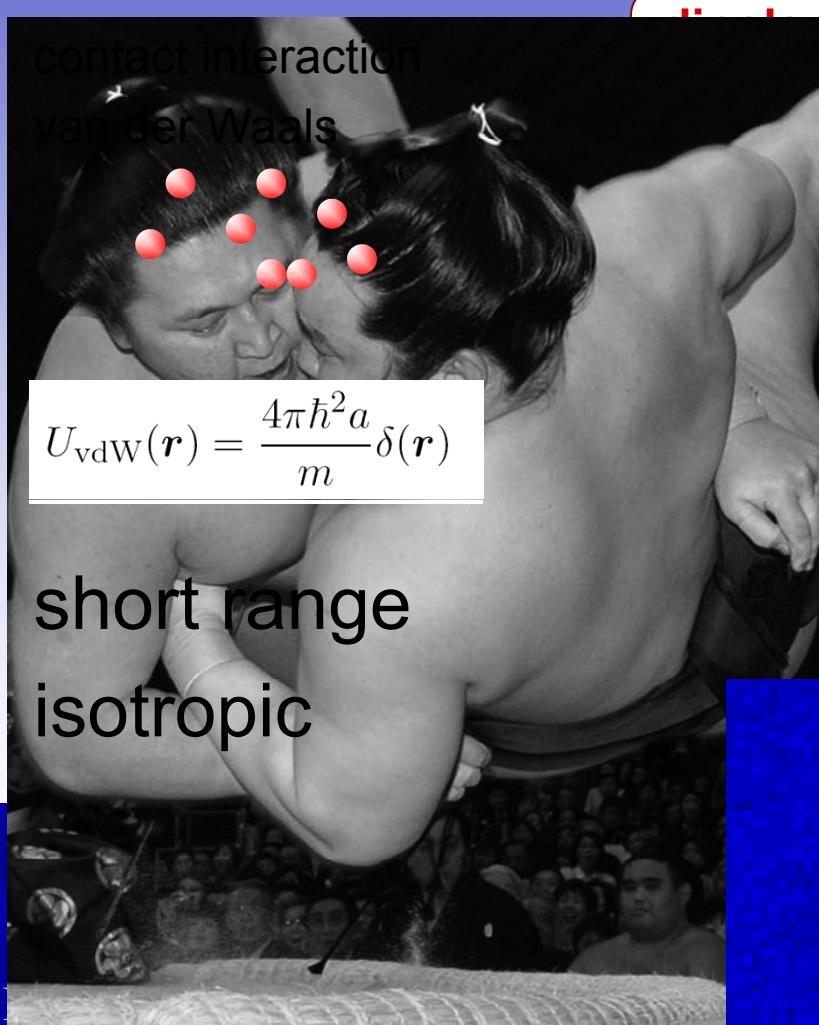
Short range interactions

contact interaction

vander Waals

$$U_{\text{vdW}}(\mathbf{r}) = \frac{4\pi\hbar^2 a}{m} \delta(\mathbf{r})$$

short range  
isotropic

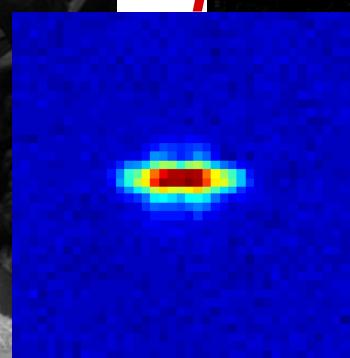


Long range interactions

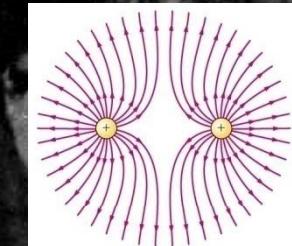
dipole-dipole interaction

$$-\frac{\mu_0 I}{4\pi r^3}$$

long range  
anisotropic

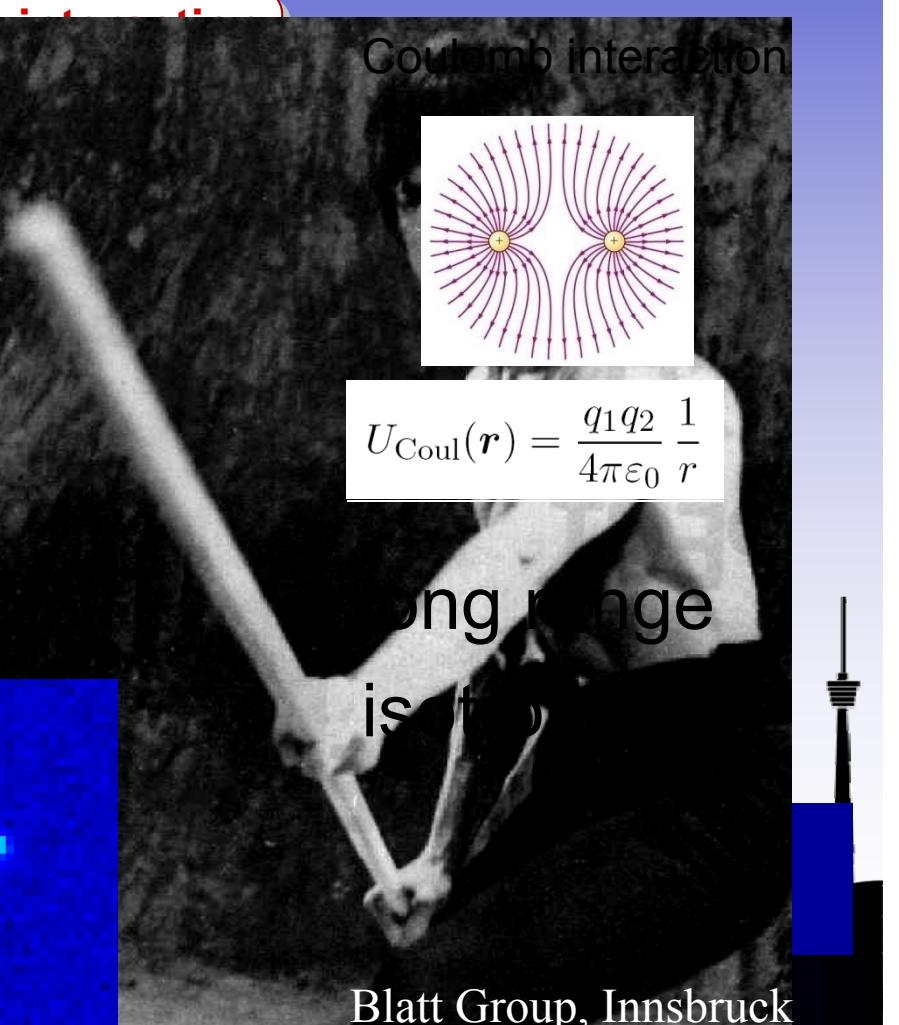


Coulomb interaction



$$U_{\text{Coul}}(\mathbf{r}) = \frac{q_1 q_2}{4\pi\epsilon_0} \frac{1}{r}$$

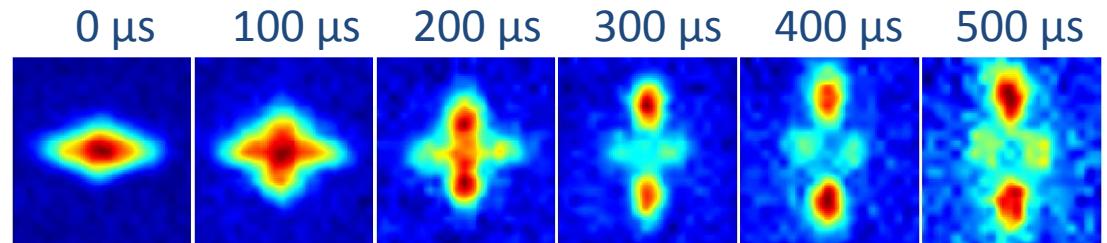
long range  
isotropic



Blatt Group, Innsbruck

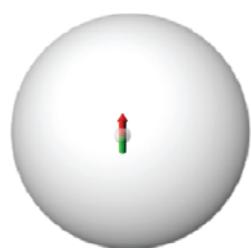


# dipolar interaction



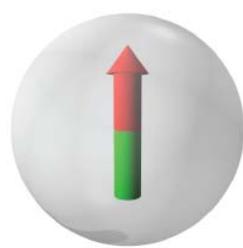
Alkalies

$10^{-2}$



Chromium

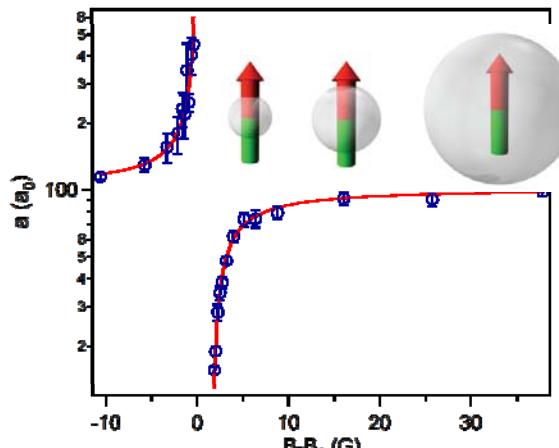
$10^{-1}$



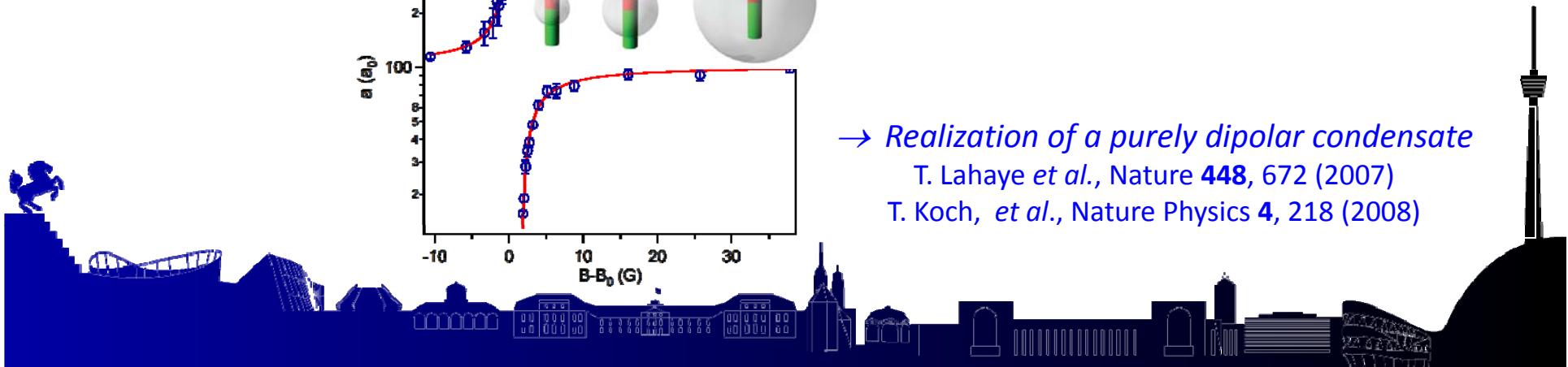
$10^0$



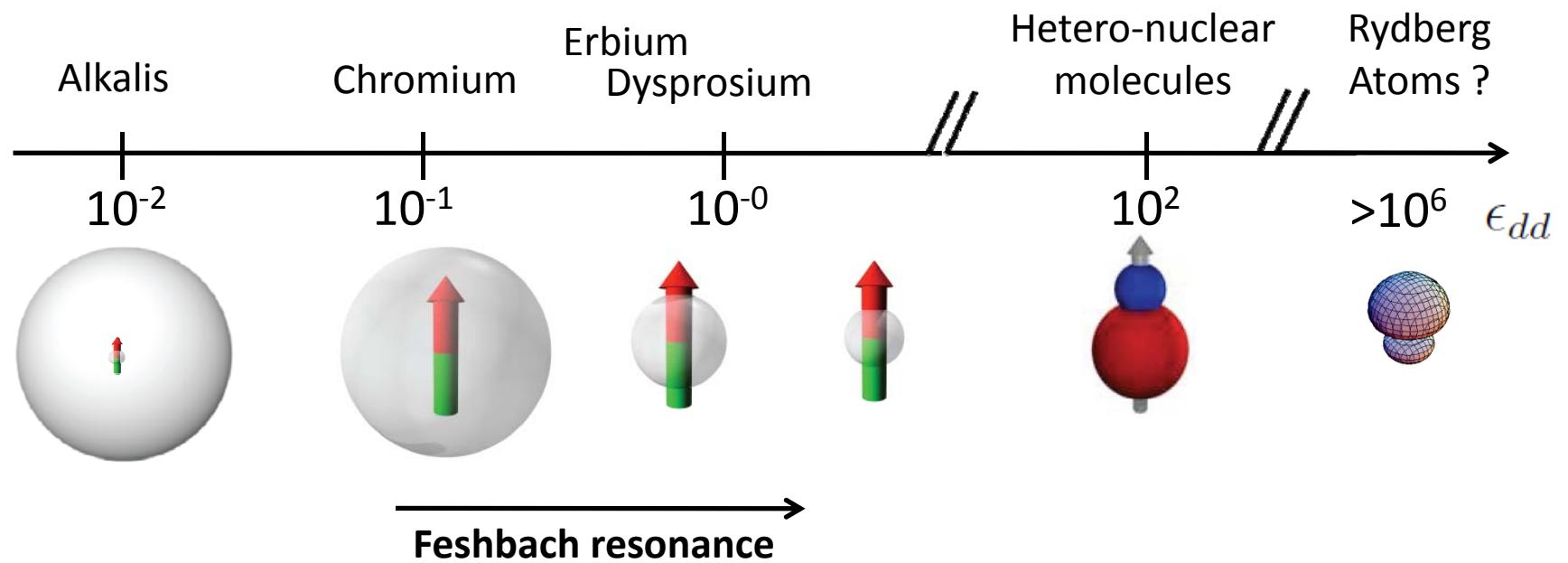
Feshbach resonance →



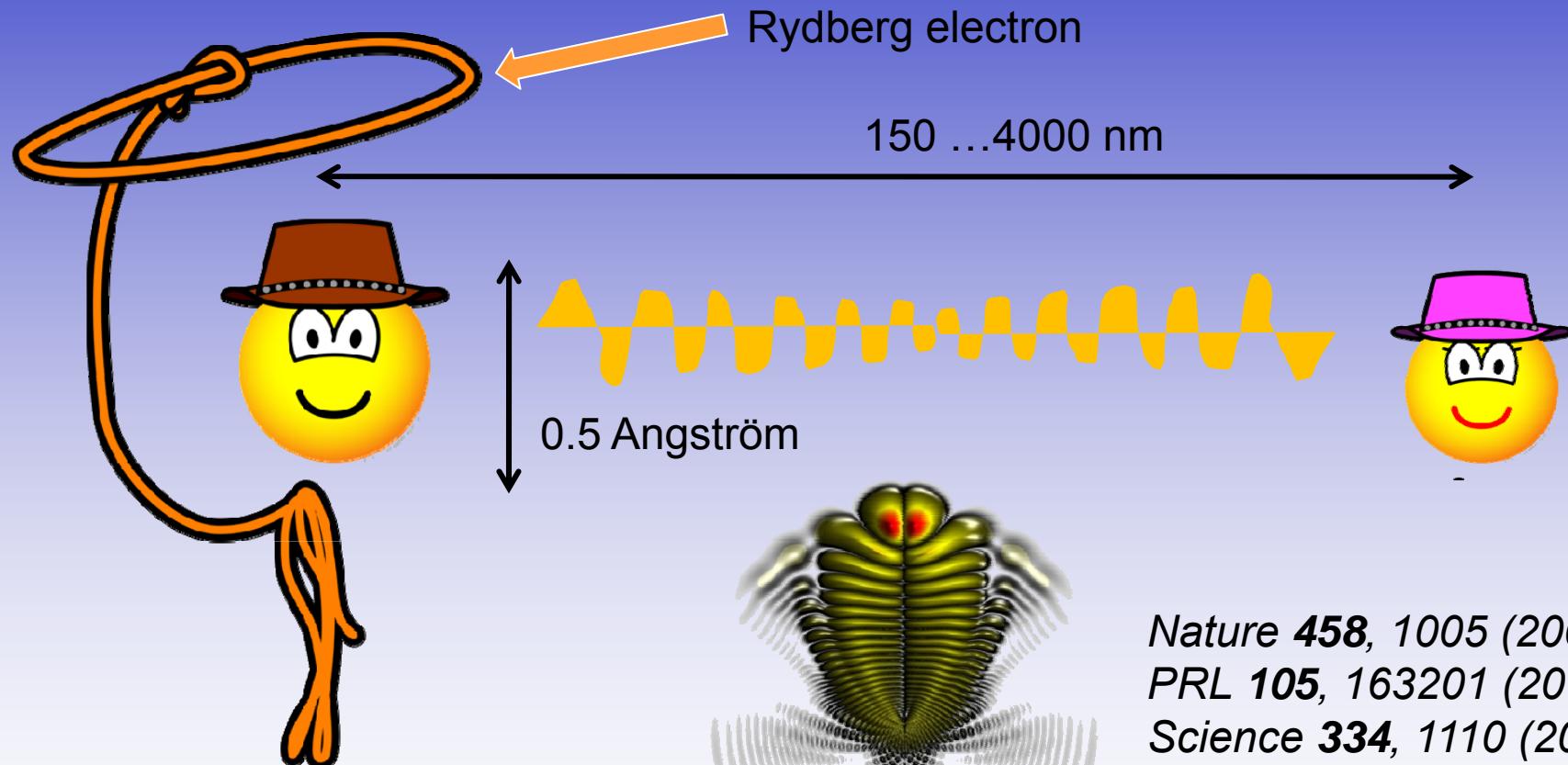
→ Realization of a purely dipolar condensate  
T. Lahaye et al., Nature 448, 672 (2007)  
T. Koch, et al., Nature Physics 4, 218 (2008)



# dipolar interaction



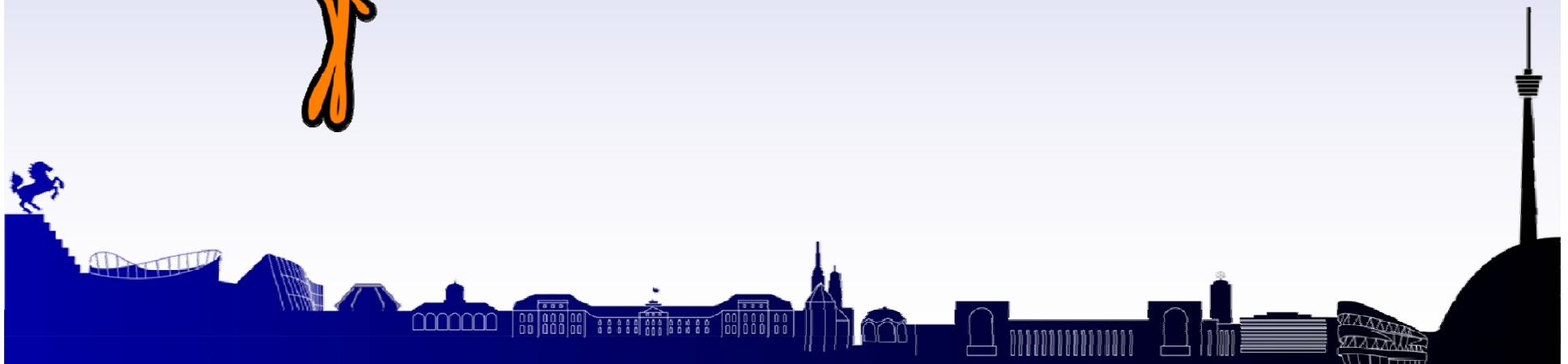
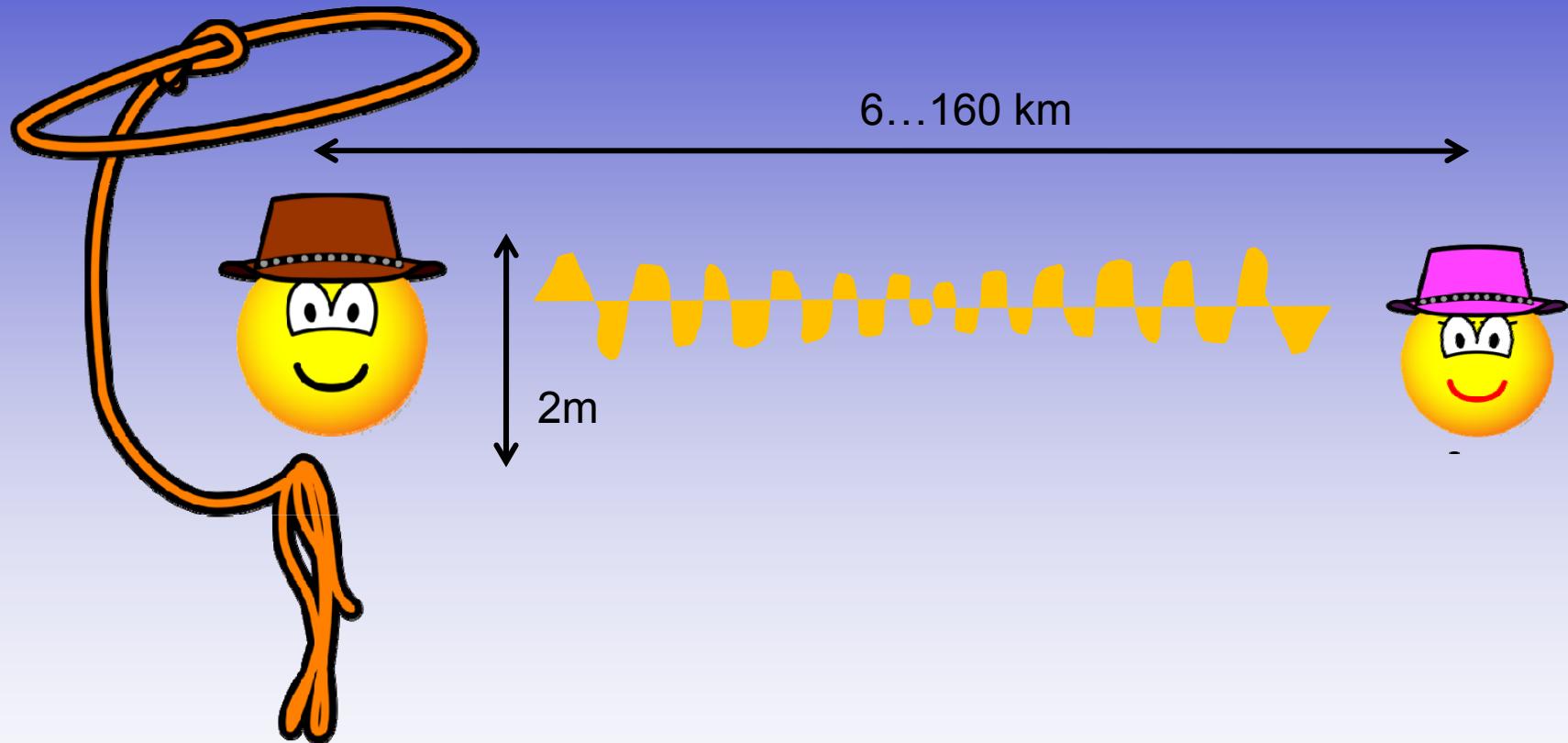
# Long range bound states in the atomic world



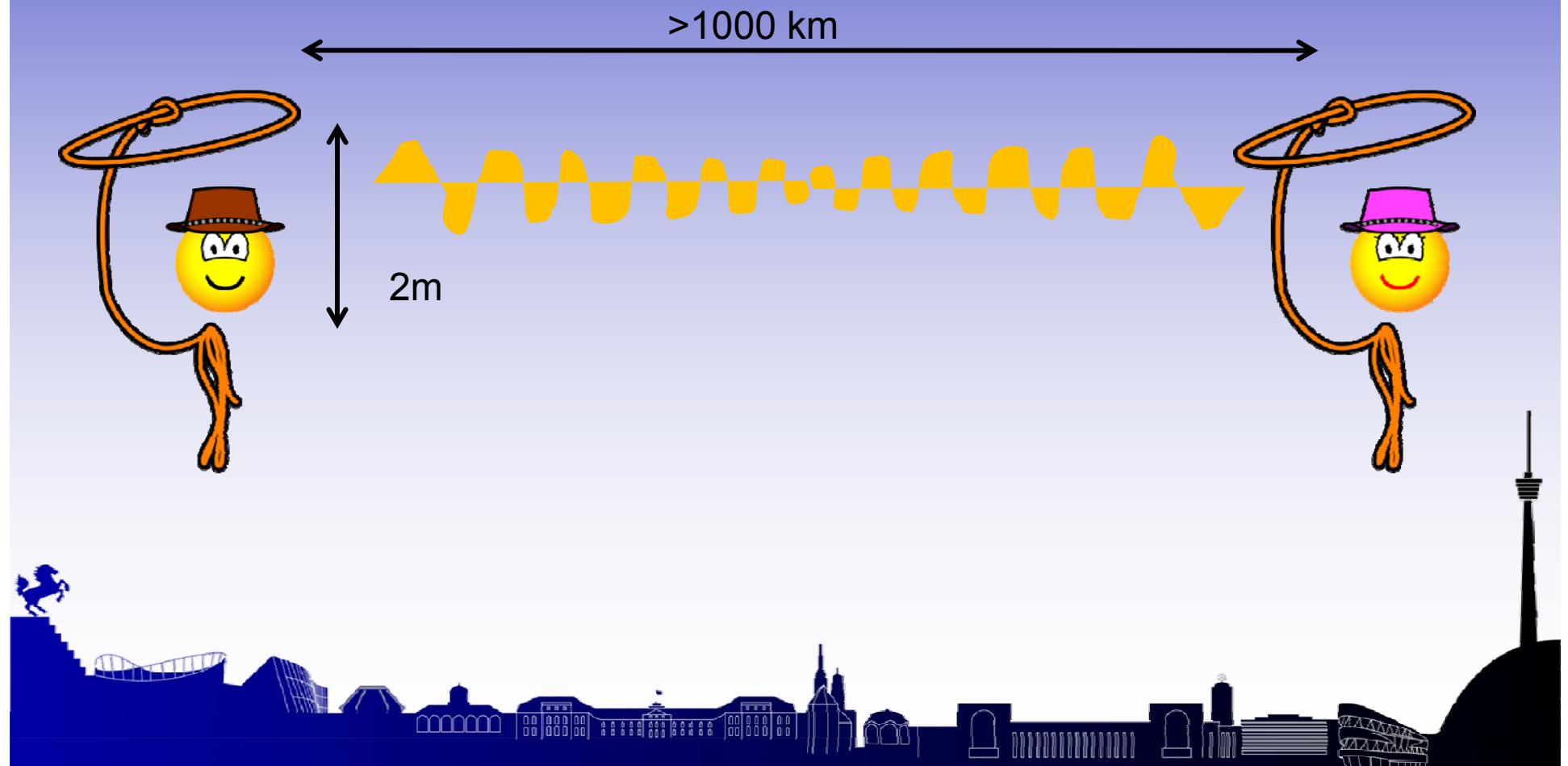
*Nature* **458**, 1005 (2009)  
*PRL* **105**, 163201 (2010)  
*Science* **334**, 1110 (2011)  
*Nature* **502**, 664 (2013)



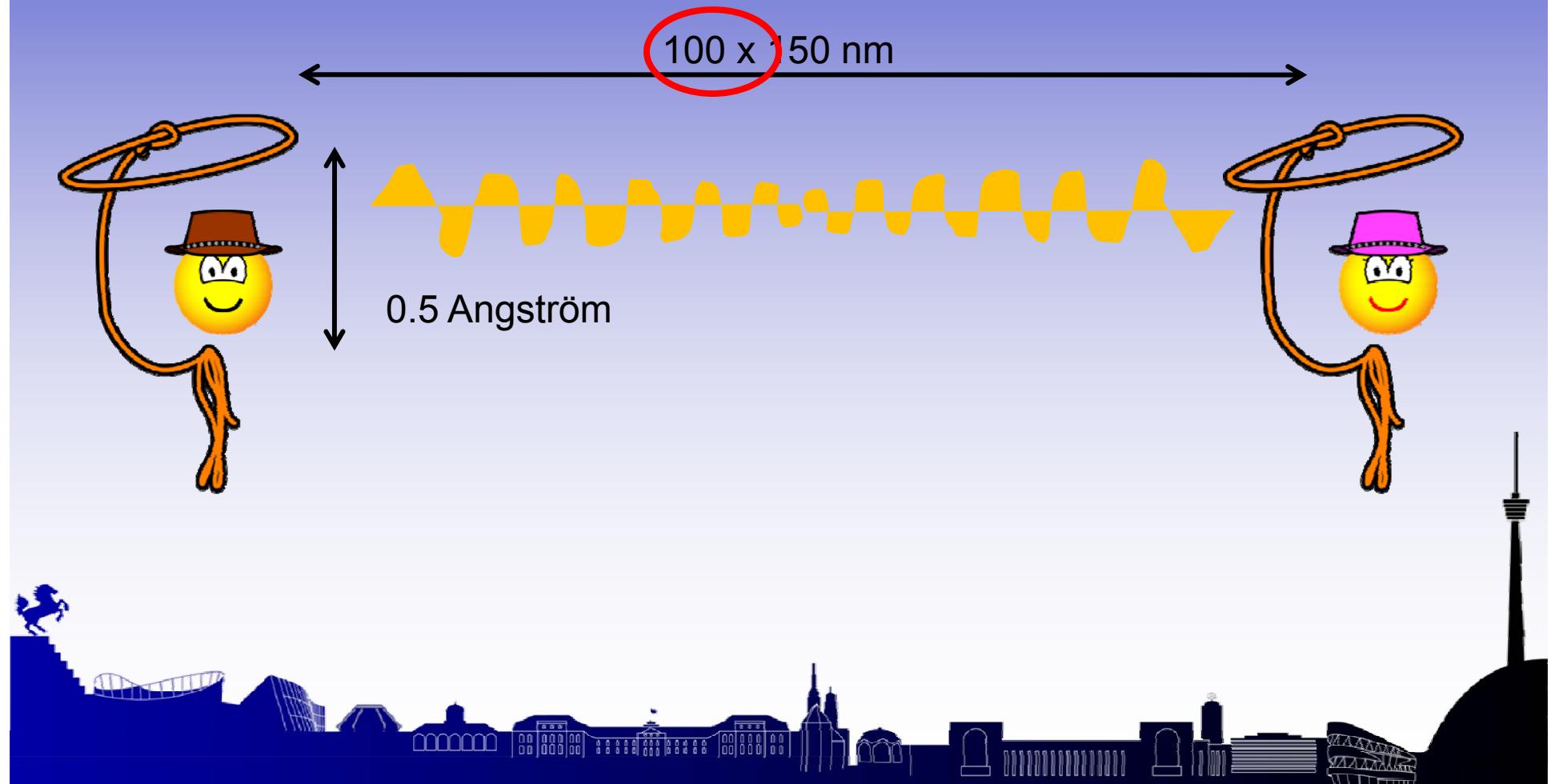
# Bound states



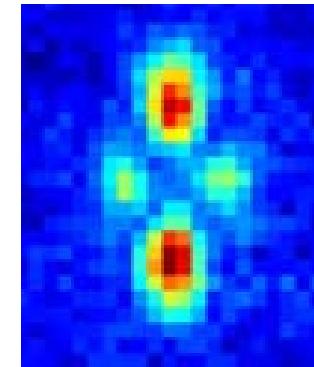
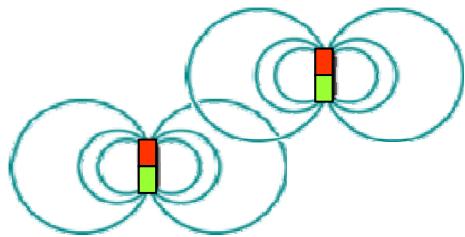
# Long range interaction



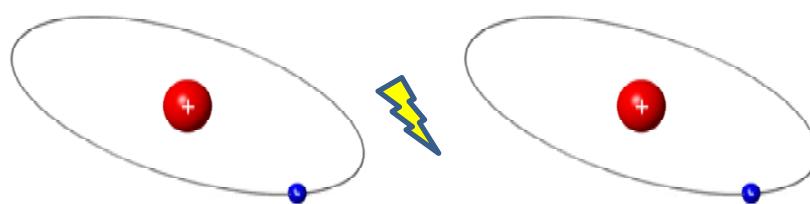
# Long range interaction between Rydberg atoms



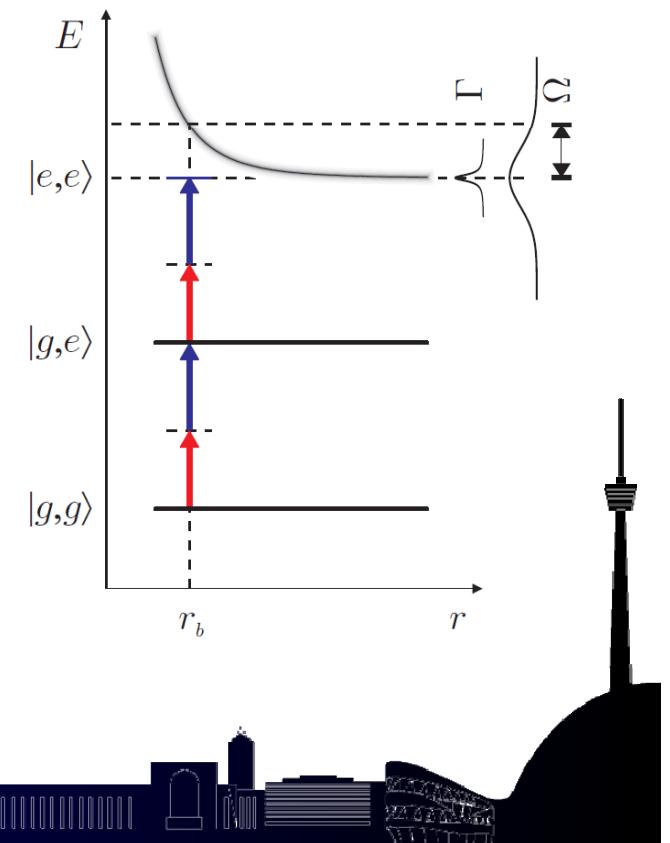
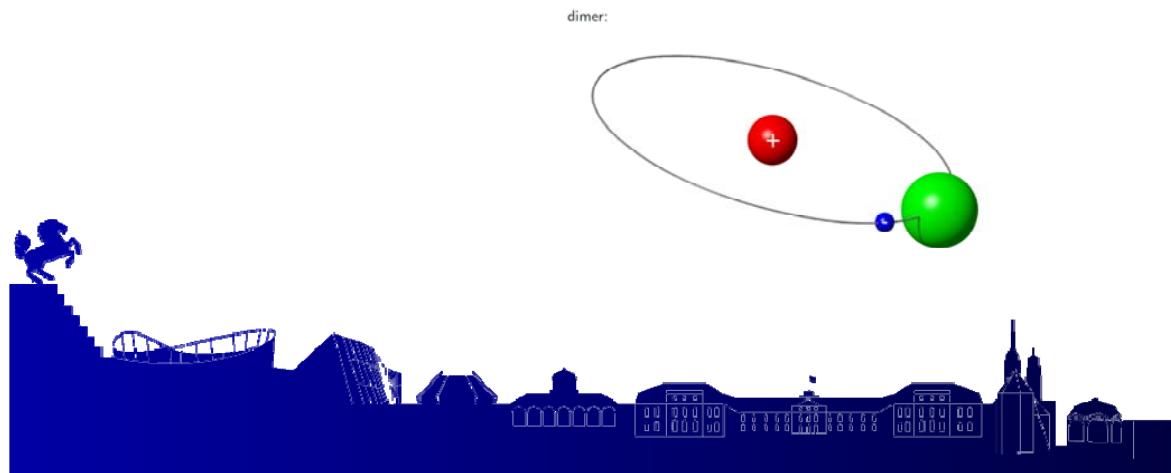
## Lecture I: (magnetic) dipolar gases

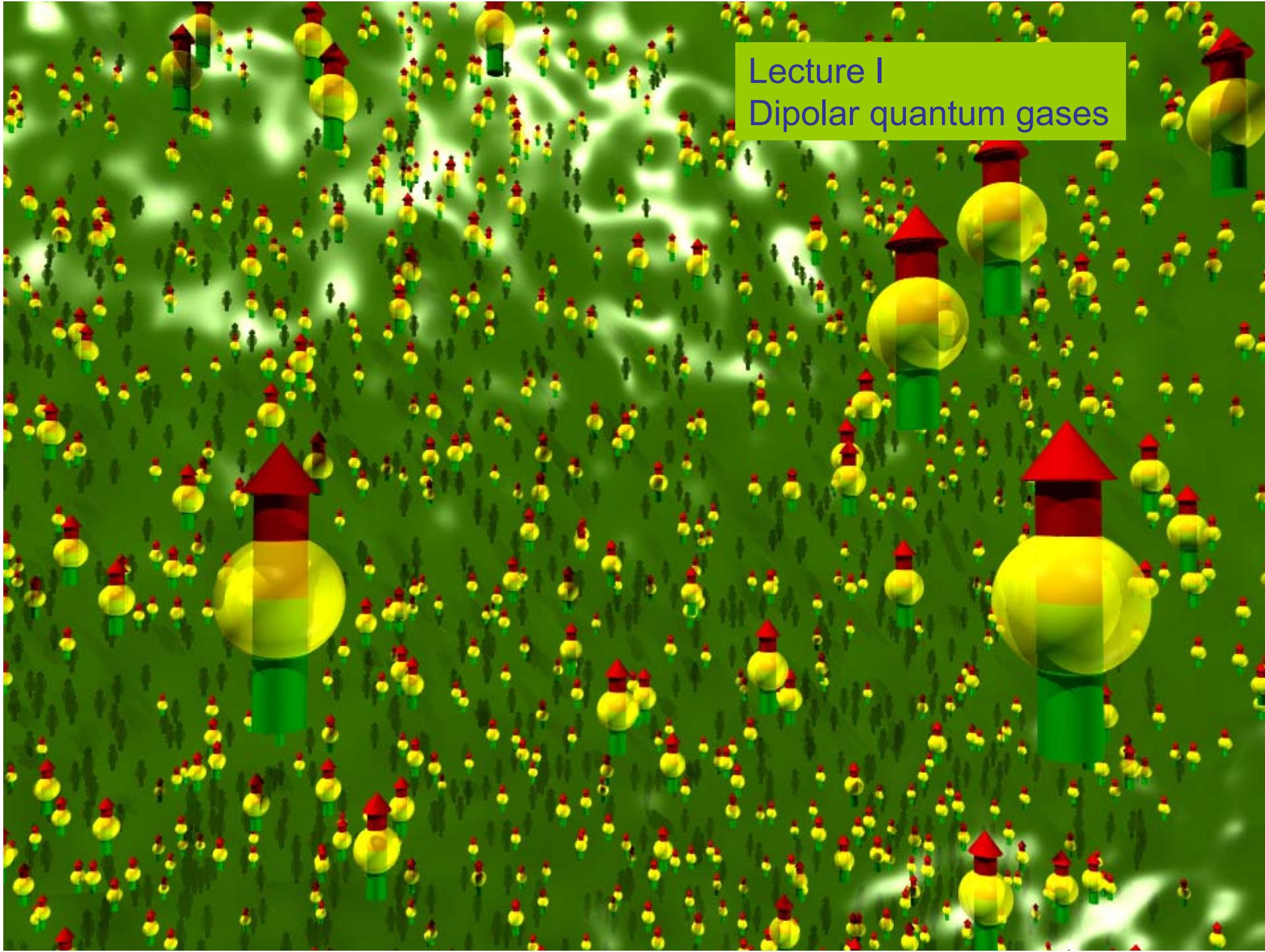


## Lecture II: Rydberg Rydberg interaction

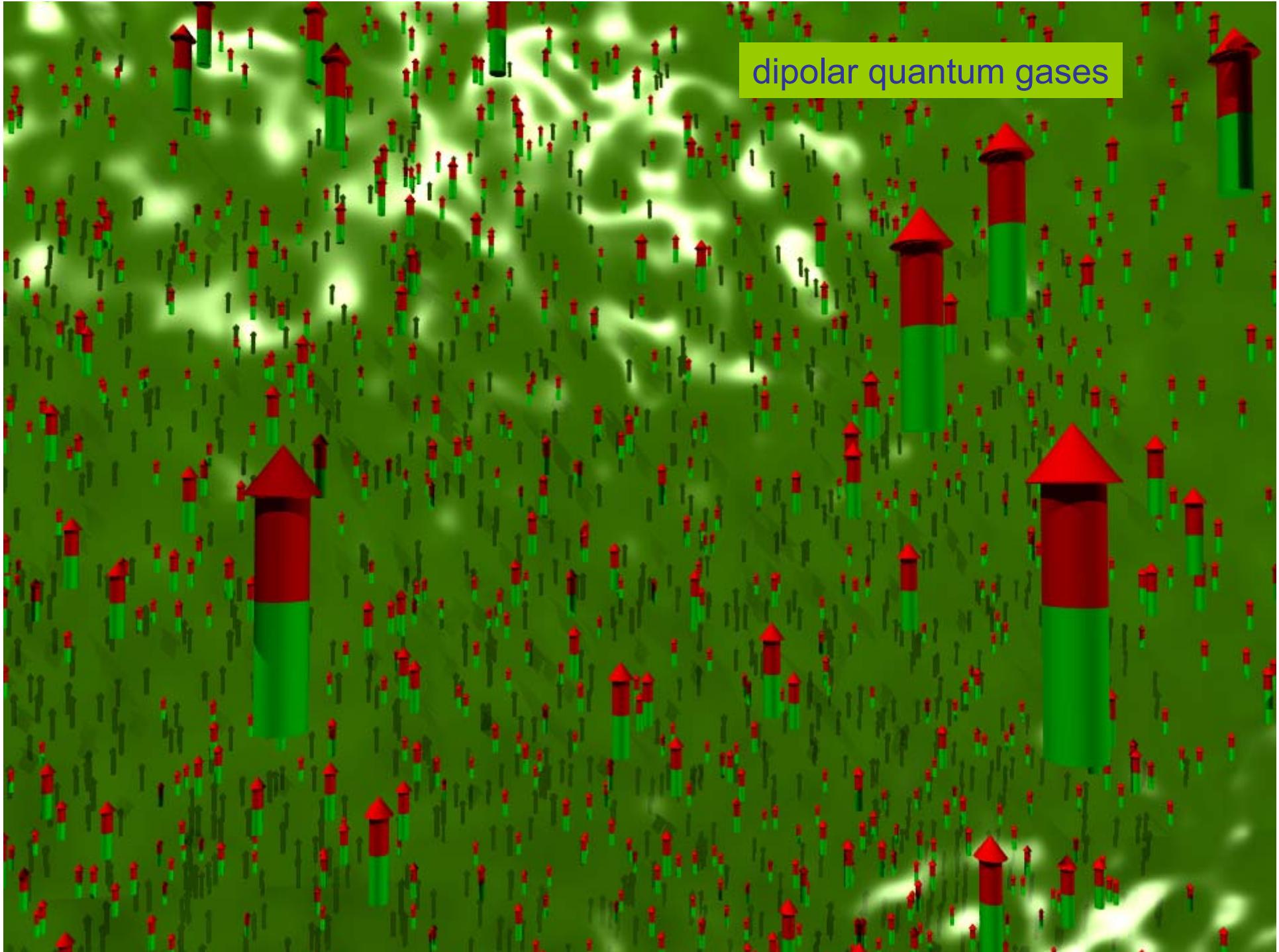


## Lecture III : Rydberg ground state interaction





Lecture I  
Dipolar quantum gases



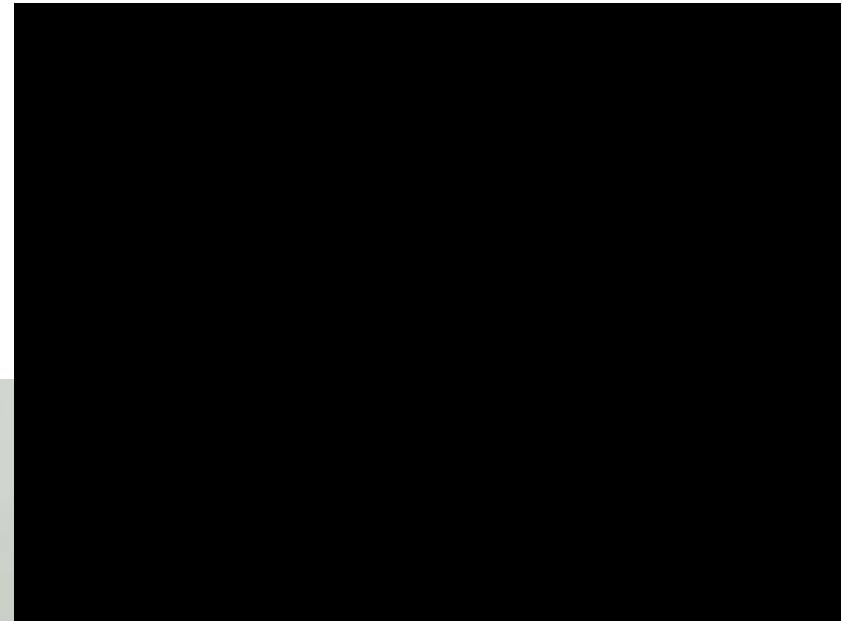
dipolar quantum gases

# Early interest in dipoles

- Compass needles
- 1970 DeGennes:  
anisotropic gas; chains
- 1980's ferrofluids

Rosensweig instability

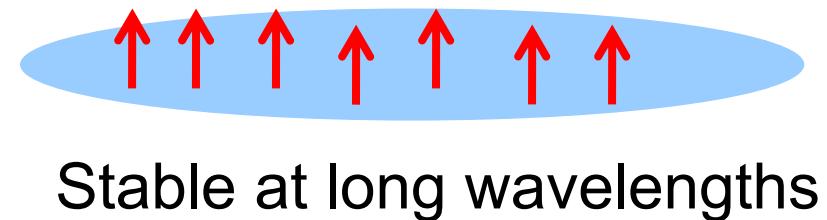
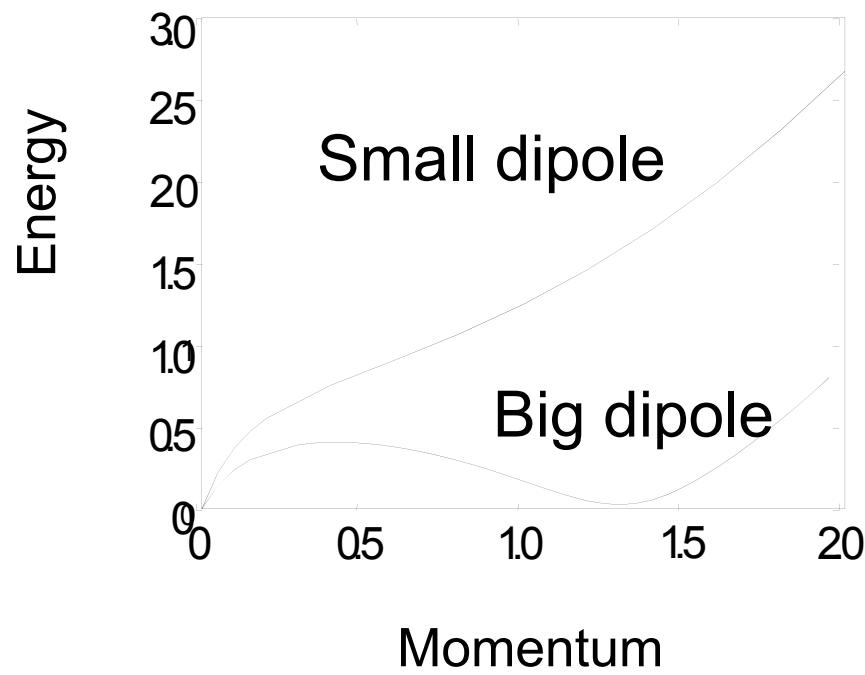
M. D. Cowley and R. E. Rosensweig, J.  
Fluid Mech. **30**, 671 (1967)



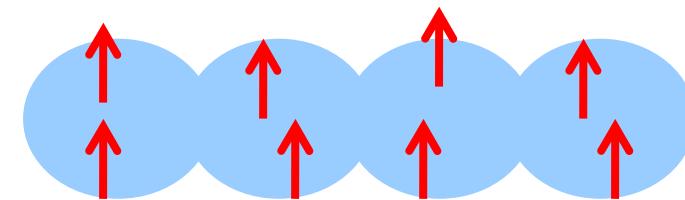
- 21<sup>st</sup> century : add quantum mechanics



# Anisotropy: the roton in dipolar BEC

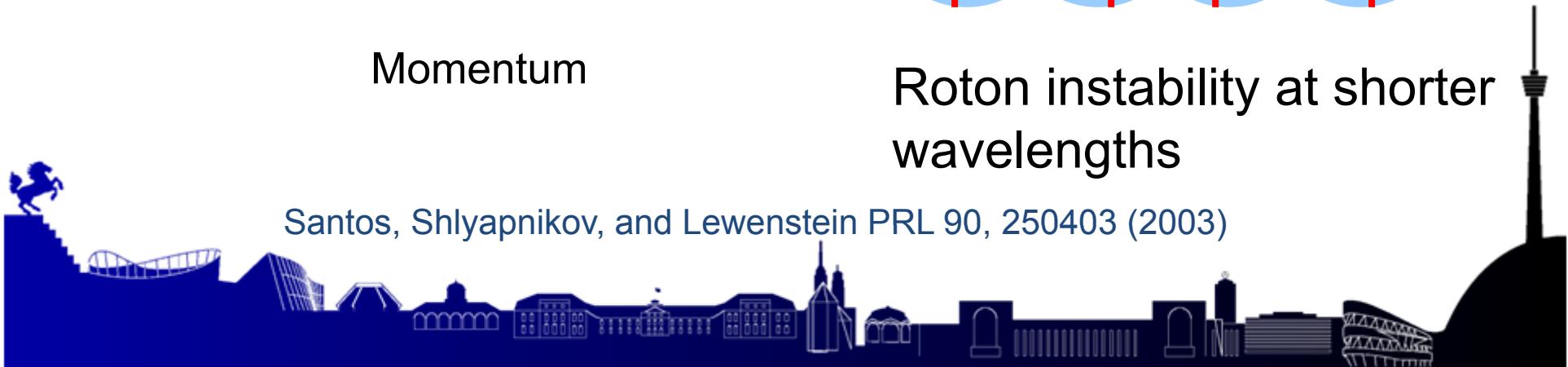


Stable at long wavelengths

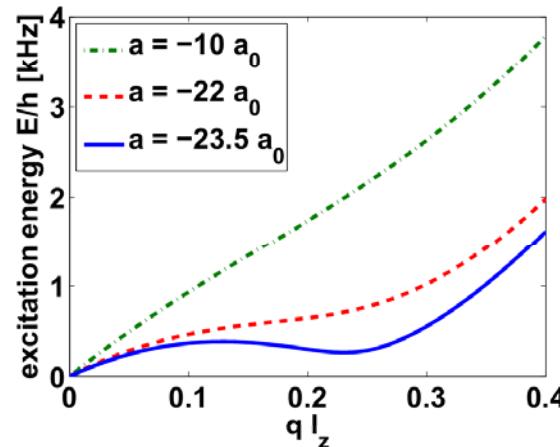
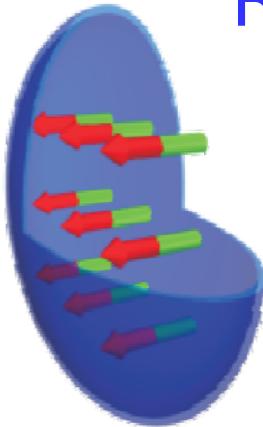


Roton instability at shorter wavelengths

Santos, Shlyapnikov, and Lewenstein PRL 90, 250403 (2003)



# Roton – Maxon type excitation spectrum



Structured groundstates



*R. Richter et al.,  
PRL 94, 184503 (2005)*



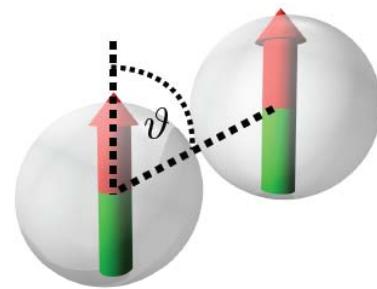
checkerboard  
supersolid

*S. Ronen et al.,  
PRL 98, 030406 (2007)*

*K. Góral et al.,  
PRL 88, 170406 (2002)*



## Dipolar gases



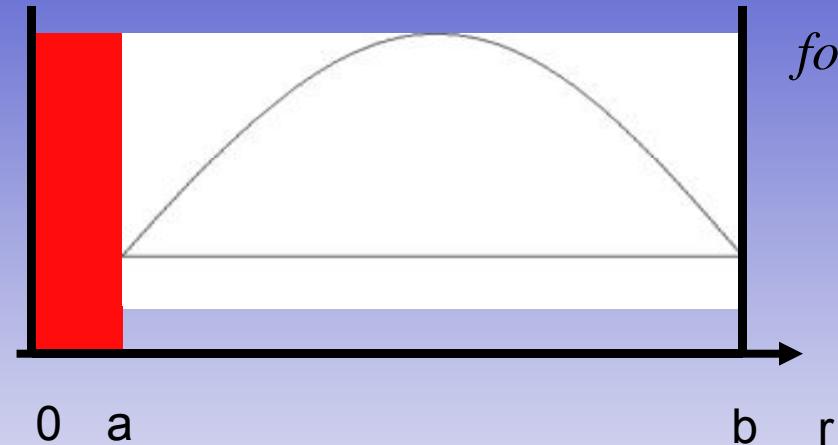
$$\varepsilon_{dd} \propto \frac{m\mu^2}{a}$$

*dipolar interaction*  
*contact interaction*



# Effect of contact interaction

Two particles in a box potential (s-wave)



for  $a \ll b$

$$E_{n=1} = \frac{\hbar^2 k^2}{2m_\mu} = \frac{\hbar^2}{2m_\mu} \frac{\pi^2}{(b-a)^2} = \frac{\hbar^2}{2m_\mu} \frac{\pi^2}{b^2} \left(1 - \frac{a}{b}\right)^{-2}$$

$$\approx E(a=0) + \frac{\hbar^2}{m_\mu} \frac{\pi^2}{b^3} a$$



$$E_{contact} = \frac{4\pi\hbar^2}{m} |\psi|^2 a$$



# Periodic table of magnetic moments

2004

H 1																He 0	
Li 1	Be 0																
Na 1	Mg 0																
K 1	Ca 0	Sc 1.2	Ti 1.3	V 0.6	Cr 6	Mn 5	Fe 6	Co 6	Ni 5	Cu 1	Zn 0	Ga 0.3	Ge 0	As 3	Se 3	Br 2	Kr 0
Rb 1	Sr 0	Y 1.2	Zr 1.3	Nb 1.7	Mo 6	Tc 5	Ru 7	Rh 6	Pd 0	Ag 1	Cd 0	In 0.3	Sn 0	Sb 3	Te 3	I 2	Xe 0
Cs 1	Ba 0		Hf 1.3	Ta 0.6	W 0	Re 5	Os 6	Ir 6	Pt 4	Au 1	Hg 0	Tl 0.3	Pb 0	Bi 3	Po 3	At 2	Rn 0
Fr 1	Ra 0		Rf 1.3	Db 0.6	Sg 0	Bh 5	Hs 6	Mt 6	Ds 4	Rg 1	Cn 0	Uut 0.3	Uuq 0	Uup 3	Uuh 3	Uus 2	Uuo 0

2011      2012

La 1.2	Ce 4	Pr 3.3	Nd 2.4	Pm 0.7	Sm 0	Eu 7	Gd 5.3	Tb 10	Dy 10	Ho 9	Er 7	Tm 4	Yb 0	Lu 1.2
Ac 1.2	Th 1.3	Pa 4.2	U 4.3	Np 3.4	Pu 0	Am 7	Cm 5.3	Bk 10	Cf 10	Es 9.1	Fm 7	Md 4	No 0	Lr 0.3



# Periodic table of magnetic moments

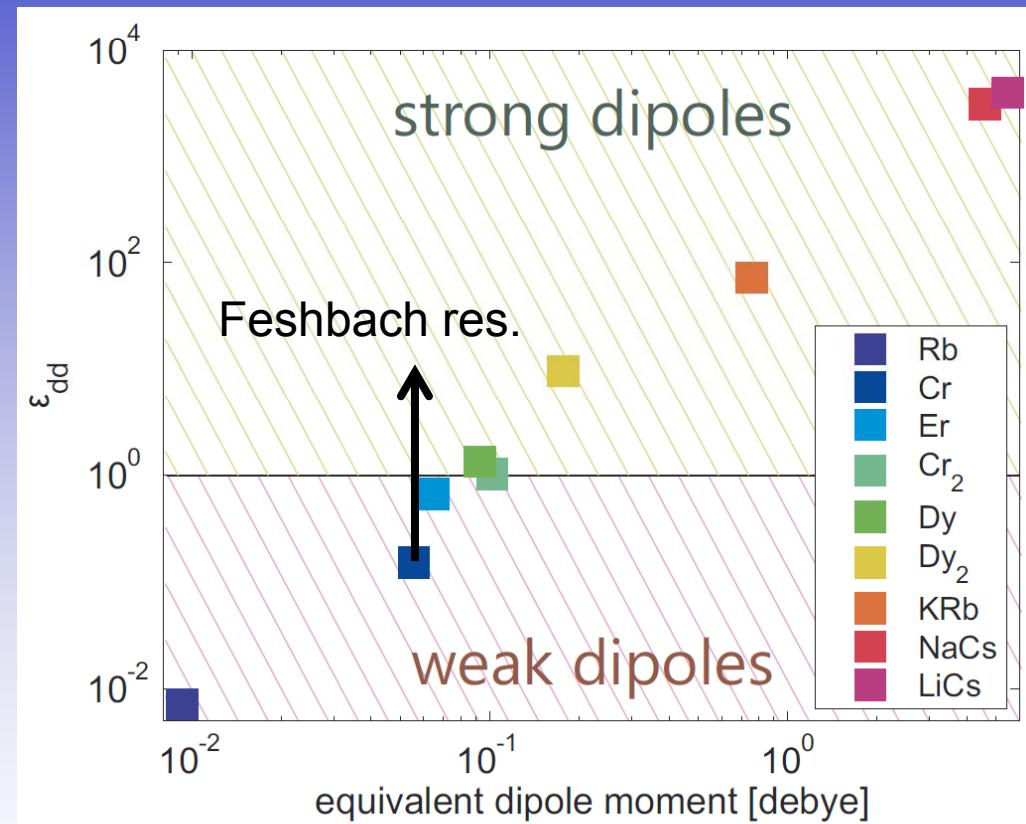
H														He	
1														0	
Li		Be													
7		0													
Na		Mg													
23		0													
K	Ca														
39	0														
Rb	Sr														
85	0														
Cs	Ba														
133	0														
Fr	Ra														
223	0														
Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr
65	85	18	1872	1373	2010	2122	1467	64	0	8	0	674	711	320	0
Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe
128	162	258	3455	2450	4952	3705	0	108	0	13	0	1096	1148	508	0
Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At	Rn	
317	65	0	4655	6848	6920	3121	197	0	23	0	1881	1881	840	0	
Rf	Db	Sg	Bh	Hs	Mt	Ds	Rg	Cn	Uut	Uuq	Uup	Uuh	Uus	Uuo	
471	98	0	6800	9720	9936	4406	280	0	32	0	2502	2637	1178	0	

2004

$$\varepsilon_{dd} = \frac{\mu_0 \mu^2 m}{12\pi \hbar^2 a_{bg}}$$

La	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu
200	2242	1509	831	74	0	7446	4473	16893	16200	13309	8196	2703	0	252
Ac	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr
327	413	4135	4372	2715	0	11907	7026	24700	25100	21017	12593	4128	0	29





# How to describe an interacting quantum gas



Gross-Pitaevskii equation for the order parameter:

$$i\hbar \frac{\partial \psi}{\partial t} = -\frac{\hbar^2}{2m} \Delta \psi + (V_{\text{ext}} + g|\psi|^2 + \Phi_{dd}(\mathbf{r}, t)) \psi$$

$$g \equiv \frac{4\pi\hbar^2 a}{m}$$

Contact interaction



$$\Phi_{dd}(\mathbf{r}, t) = \int |\psi(\mathbf{r}', t)|^2 U_{dd}(\mathbf{r} - \mathbf{r}') d^3 r'$$

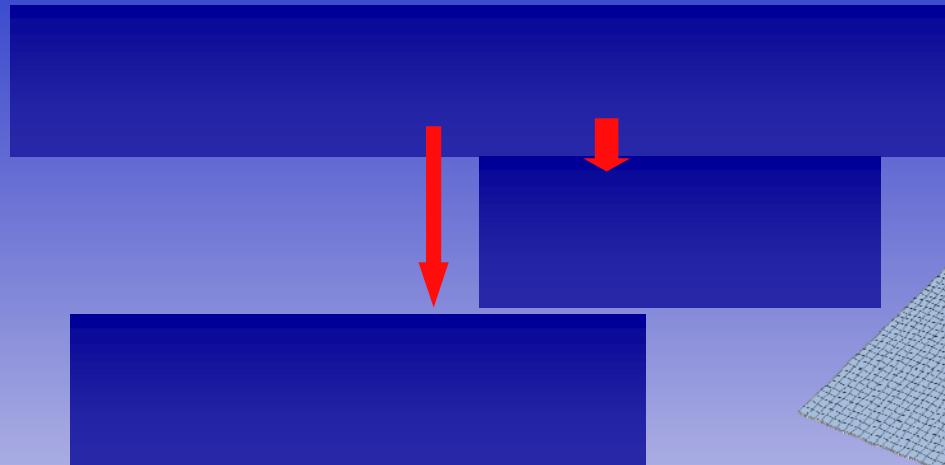
Dipolar interaction  
**NON-LOCAL term**

$$U_{dd}(\mathbf{r}) = \frac{\mu_0 \mu^2}{4\pi} \frac{1 - 3 \cos^2 \theta}{r^3}$$

# Elongation of the condensate along $B$



$\epsilon_{dd} \ll 1$ , spherical trap:

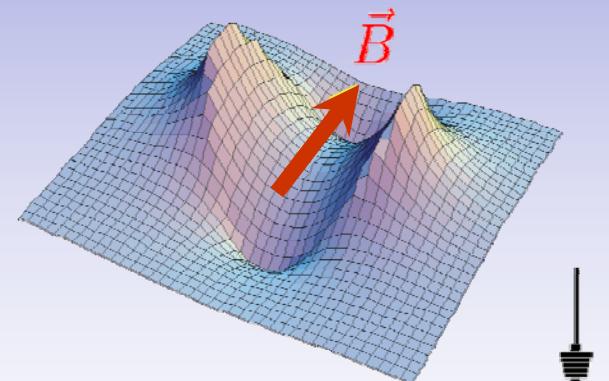


Mean-field potential due to the dipolar interaction:



Saddle potential.

→ The atoms are accommodated **close to the z axis**.



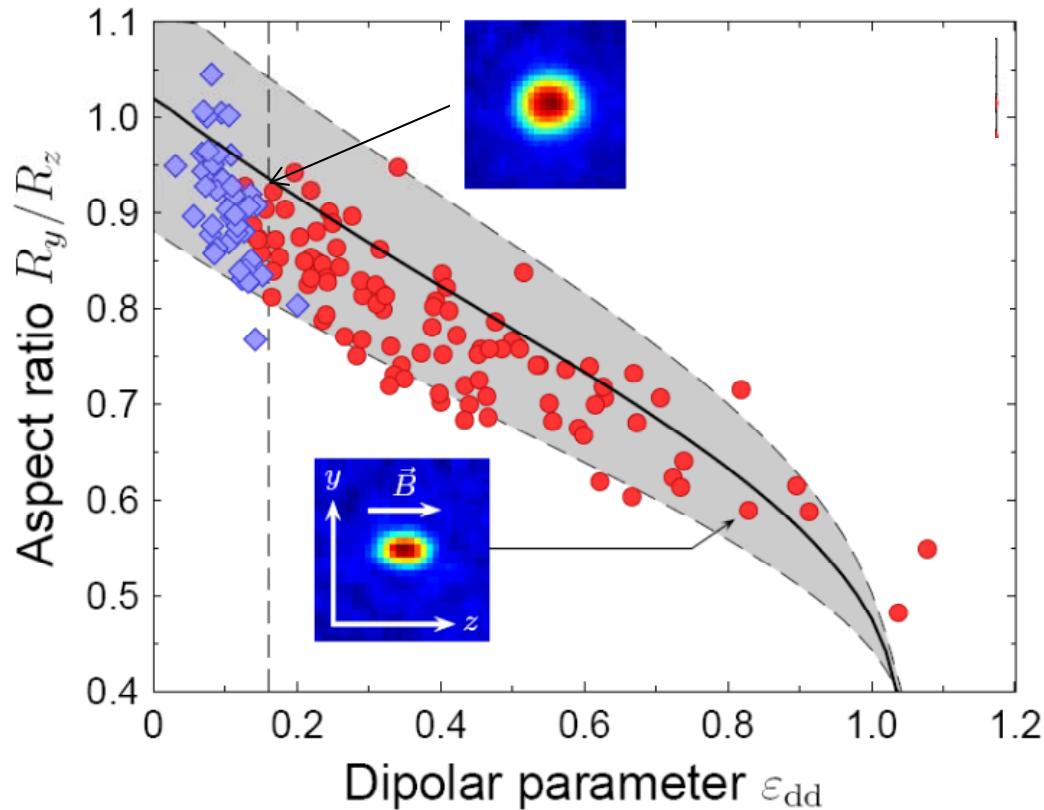
These conclusions remain valid:

- for anisotropic traps,
- for arbitrary  $\epsilon_{dd}$ ,
- during the time of flight.

S. Giovanazzi  
D. O'Dell  
C. Eberlein

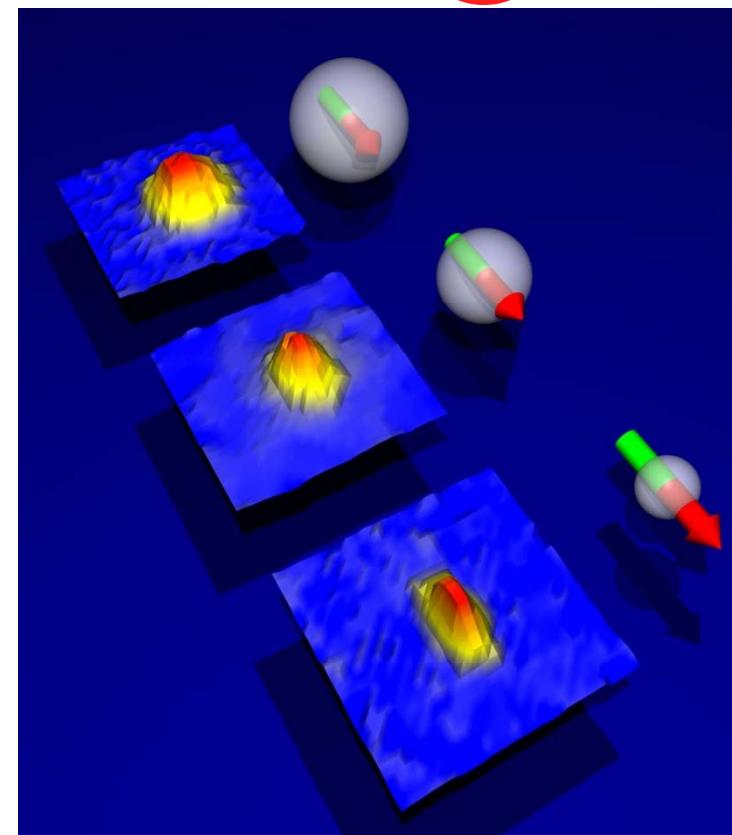


# A quantum ferrofluid



$$\varepsilon_{dd} = \frac{\mu_0 \mu^2 M}{12\pi \hbar^2 a}$$

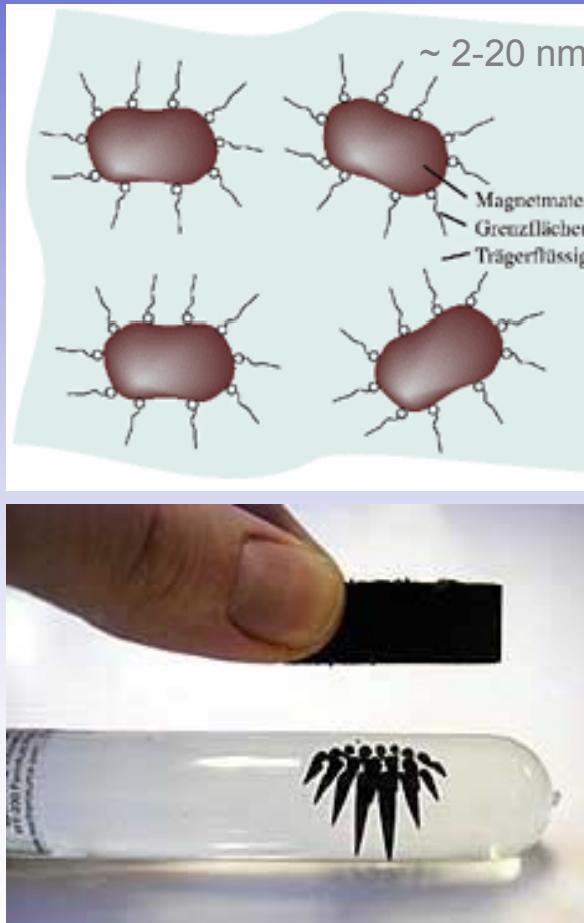
dipolar      contact



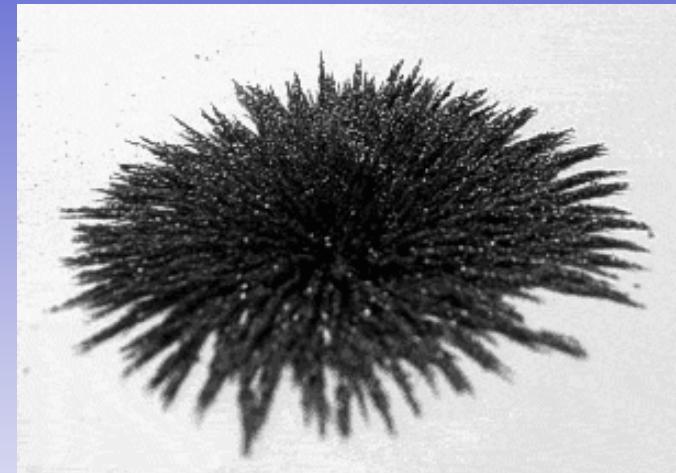
T. Lahaye, T. Koch, B. Fröhlich,  
 M. Fattori, J. Metz, A. Griesmaier,  
 S. Giovanazzi, T. Pfau;  
*Nature* **448**, 672 (2007)

# dipolar coupling in fluids

Ferrofluids



Iron particles



PHYSICAL REVIEW A, VOLUME 61, 051601(R)

## Bose-Einstein condensation with magnetic dipole-dipole forces

Krzysztof Góral,<sup>1</sup> Kazimierz Rzążewski,<sup>1</sup> and Tilman Pfau,<sup>2,\*</sup><sup>1</sup>*Center for Theoretical Physics and College of Science, Polish Academy of Sciences, Aleja Lotników 32/46, 02-668 Warsaw, Poland*<sup>2</sup>*Faculty of Physics, University of Konstanz, 78457 Konstanz, Germany*

(Received 20 July 1999; revised manuscript received 1 October 1999; published 24 March 2000)

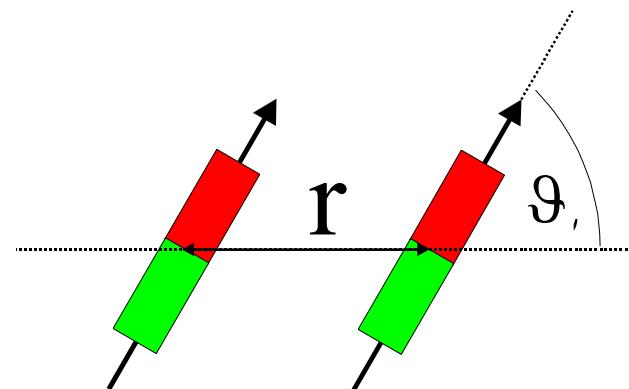
Ground-state solutions in a dilute gas interacting via contact and magnetic dipole-dipole forces are investigated. To the best of our knowledge, it is the first example of studies of Bose-Einstein condensation in a system with realistic long-range interactions. We find that for the magnetic moment of, e.g., chromium ( $6\mu_B$ ), and a typical value of the scattering length, all solutions are stable and only differ in size from condensates without long-range interactions. By lowering the value of the scattering length we find a region of unstable solutions. In the neighborhood of this region, the ground-state wave functions show internal structures that we believe have not been seen before in condensates. Finally, we find an analytic estimate for the characteristic length appearing in these solutions.

PACS number(s): 03.75.Fi, 05.30.Jp

L. Santos, G. Shlyapnikov, P. Zoller, M. Lewenstein,  
PRL **85**, 1791 (2000).



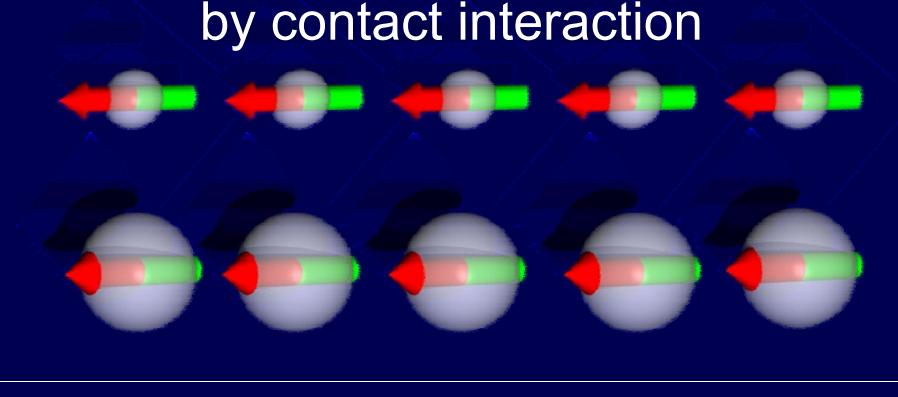
# Stabilization of a dipolar gas



# by geometry



by contact interaction



# The stability of a **dipolar** condensate...



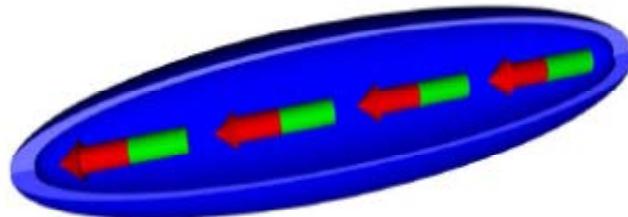
...depends *strongly* on the trap geometry:

$$V(x, y, z) = \frac{m}{2} [\omega_\rho^2(x^2 + y^2) + \omega_z^2 z^2]$$

Aspect ratio:  $\lambda \equiv \frac{\omega_z}{\omega_\rho}$

Cigar-shaped

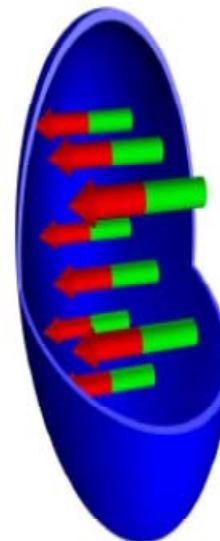
$$\lambda < 1$$



**Attractive: unstable**

Pancake

$$\lambda > 1$$



**Repulsive: stable**

# Stability criterion: a simple model



How to get a simple estimate for the critical value  $a_{\text{crit}}(\lambda)$  ?

## → Gaussian Ansatz

- Gross-Pitaevskii energy functional:

$$E[\Phi] = \int \left[ \frac{\hbar^2}{2m} |\nabla \Phi|^2 + V_{\text{trap}} |\Phi|^2 + \frac{g}{2} |\Phi|^4 + \frac{1}{2} |\Phi|^2 \int U_{\text{dd}}(\mathbf{r} - \mathbf{r}') |\Phi(\mathbf{r}')|^2 d\mathbf{r}' \right] d\mathbf{r}$$

- Gaussian Ansatz (sizes  $\sigma_r$  and  $\sigma_z$  as variational parameters)

$$\Phi(r, z) = \left( \frac{N}{\pi^{3/2} \sigma_r^2 \sigma_z a_{\text{ho}}^3} \right)^{1/2} \exp \left( -\frac{1}{2a_{\text{ho}}^2} \left( \frac{r^2}{\sigma_r^2} + \frac{z^2}{\sigma_z^2} \right) \right)$$

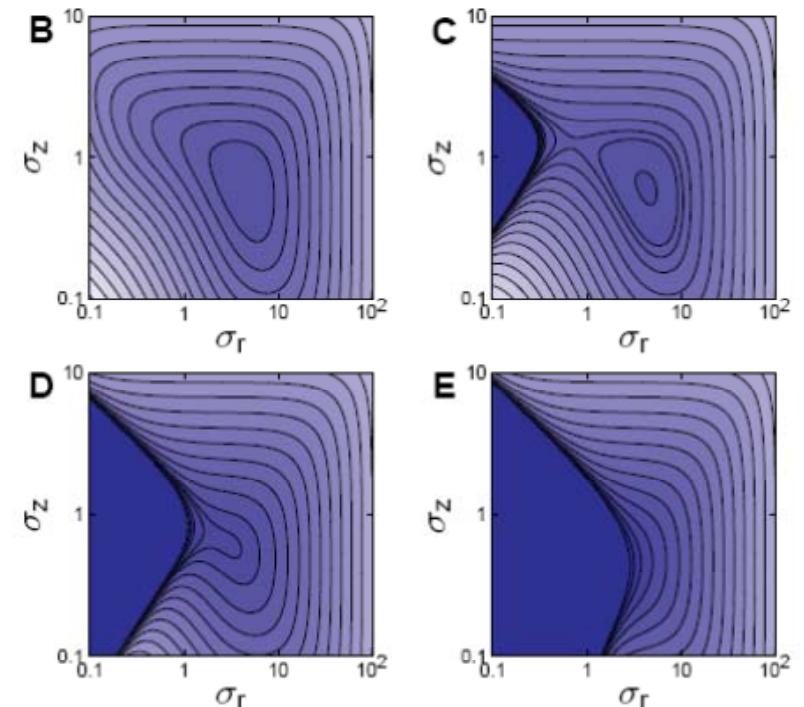
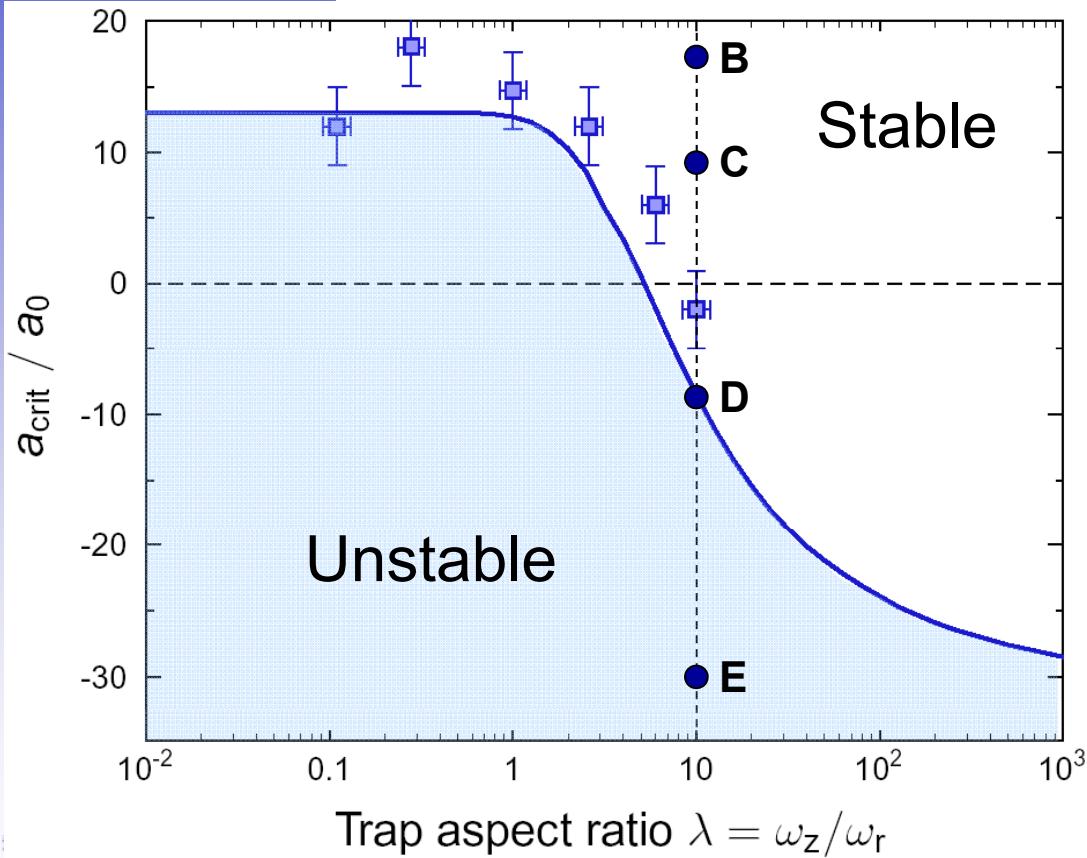
- If  $a$  is too small, there is no more **local minimum** for  $E[\Phi]$  : this gives  $a_{\text{crit}}$ .



# Stability diagram

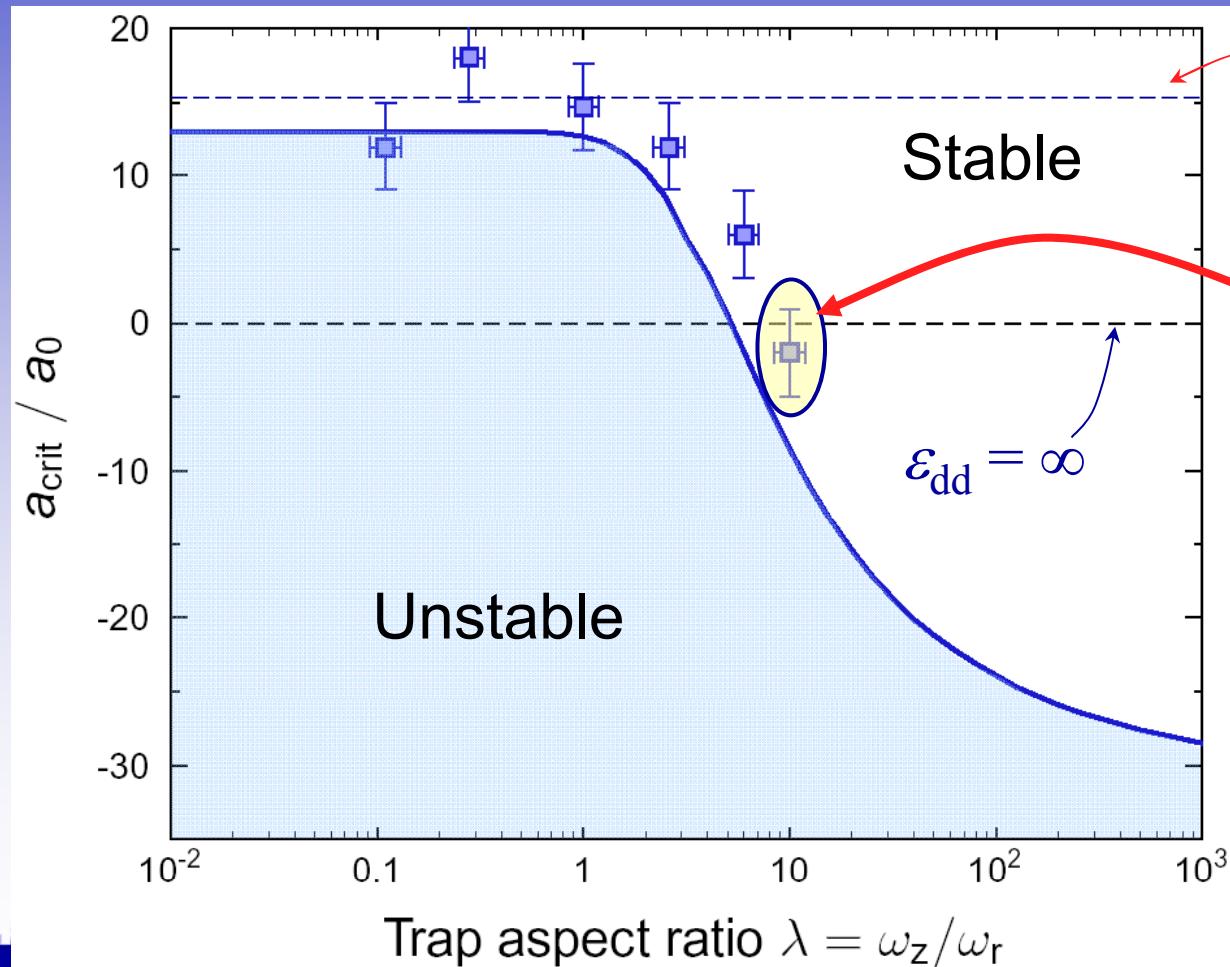
**$a_{\text{crit}}$  as a function of the trap aspect ratio  $\lambda$**   
 $(N = 20,000 \text{ atoms};$

$$\bar{\omega} \simeq 2\pi \times 800 \text{ Hz}$$



T. Koch, T. Lahaye, J. Metz,  
B. Fröhlich, A. Griesmaier, T. Pfau  
*Nature Physics* 4, 218 (2008)

# Stability diagram



$\epsilon_{dd} = 1$

$\epsilon_{dd} = \infty$

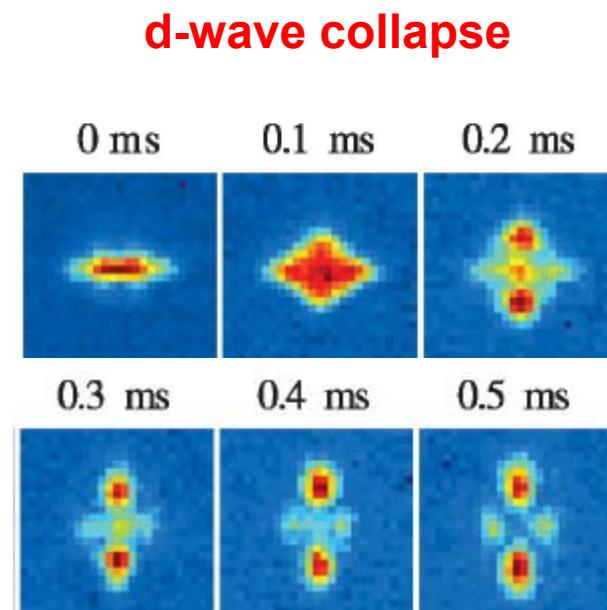
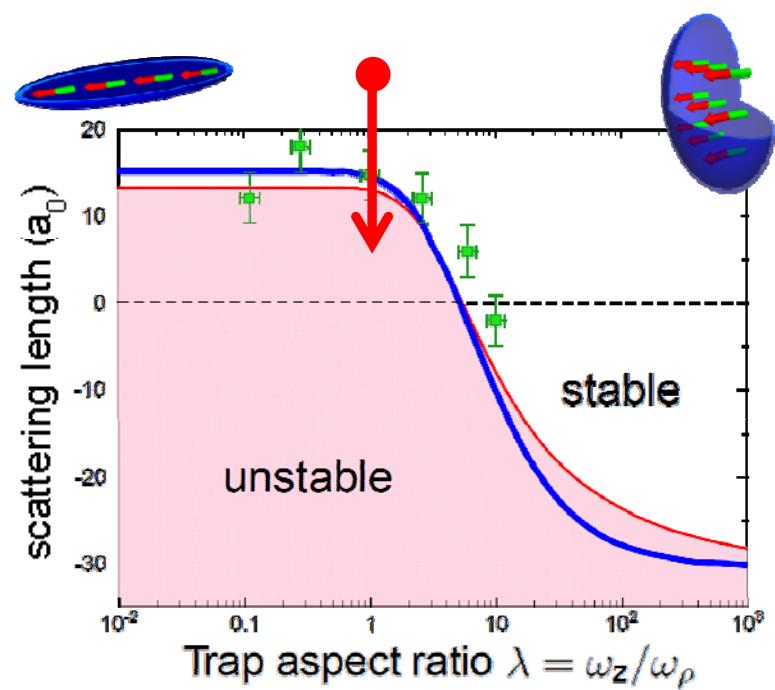
**Stabilization of a  
purely dipolar  
condensate!**



# Stability & collapse of a **dipolar** BEC

*dipole-dipole interaction:  
long-range and anisotropic*

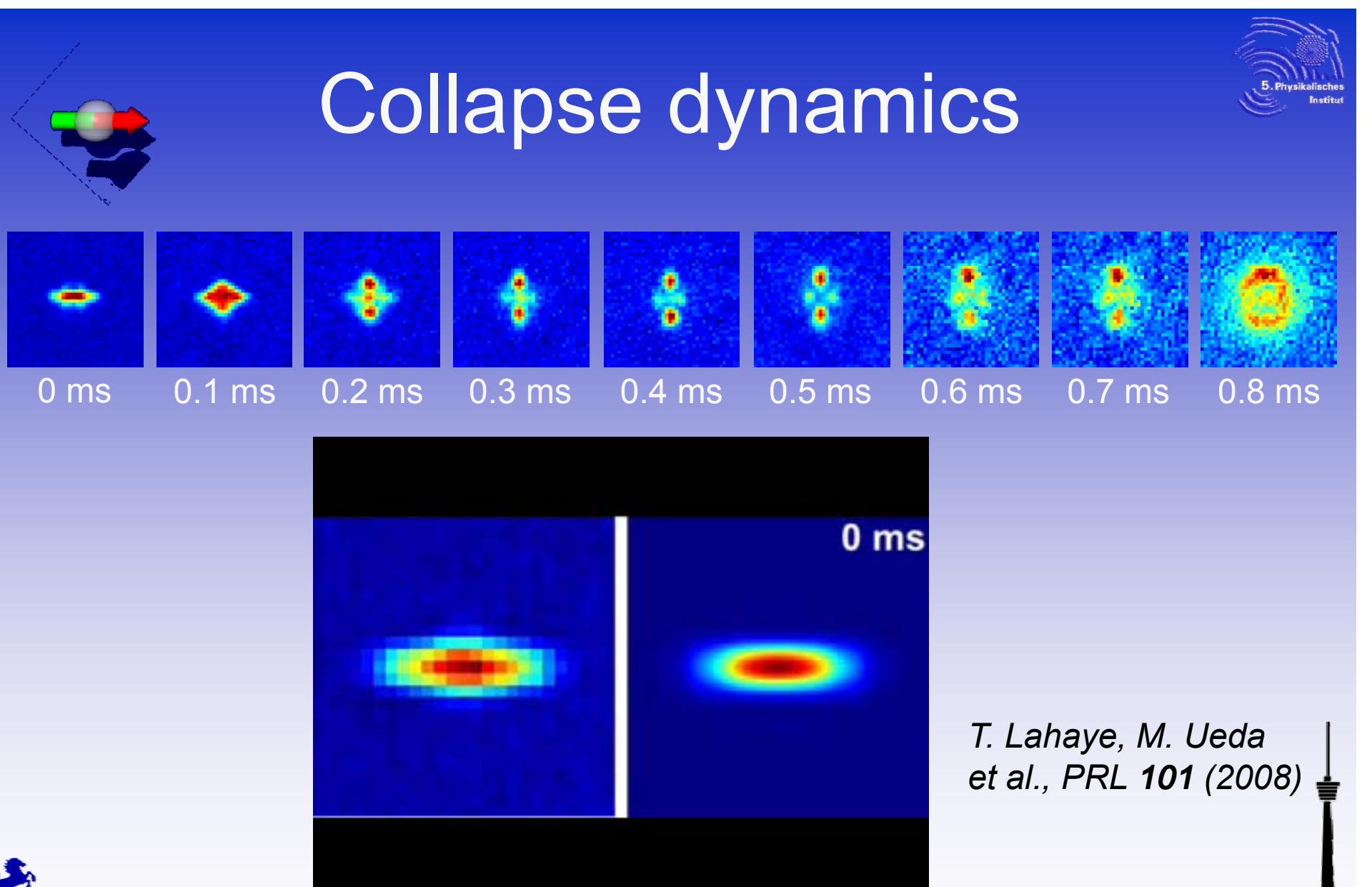
→ *geometry-dependent stability / collapse*



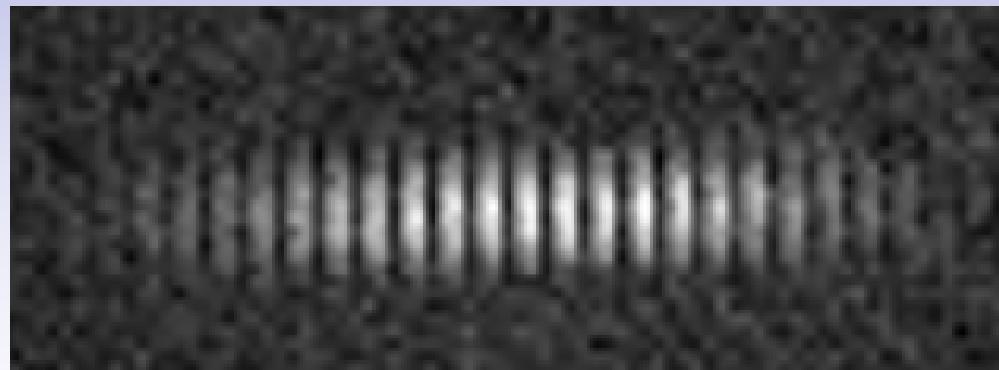
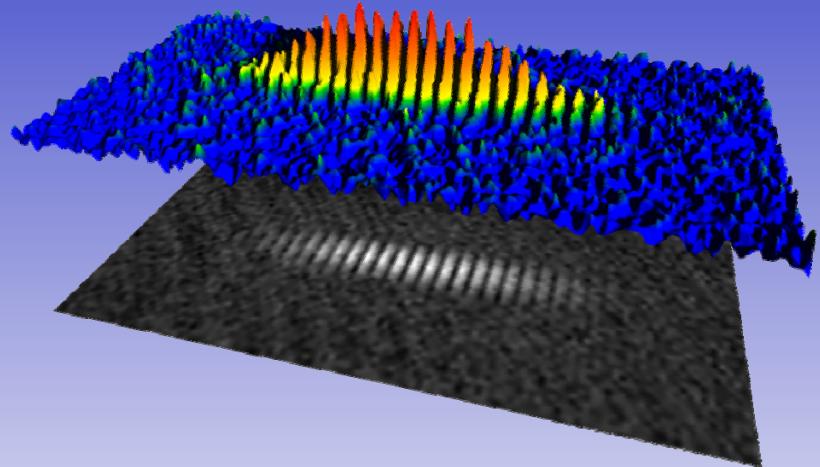
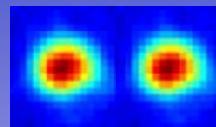
T. Lahaye et al., PRL 101 (2008)  
J. Metz et al., New J. Phys. 11 (2009)

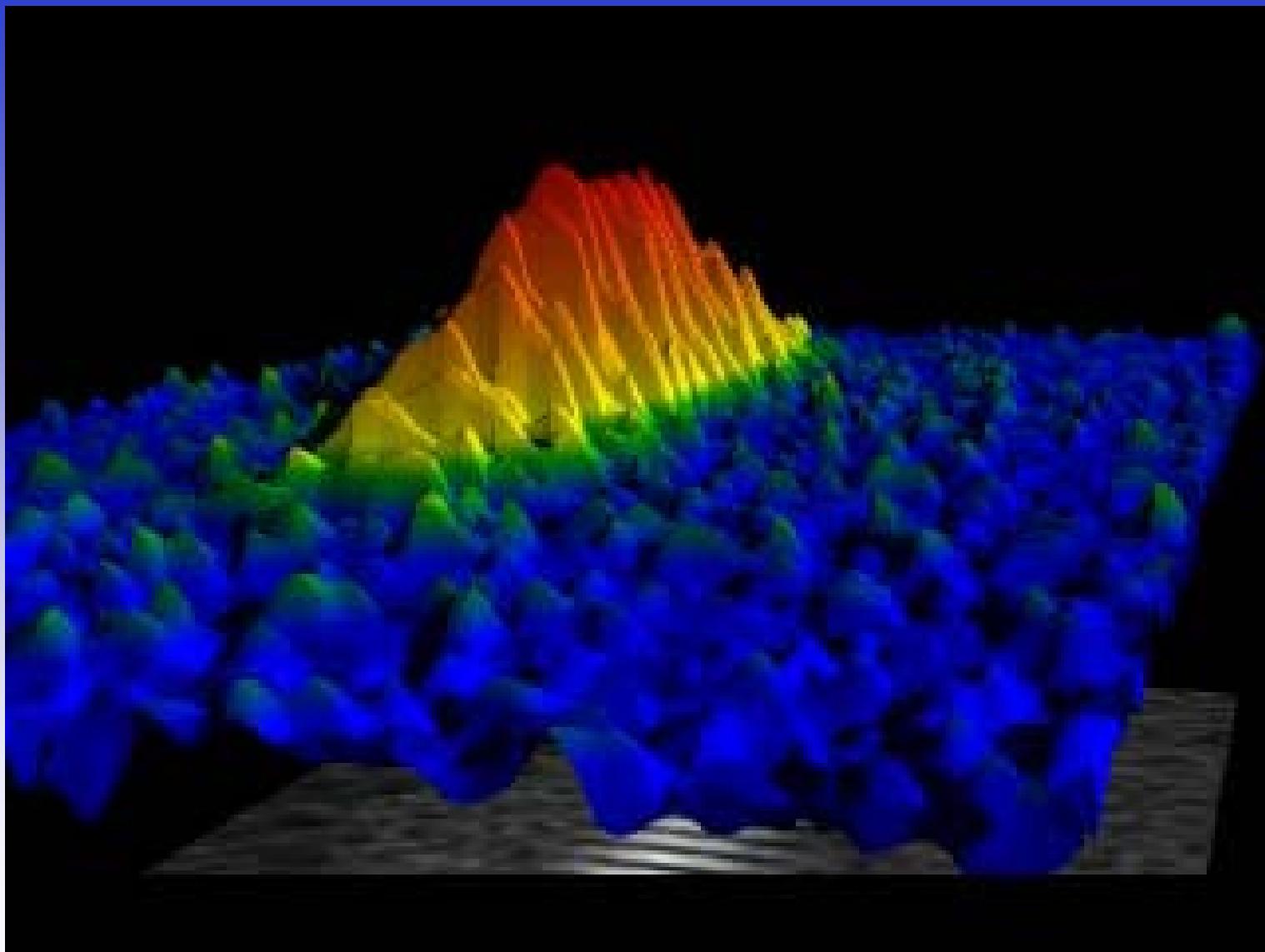


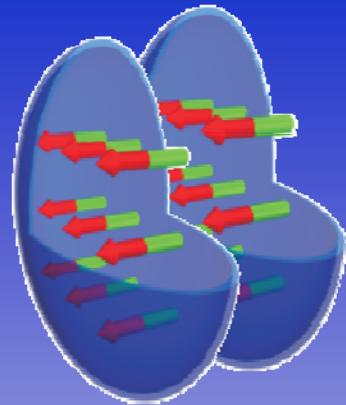
# Collapse dynamics



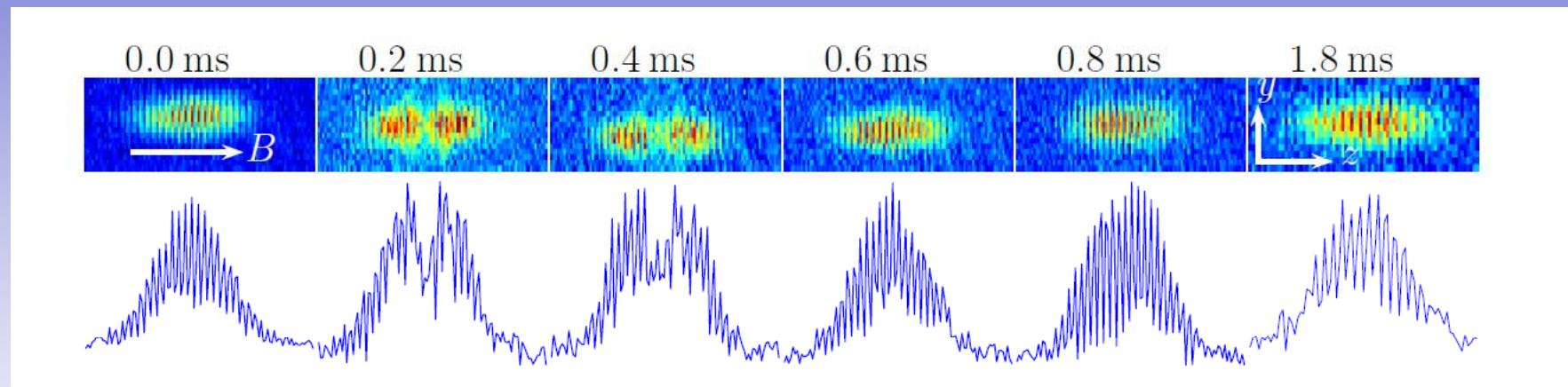
# Is the collapse coherent?







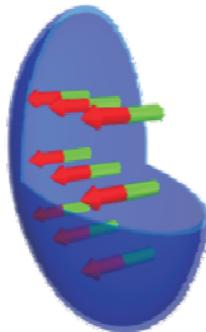
# Coherent collapse dynamics



J. Metz, T. Lahaye, B. Fröhlich, A. Griesmaier, T. Pfau, H. Saito, Y. Kawaguchi, and M. Ueda  
*New J. Phys.* **11**, 055032 (2009)

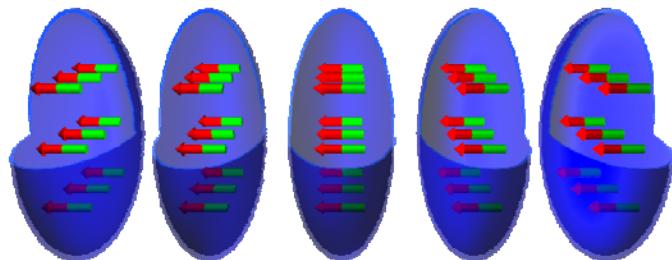


# Stability of a dipolar BEC



## Interactions:

- contact interaction (scattering length  $a$ ):  
tuned via Feshbach resonance  
*isotropic and short-range*
- dipole-dipole interaction (DDI):  
*anisotropic and long-range*



## Multi-well potentials:

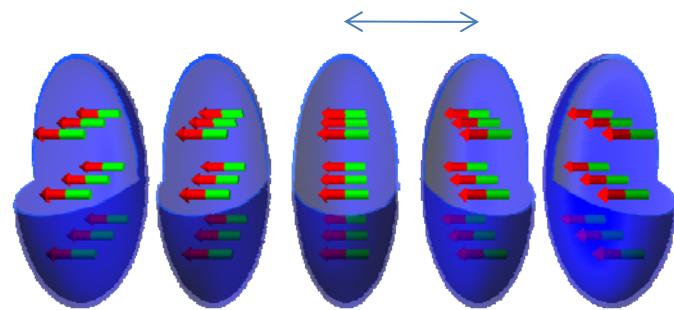
inter-site interaction mediated by DDI

**Stability given by energy balance between**

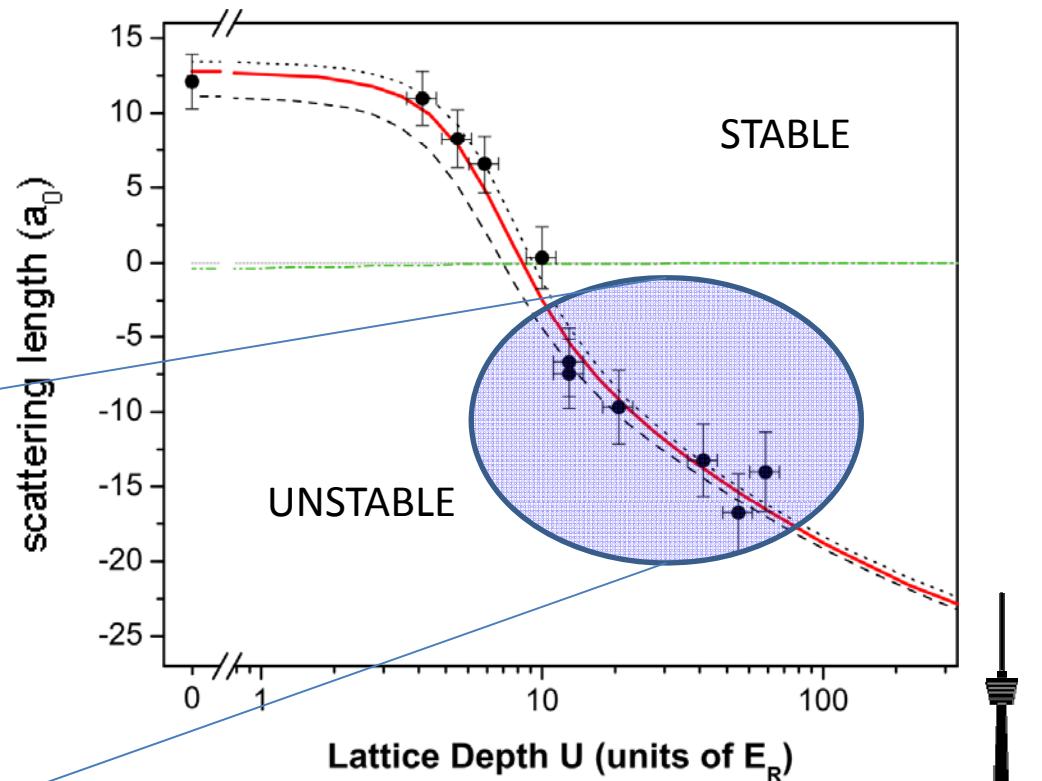
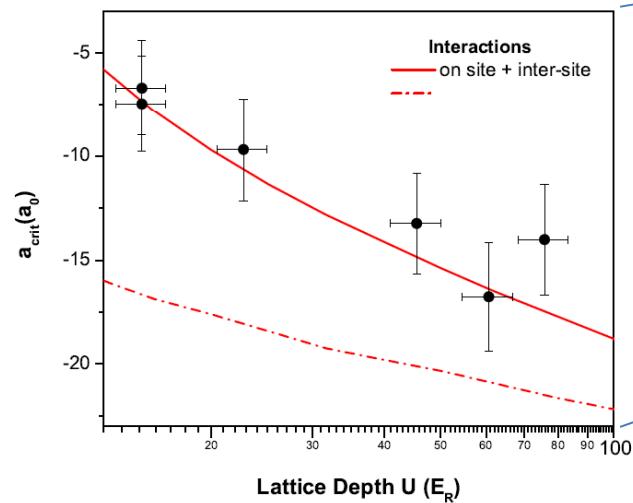
- on-site interaction (contact + DDI)
- inter-site interaction (DDI)



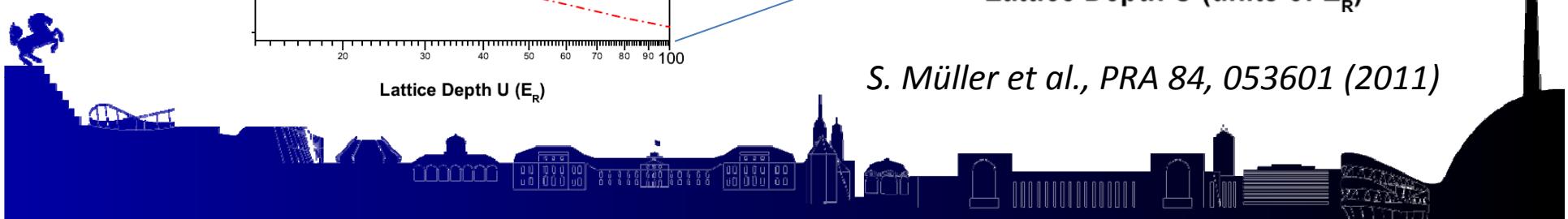
# A dipolar BEC in a 1D optical lattice



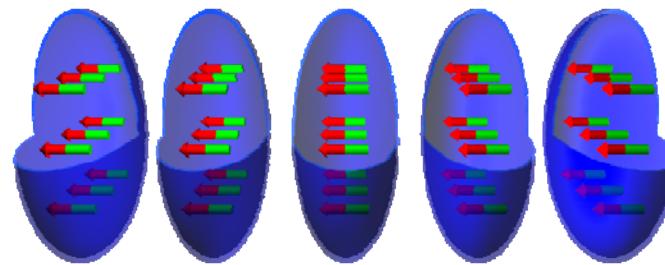
Confinement: lattice + optical trap



S. Müller et al., PRA 84, 053601 (2011)



# A dipolar BEC in a 1D optical lattice



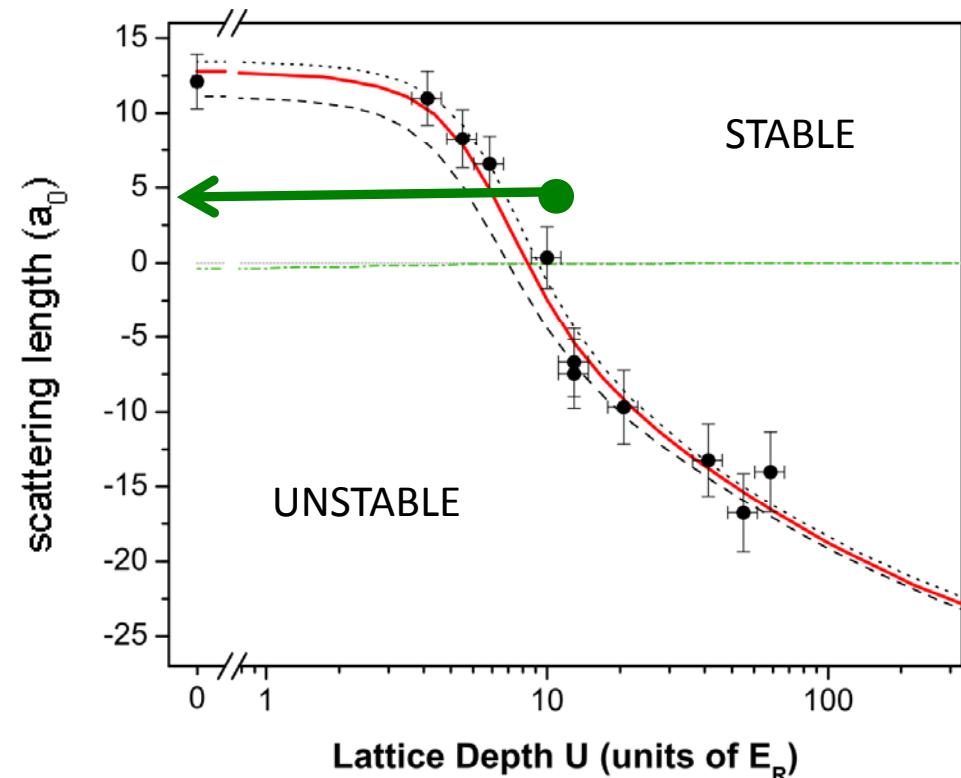
Confinement: lattice + optical trap

## New method to induce the collapse!

- keep interaction strength constant
- change external degree of freedom



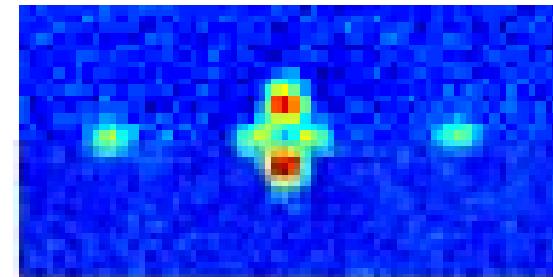
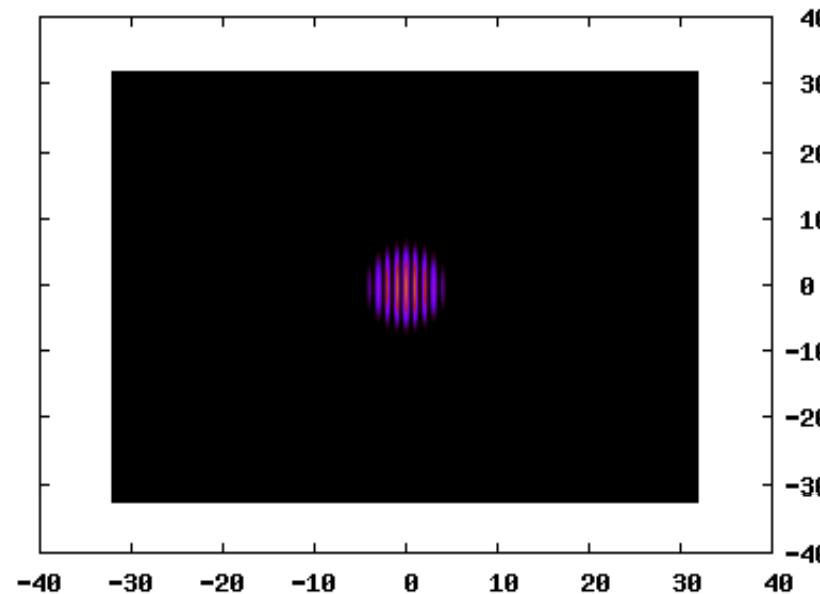
## Deconfinement-induced collapse



S. Müller et al., PRA 84, 053601 (2011)

# Time-of-flight induced collapse

Time = 0.15000 ms as = 2.00000 a0 U = 12.60000 Erec

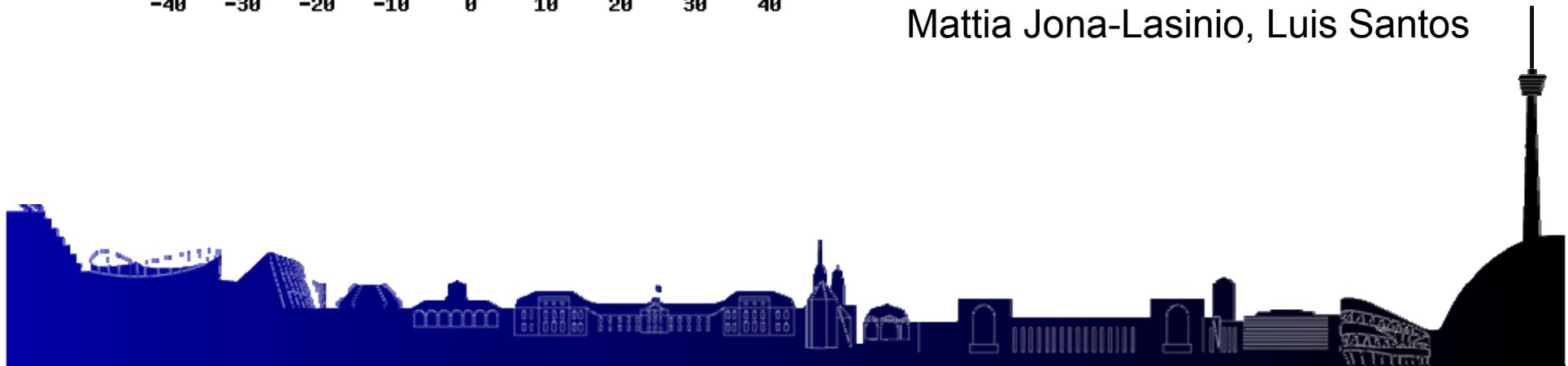


Novel collapse mechanism !

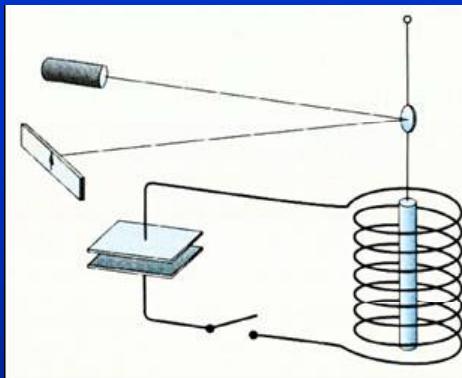
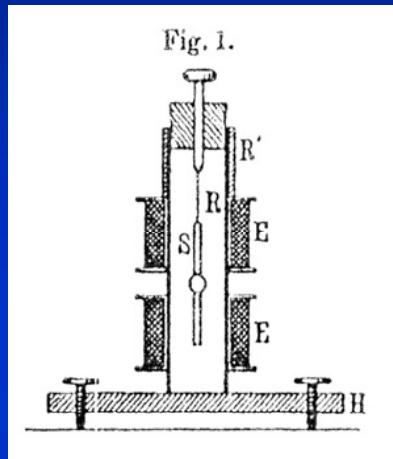
2-step process:

1. *High momentum peaks  $2\hbar k$  leave*
2. *The  $0\hbar k$  component collapses!*

Movie by  
Mattia Jona-Lasinio, Luis Santos

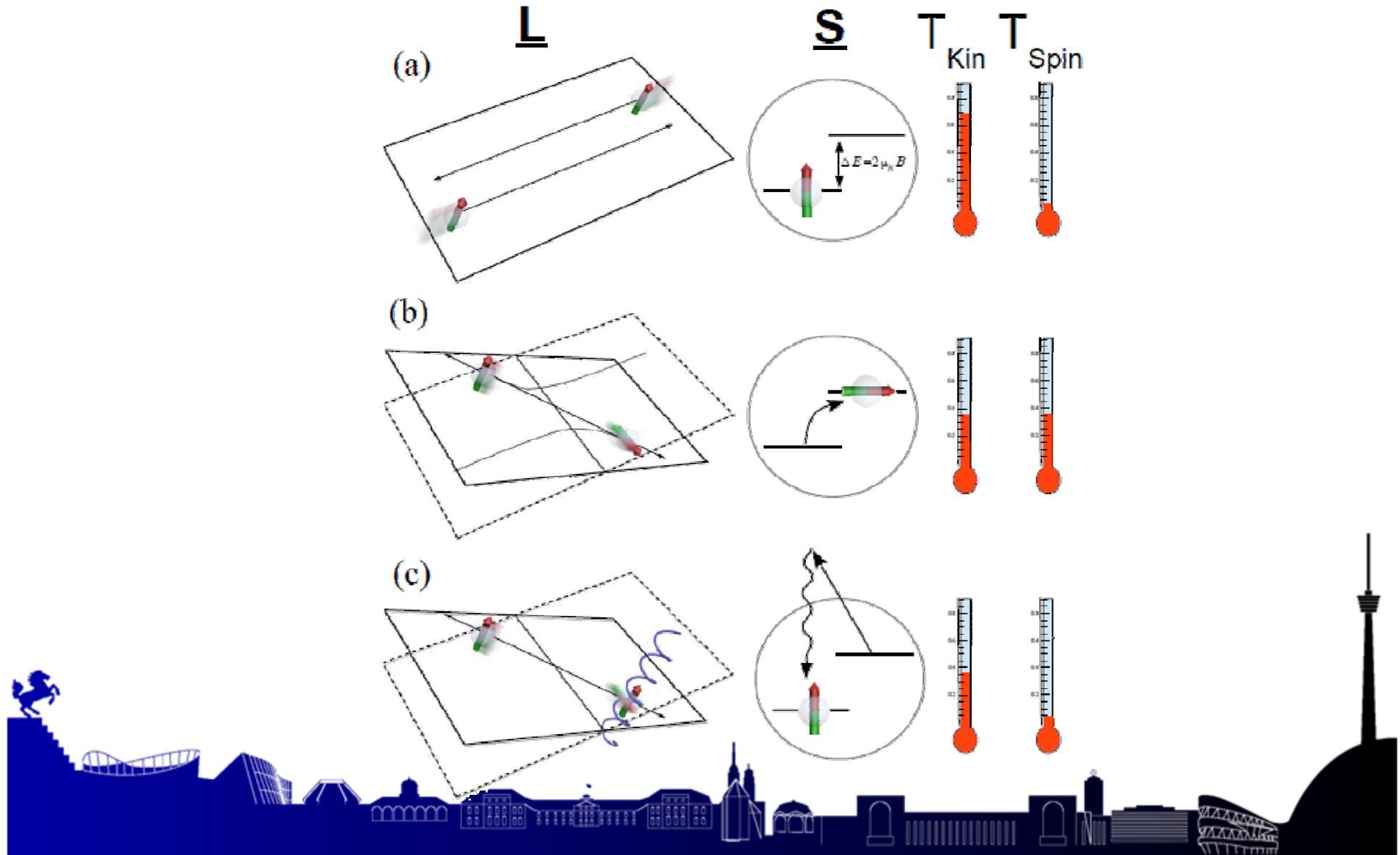


# Another dipolar effect: Coupling spin and motion



A.Einstein, W.J. de Haas  
*Experimenteller Nachweis der Ampéreschen Molekularströme*  
Verhandlungen der DPG 17, 152 (1915)

# Principle of demagnetization cooling of dipolar atoms



S. HENSLER<sup>1,✉</sup>  
J. WERNER<sup>1</sup>  
A. GRIESMAIER<sup>1</sup>  
P.O. SCHMIDT<sup>1</sup>  
A. GÖRLITZ<sup>1</sup>  
T. PFAU<sup>1</sup>  
S. GIOVANAZZI<sup>2</sup>  
K. RZAŻEWSKI<sup>3</sup>

## Dipolar relaxation in an ultra-cold gas of magnetically trapped chromium atoms

<sup>1</sup> 5. Physikalisches Institut, Universität Stuttgart, Pfaffenwaldring 57, 70550 Stuttgart, Germany

<sup>2</sup> School of Physics and Astronomy, University of St Andrews, North Haugh, St Andrews, Fife, KY 16 9SS, Scotland

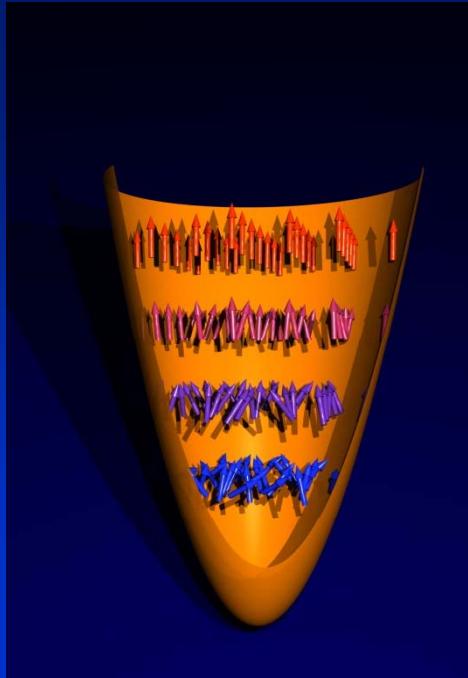
<sup>3</sup> Center for Theoretical Physics and College of Science, Polish Academy of Science, Aleja Lotników 32/46, 02-668 Warsaw, Poland

$$U_{dd}(\mathbf{r}) = \mu_0(g_S\mu_B)^2 \frac{(S_1 \cdot S_2) - 3(S_1 \cdot \hat{\mathbf{r}})(S_2 \cdot \hat{\mathbf{r}})}{4\pi r^3}. \quad (1)$$

Here we have introduced the interatomic separation  $\mathbf{r} = \mathbf{r}_2 - \mathbf{r}_1$  with  $\hat{\mathbf{r}} = \mathbf{r}/r$  and the magnetic permeability of the vacuum  $\mu_0$ . The tensorial part of the dipolar interaction (1), namely  $(S_1 \cdot S_2) - 3(S_1 \cdot \hat{\mathbf{r}})(S_2 \cdot \hat{\mathbf{r}})$ , can be rewritten in terms of spin-flip operators as

$$\begin{aligned} & S_{1z}S_{2z} + \frac{1}{2}(S_{1+}S_{2-} + S_{1-}S_{2+}) \\ & - \frac{3}{4}(2\hat{z}S_{1z} + \hat{r}_-S_{1+} + \hat{r}_+S_{1-}) \\ & \times (2\hat{z}S_{2z} + \hat{r}_-S_{2+} + \hat{r}_+S_{2-}), \end{aligned}$$

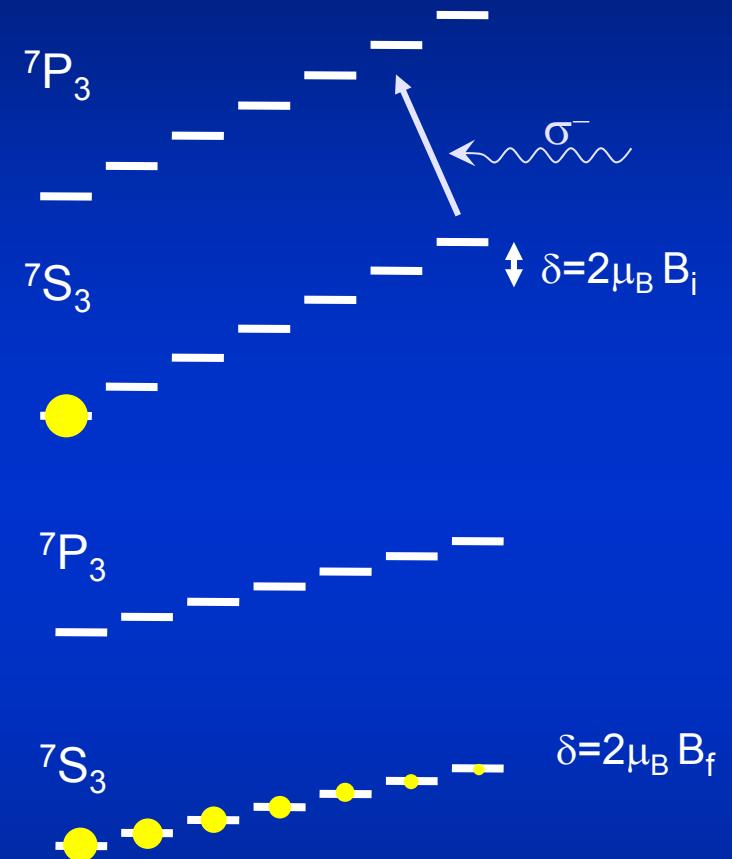
$$\begin{aligned} \sigma_0 &= \frac{16\pi}{45}S^4 \left( \frac{\mu_0(g_S\mu_B)^2 m}{4\pi\hbar^2} \right)^2 [1 + h(1)], \\ \sigma_1 &= \frac{8\pi}{15}S^3 \left( \frac{\mu_0(g_S\mu_B)^2 m}{4\pi\hbar^2} \right)^2 [1 + h(k_f/k_i)] \frac{k_f}{k_i}, \\ \sigma_2 &= \frac{8\pi}{15}S^2 \left( \frac{\mu_0(g_S\mu_B)^2 m}{4\pi\hbar^2} \right)^2 [1 + h(k_f/k_i)] \frac{k_f}{k_i}, \end{aligned}$$



Coupling spin and motion

Demagnetization cooling

1950 A. Kastler: lumino-refridgeration



S. Hensler, A. Greiner, J. Stuhler and T. Pfau

*Europhys. Lett.*, **71**, 918 (2005)

M. Fattori, T. Koch, S. Goetz, A. Griesmaier, S. Hensler, J. Stuhler, and T. Pfau

*Nature Physics* **2**, 765 (2006)

V. V. Volchkov, J. Rührig, T. Pfau, A. Griesmaier

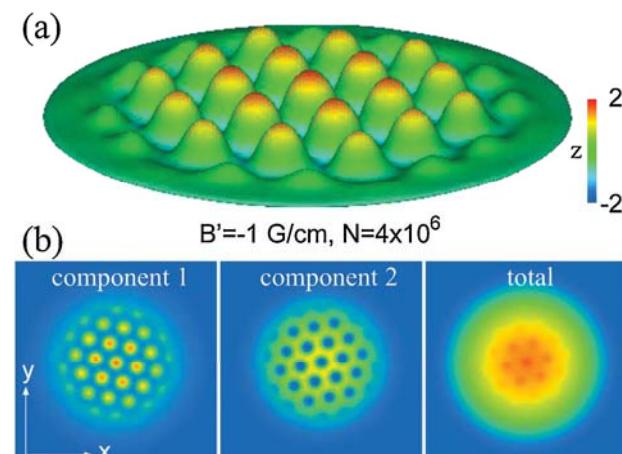
*Phys. Rev. A* **89** (2013)

# Outlook: Stronger dipoles - ferrofluid

Classical



Quantum

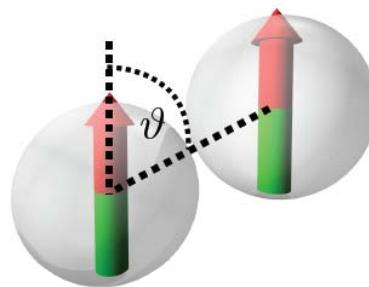


H. Saito, Y. Kawaguchi, and M. Ueda  
Phys. Rev. Lett. **102**, 230403 (2009)



# Interactions in ultracold gases

## Dipolar gases



$$\varepsilon_{dd} \propto \frac{m\mu^2}{a}$$

*dipolar interaction*  
*contact interaction*

	Chromium	Erbium	Dysprosium
Magnetic moment $\mu$	$6 \mu_B$	$7 \mu_B$	$10 \mu_B$
$\varepsilon_{dd} = \frac{\mu_0 \mu^2 m}{12 \pi \hbar^2 a_{bg}}$	0.16	0.33-0.45	$\approx 1$

*Degenerate Erbium*

- K. Aikawa et al.,  
PRL **108**, 210401 (2012)  
K. Aikawa et al.,  
PRL **112**, 010404 (2014)

*Degenerate Dysprosium*

- M. Lu et al.,  
PRL **107**, 190401 (2011)  
M. Lu et al.,  
PRL **108**, 215301 (2012)



# Properties of Dysprosium

<b>Stable Isotopes</b>	$^{161}\text{Dy}$ (19%), $^{162}\text{Dy}$ (26%), $^{163}\text{Dy}$ (25%), $^{164}\text{Dy}$ (28%)
<b>Electronic structure</b>	$[\text{Xe}] \, 4\text{f}^{10} \, 6\text{s}^2 \rightarrow {}^5\text{I}_8$
<b>Nuclear spin</b>	5/2 (for fermions)
<b>Magnetic moment <math>\mu</math></b>	10 $\mu_B$ (highest of all atomic elements)



# The (current) Team

Matthias Wenzel

Thomas Maier



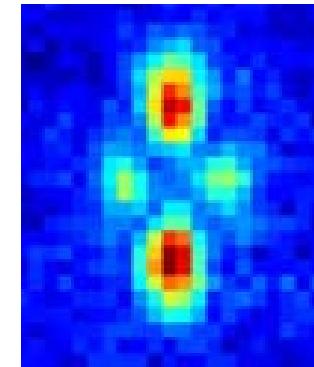
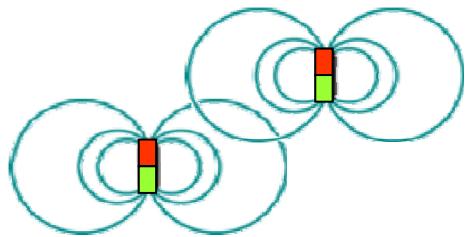
Holger Kadau

Axel Griesmaier

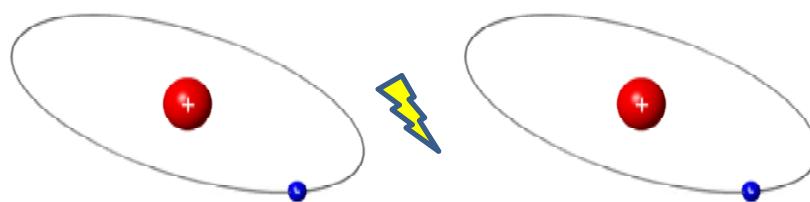
Mathias Schmitt



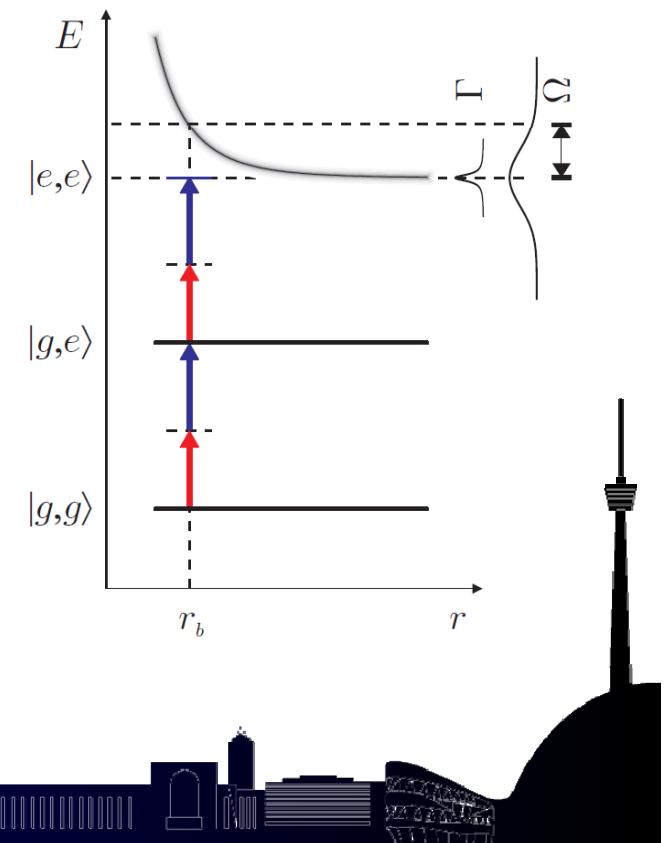
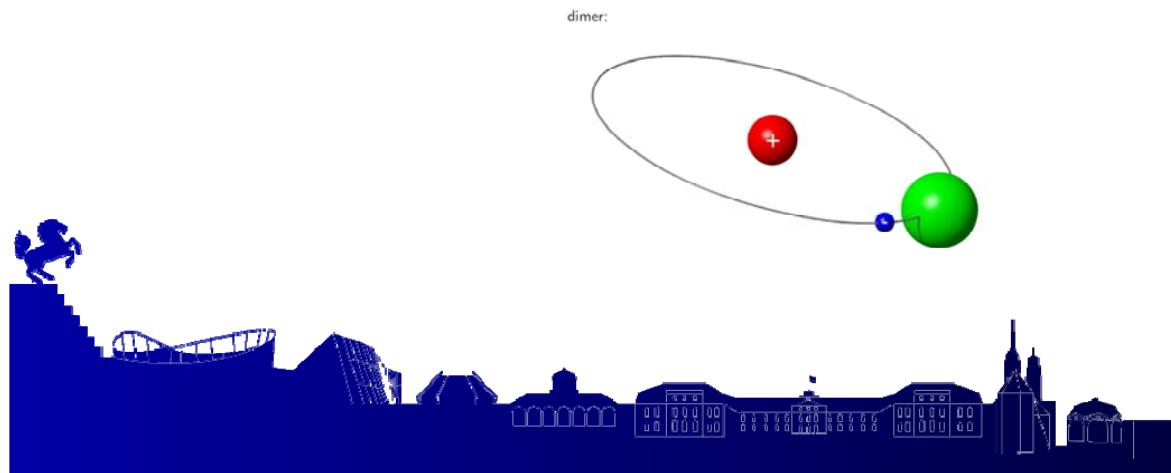
## Lecture I: (magnetic) dipolar gases



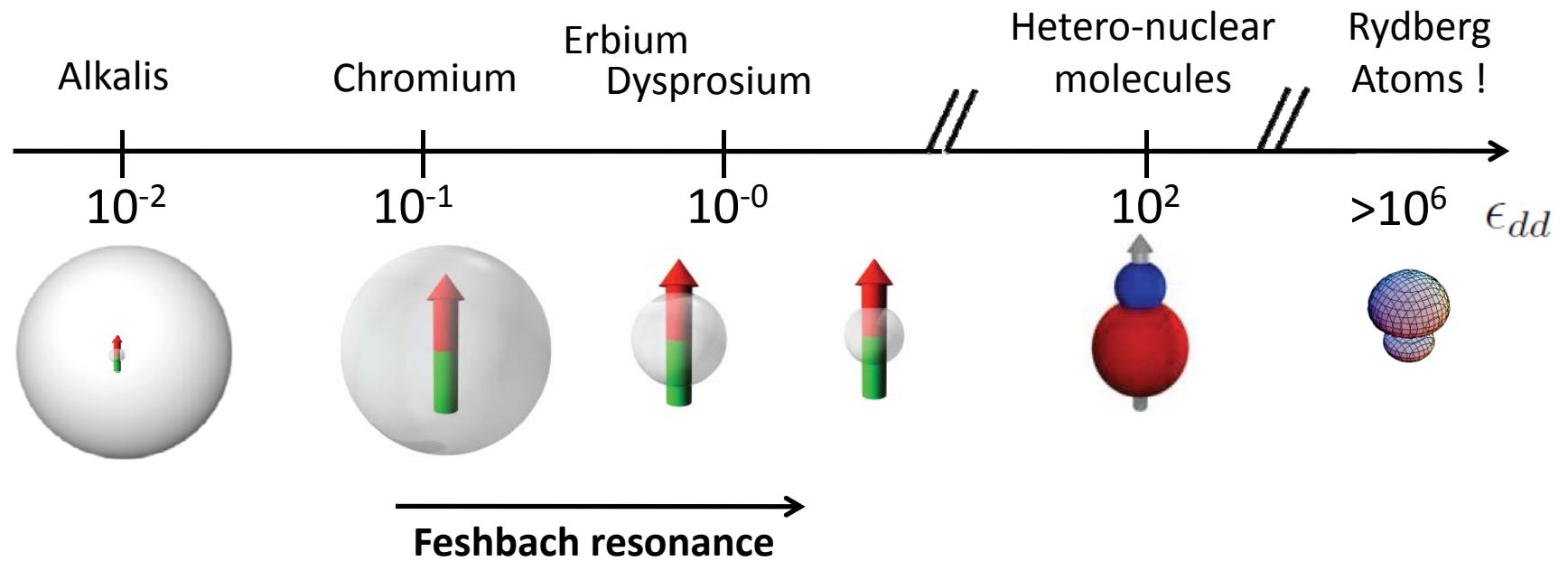
## Lecture II: Rydberg Rydberg interaction



## Lecture III : Rydberg ground state interaction



# dipolar interaction



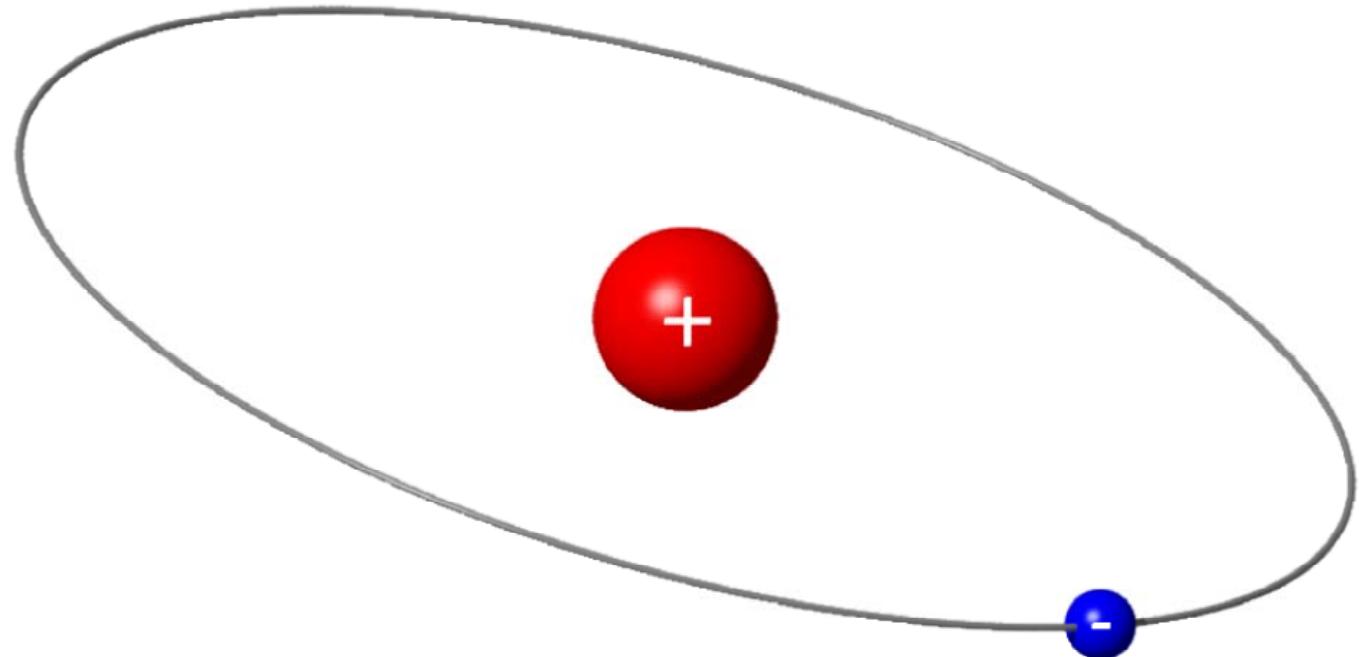
→ *Realization of a purely dipolar condensate*

T. Lahaye *et al.*, Nature **448**, 672 (2007)

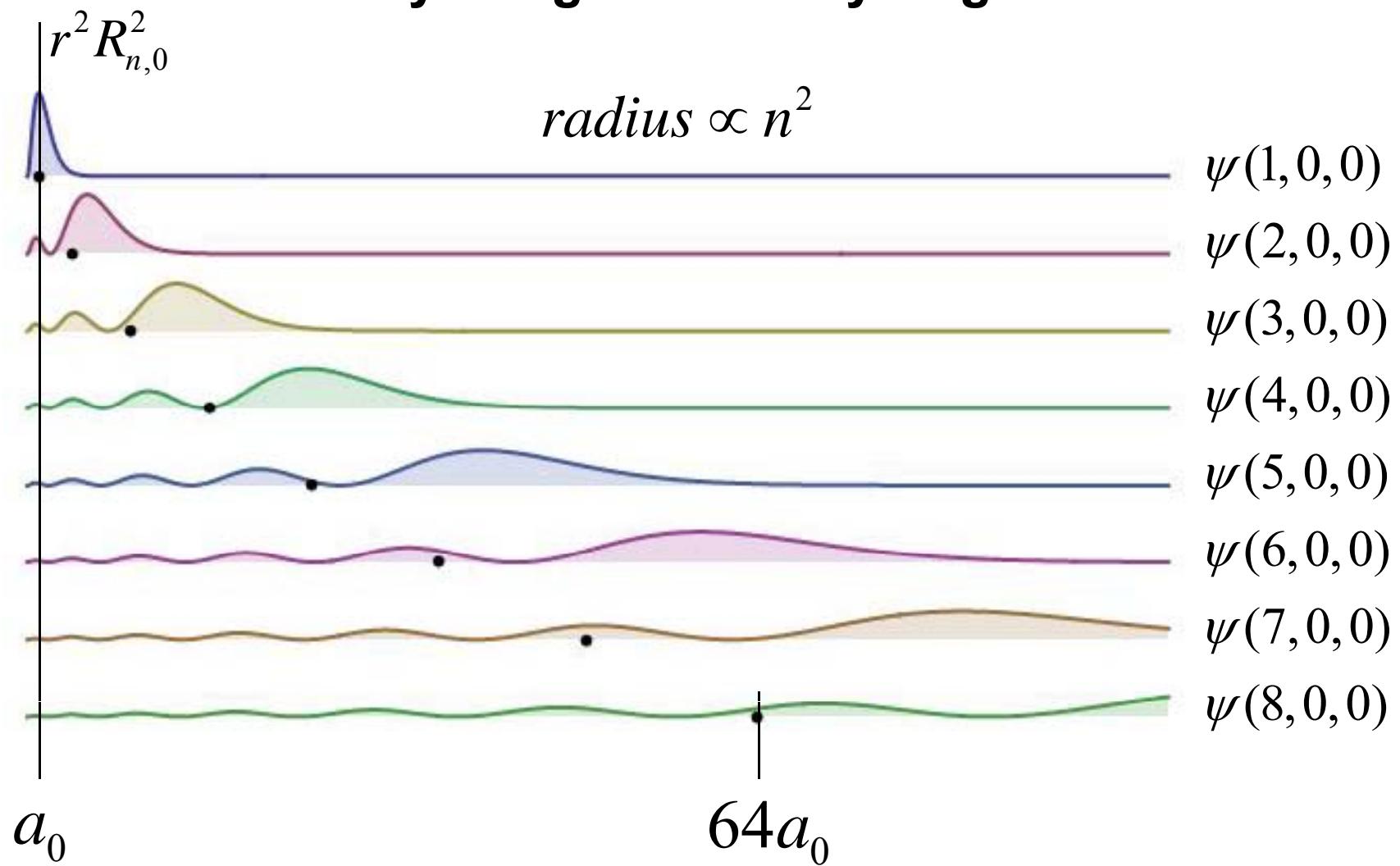
T. Koch, *et al.*, Nature Physics **4**, 218 (2008)



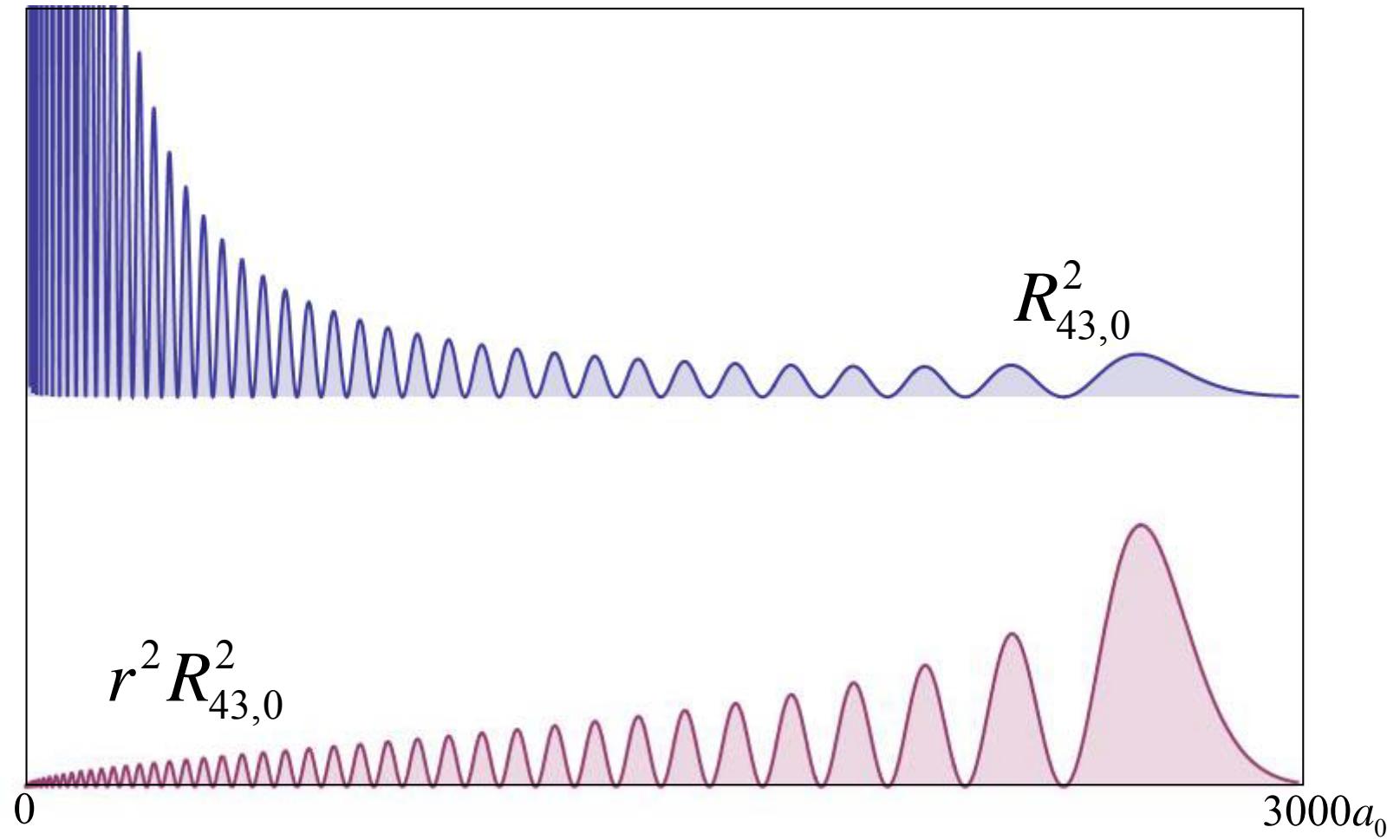
# Rydberg atoms



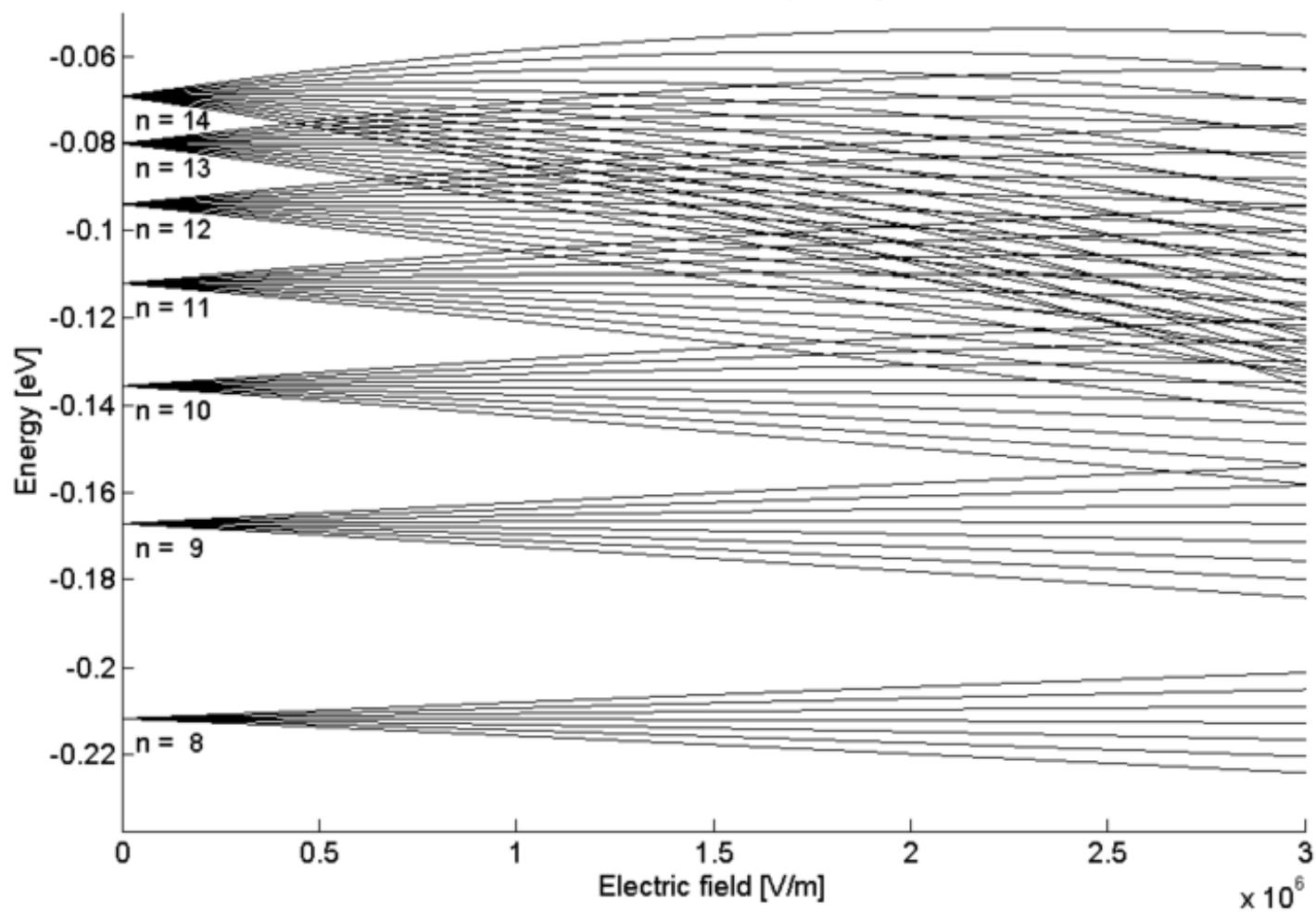
## Rydberg basics - Hydrogen



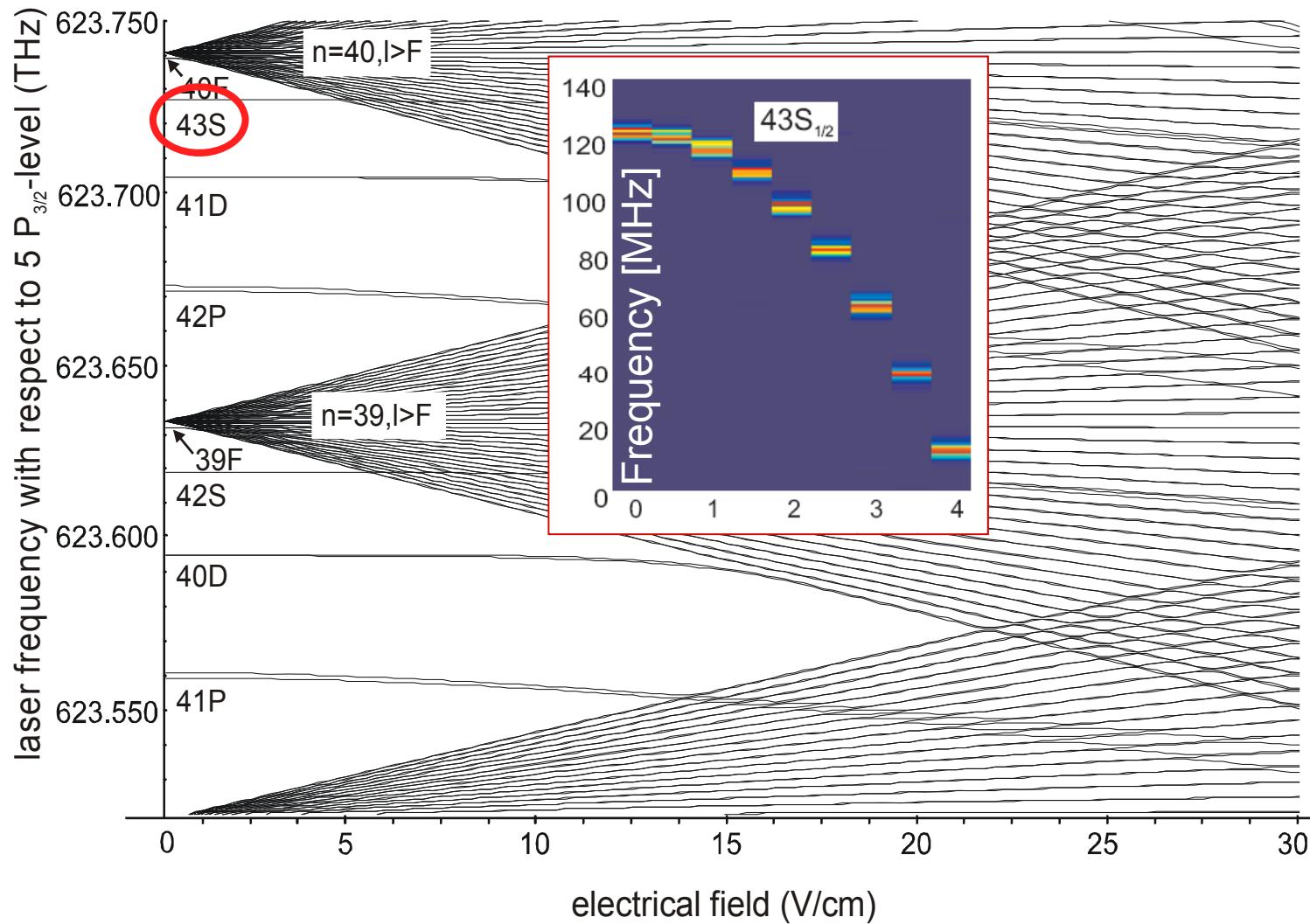
## One typical example: 43S



### Stark effect in hydrogen

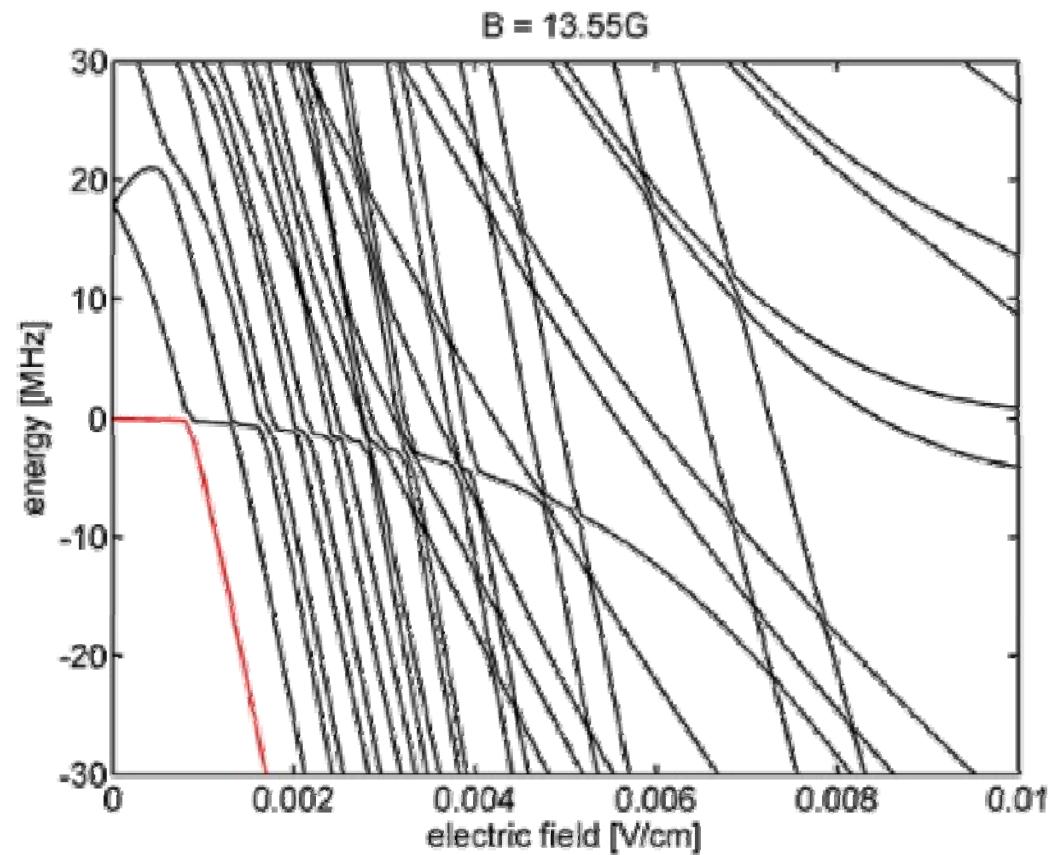
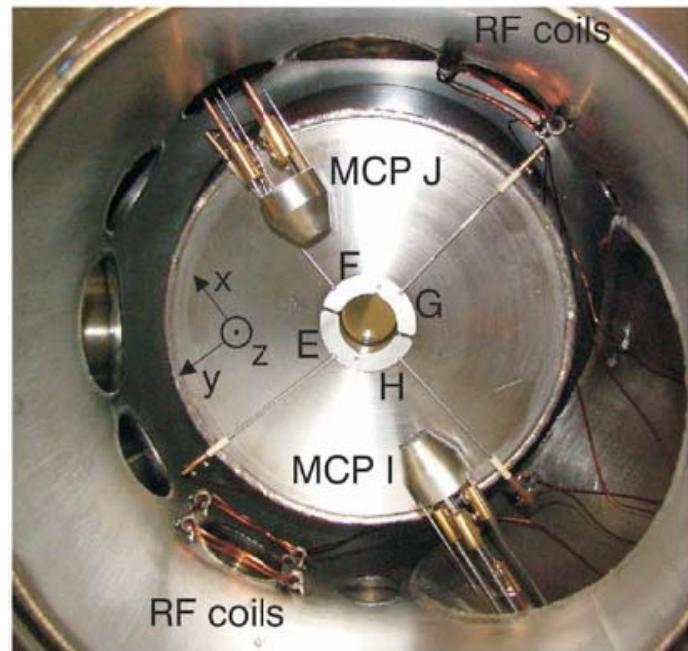


# Reminder: Stark map of Rubidium

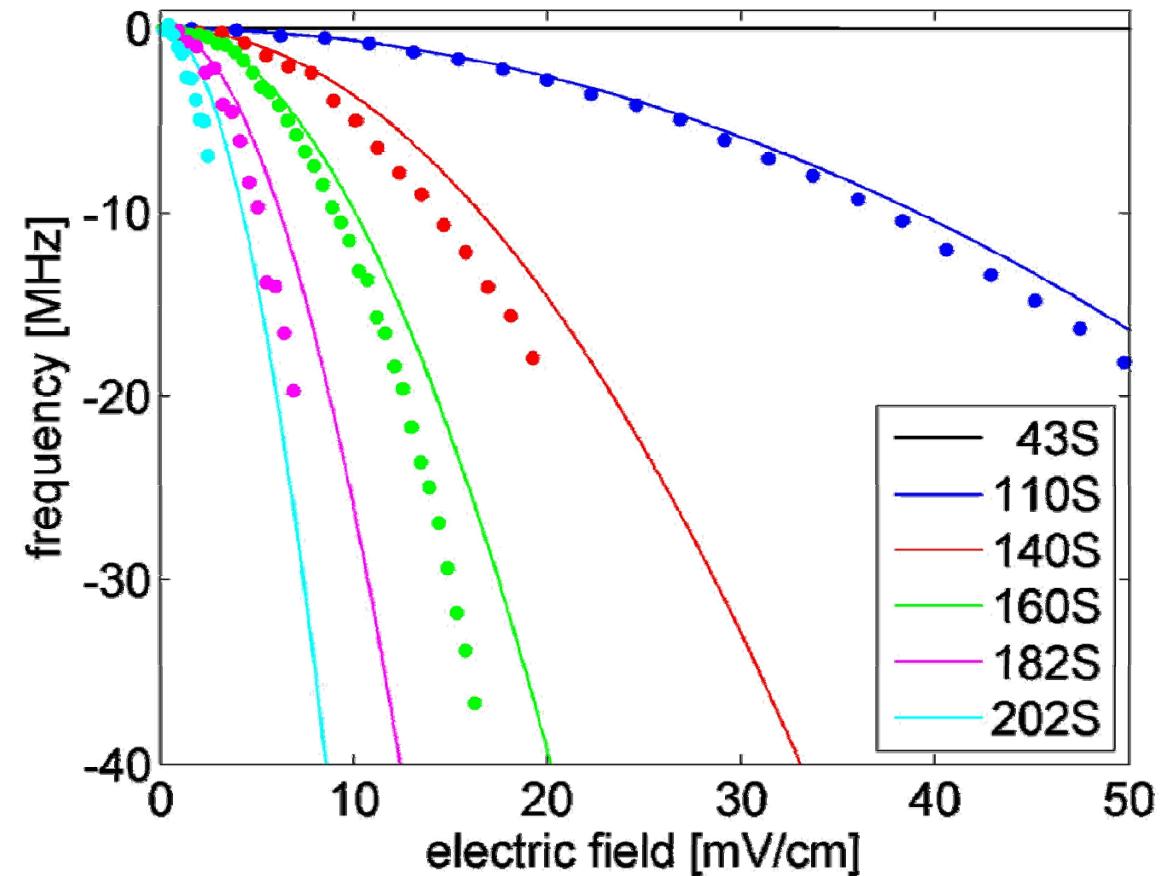
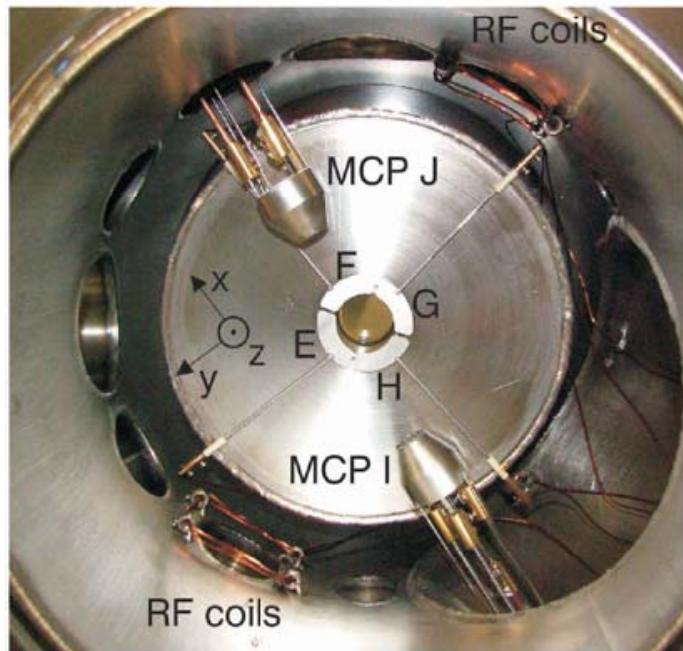


# Electric field control

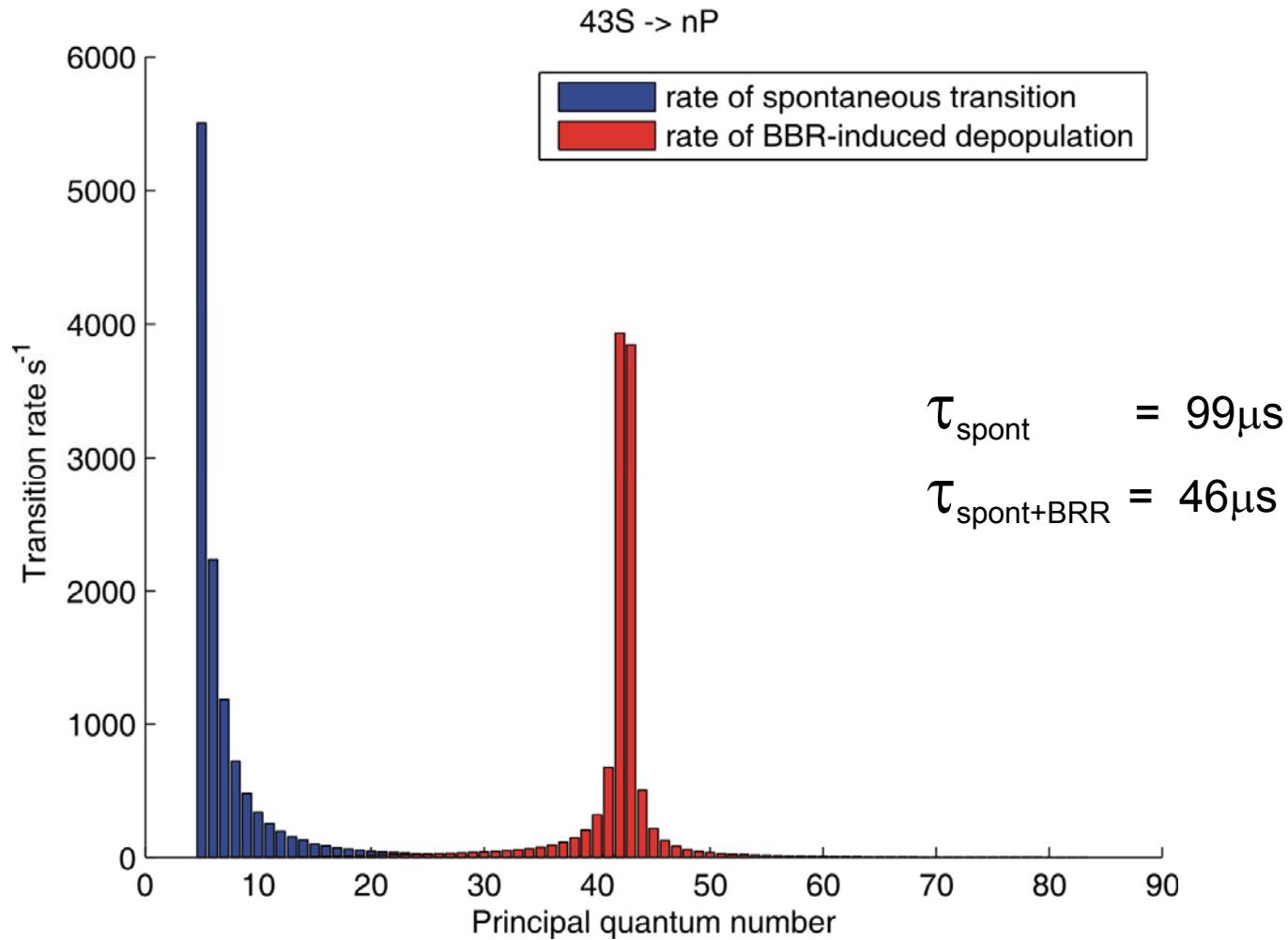
Stark map 182S



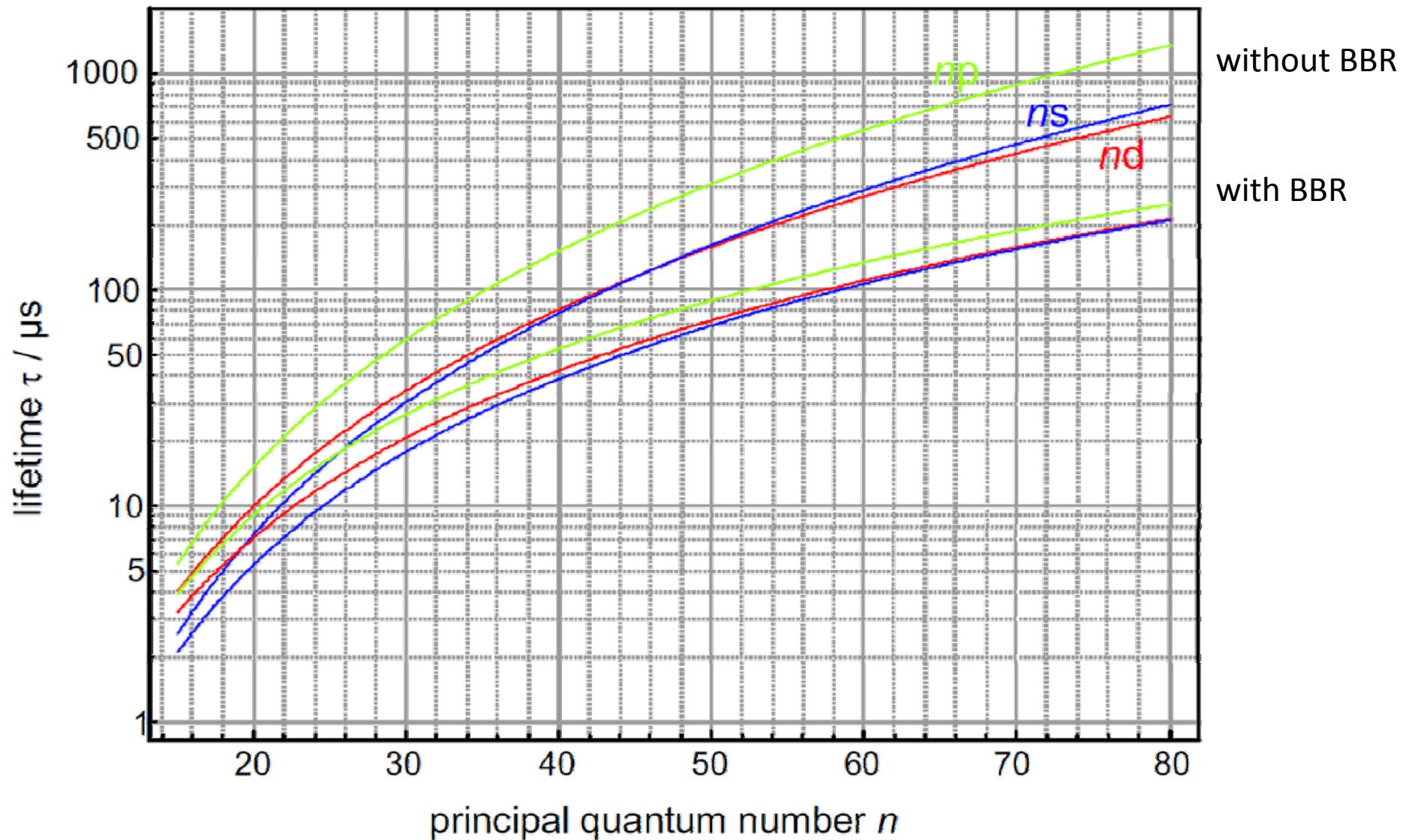
# Electric field control

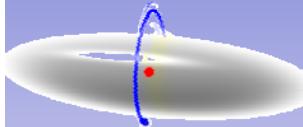


# Lifetime of the 43s state with Blackbody Radiation

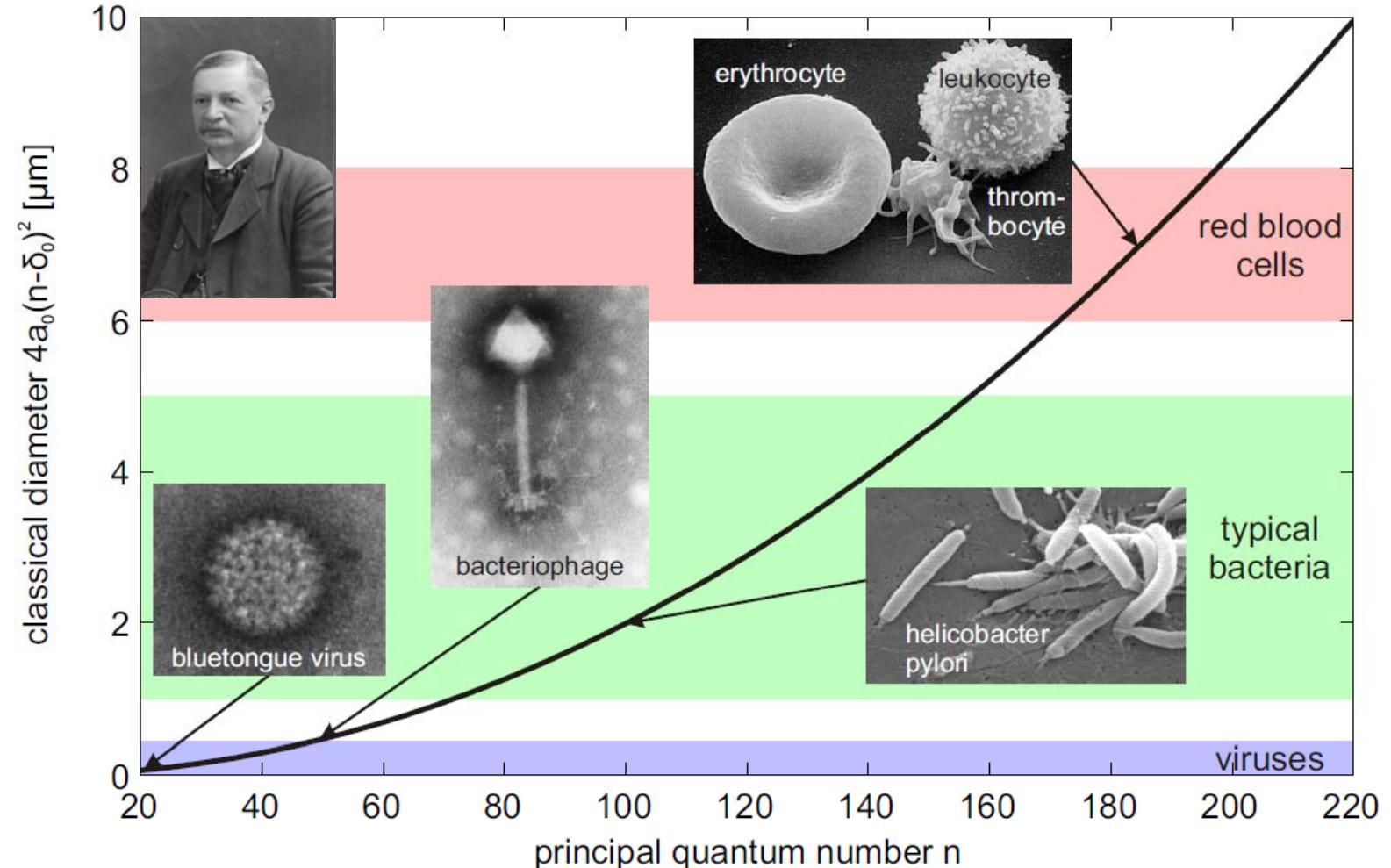


## Rb lifetimes

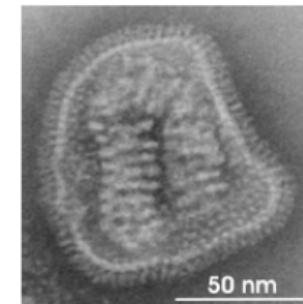
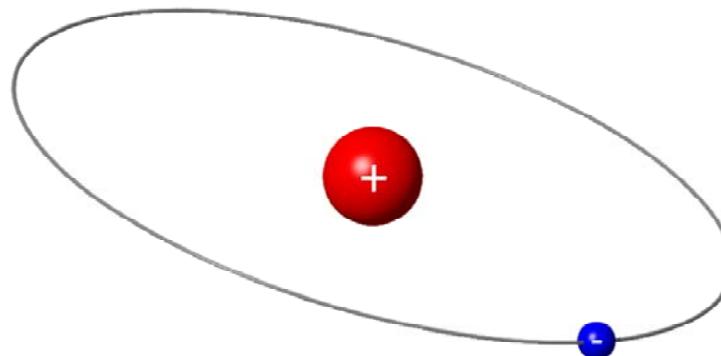




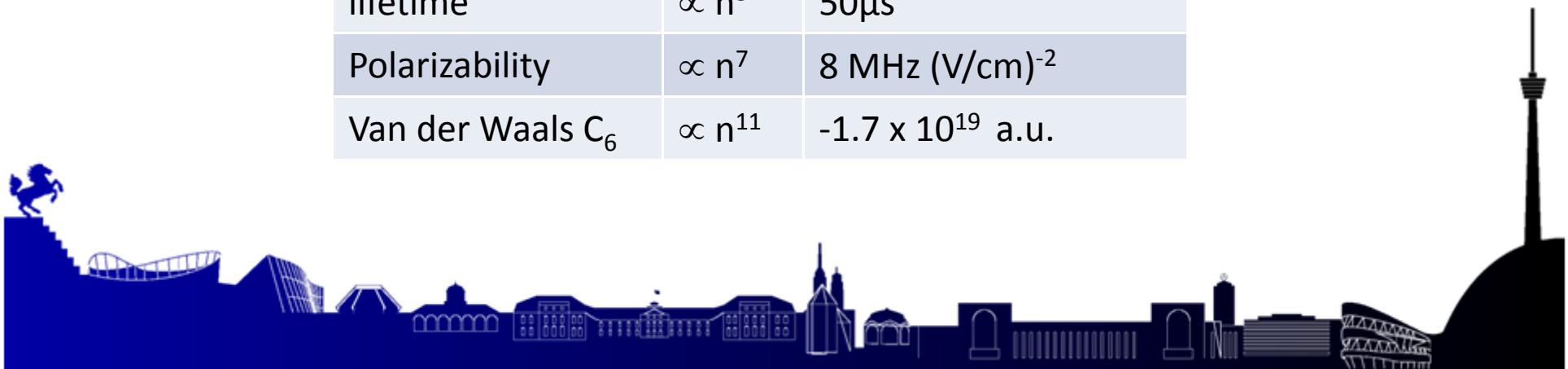
BEC



# Properties of Rydberg Atoms



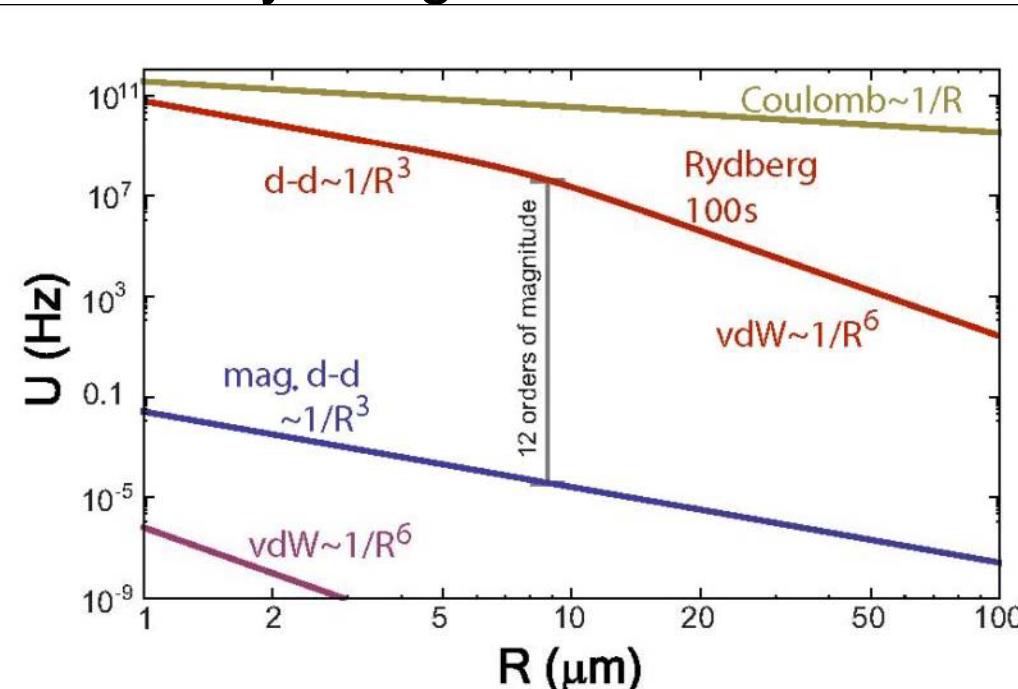
quantity	scaling	43S-state of $^{87}\text{Rb}$
radius	$\propto n^2$	$2384 \text{ } a_0$
lifetime	$\propto n^3$	$50 \mu\text{s}$
Polarizability	$\propto n^7$	$8 \text{ MHz (V/cm)}^{-2}$
Van der Waals $C_6$	$\propto n^{11}$	$-1.7 \times 10^{19} \text{ a.u.}$



# The interactions between Rydberg states are ...

- ... strong
- ... long-range
- ... tunable
- ... switchable
- ... anisotropic

and can be used



M. Saffman et al., Rev. Mod. Phys. 82, 2313 (2010)

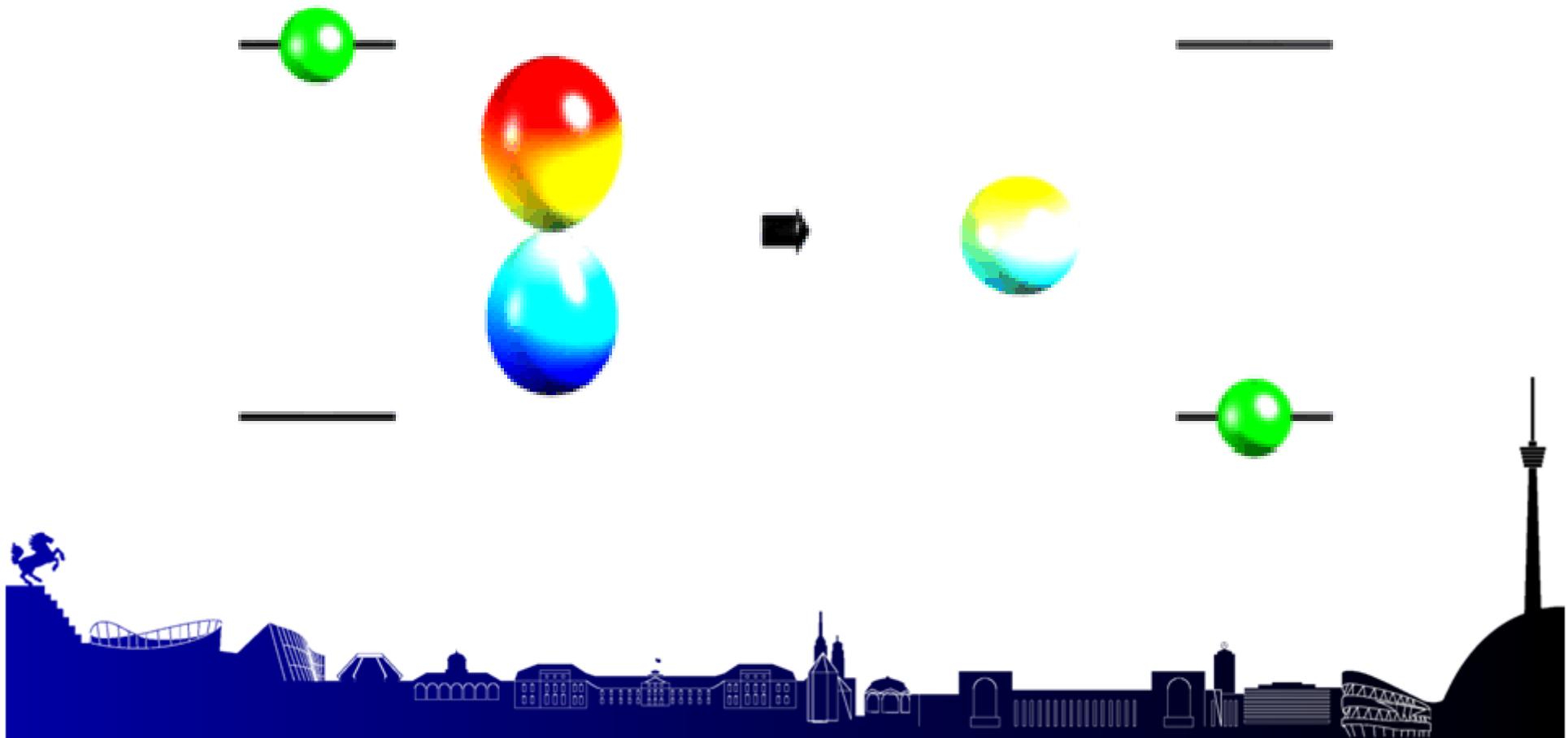
- ... for neutral atom quantum computing and quantum simulation
- ... as long range and anisotropic interaction potentials for quantum degenerate gases
- ... as an optical non-linearity on the single photon level





T. Förster, Z. Naturforsch 4a, 321 (1949)

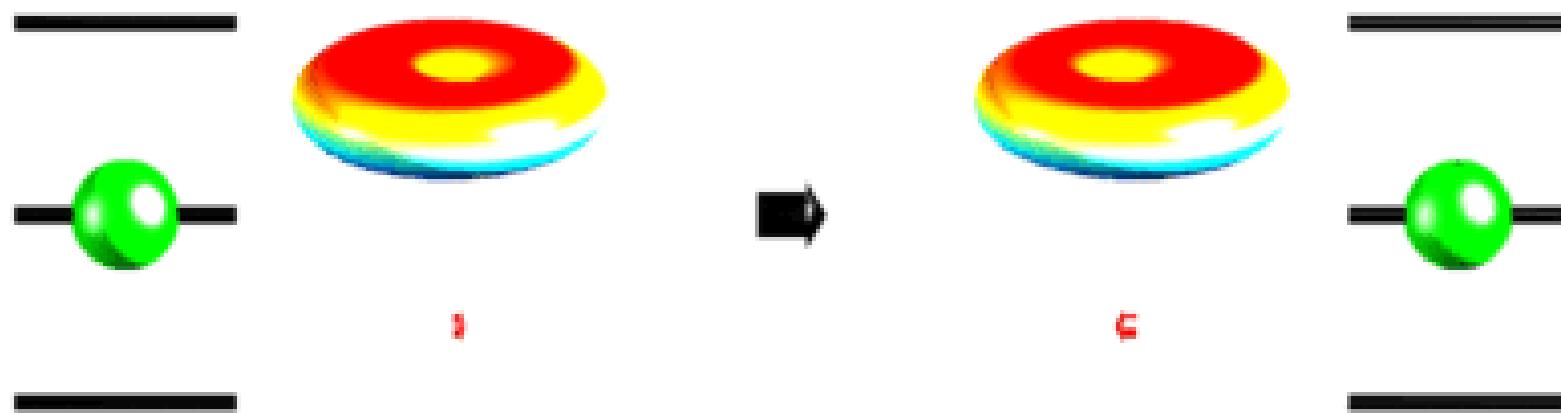
## Förster energy transfer





T. Förster, Z. Naturforsch 4a, 321 (1949)

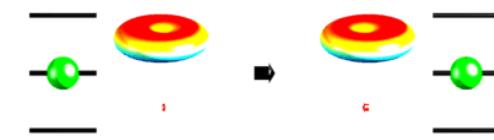
## Förster Resonance



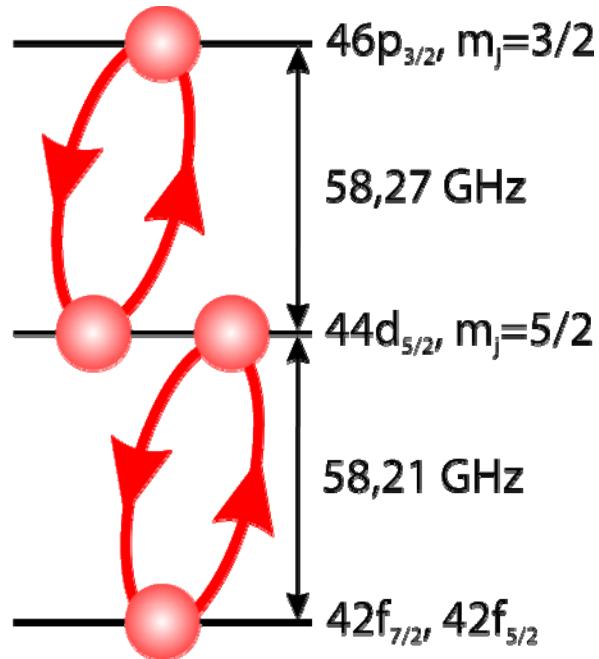


# Dipolar interactions: Förster resonances

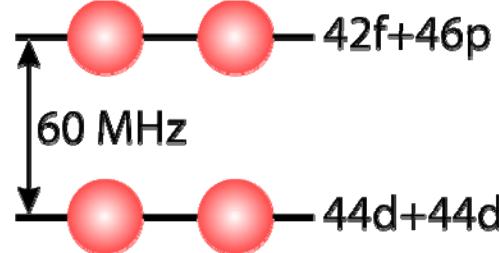
T. Förster, Z. Naturforsch 4a, 321 (1949)



Bare states



Pair states



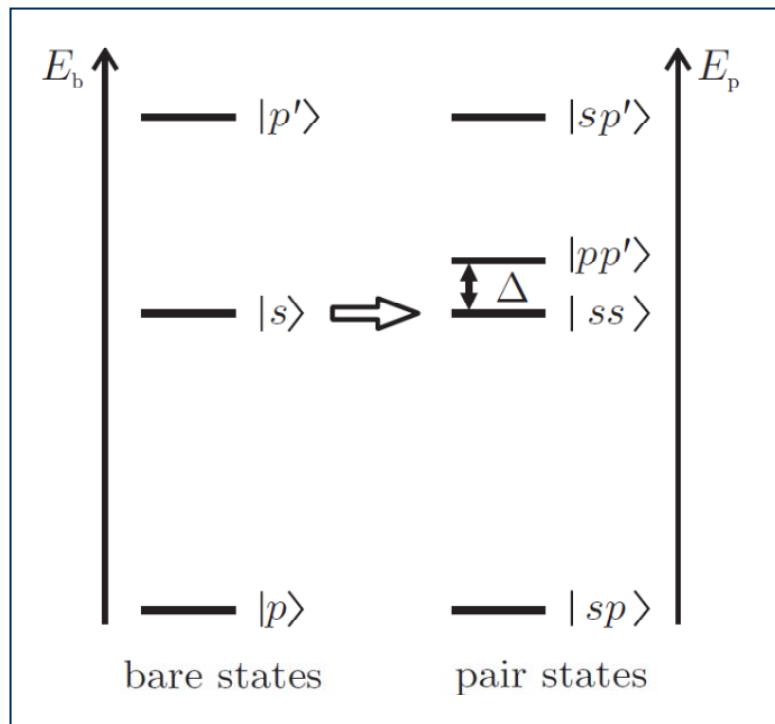
finite Förster defect  $\Delta$ :  
van-der-Waals interaction ( $\sim 1/R^6$ )

no Förster defect  $\Delta = 0$ :  
resonant dipole-dipole interaction ( $\sim 1/R^3$ )



# Interaction between Rydberg atoms

Förster resonance: tune  $\Delta$  to zero



$$\mathcal{H}_{dd} = \begin{pmatrix} 0 & \frac{d_1 d_2}{R^3} \\ \frac{d_1 d_2}{R^3} & \Delta \end{pmatrix}$$

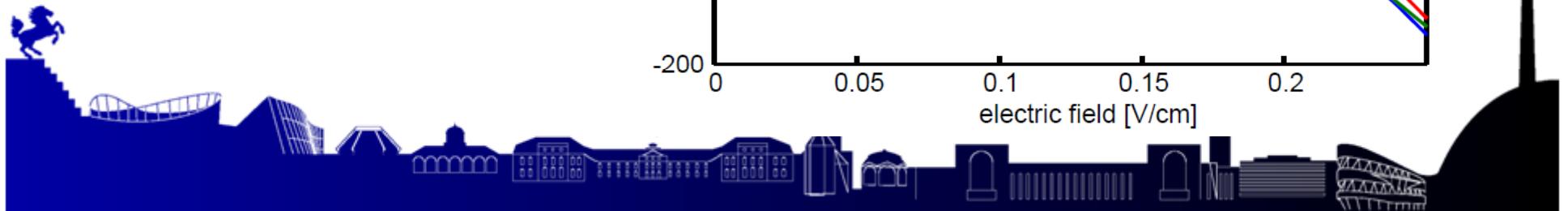
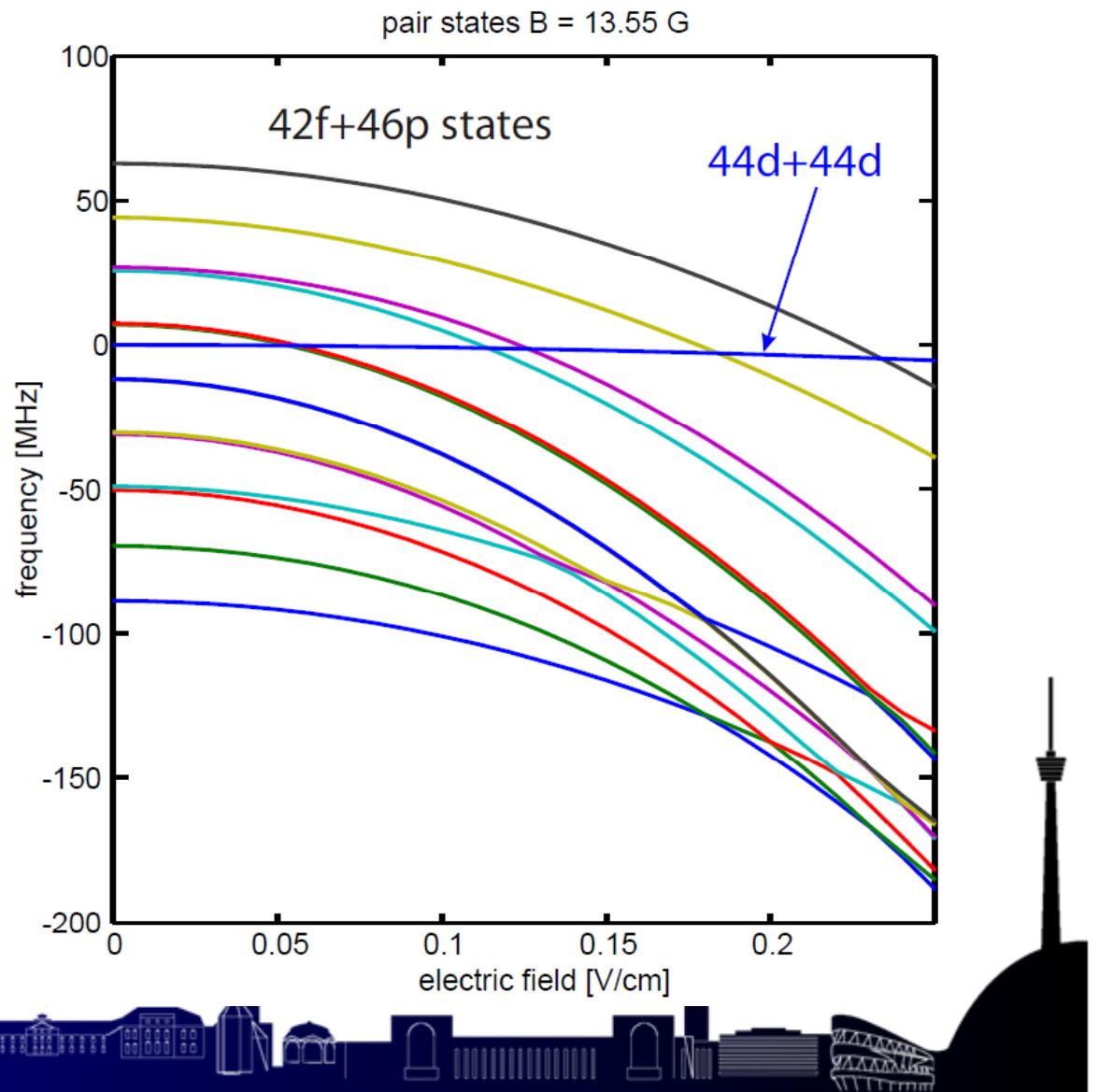
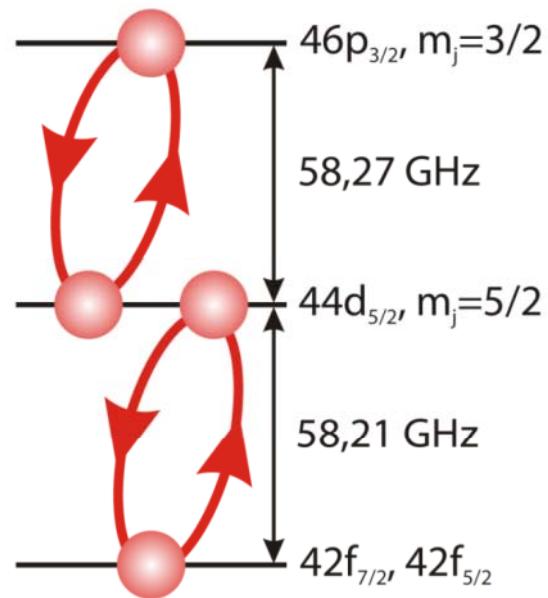
$$E_{\pm} = \frac{\Delta}{2} \pm \sqrt{\left(\frac{\Delta}{2}\right)^2 + \left(\frac{d_1 d_2}{R^3}\right)^2}$$

$$\Delta \gg d_1 d_2 / R^3$$
$$E_{\text{vdW}} = E_- = -\frac{1}{\Delta} \frac{(d_1 d_2)^2}{R^6} \equiv \frac{C_6}{R^6}$$

sign depends on  $\Delta$ !

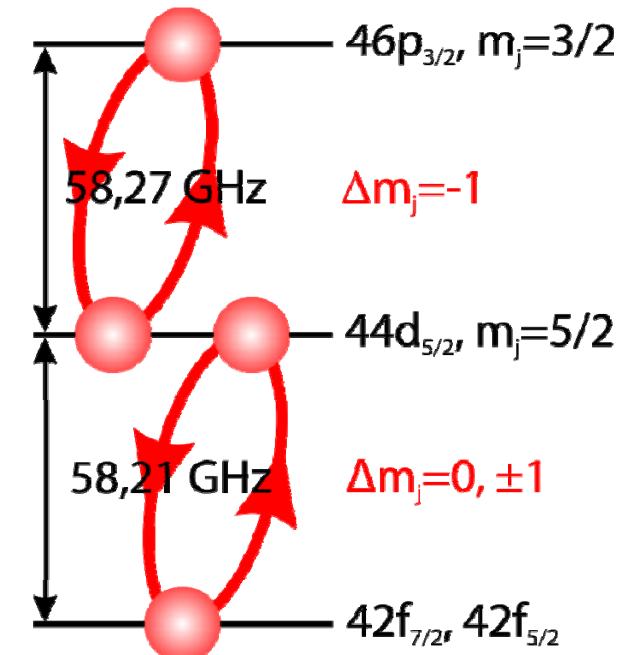
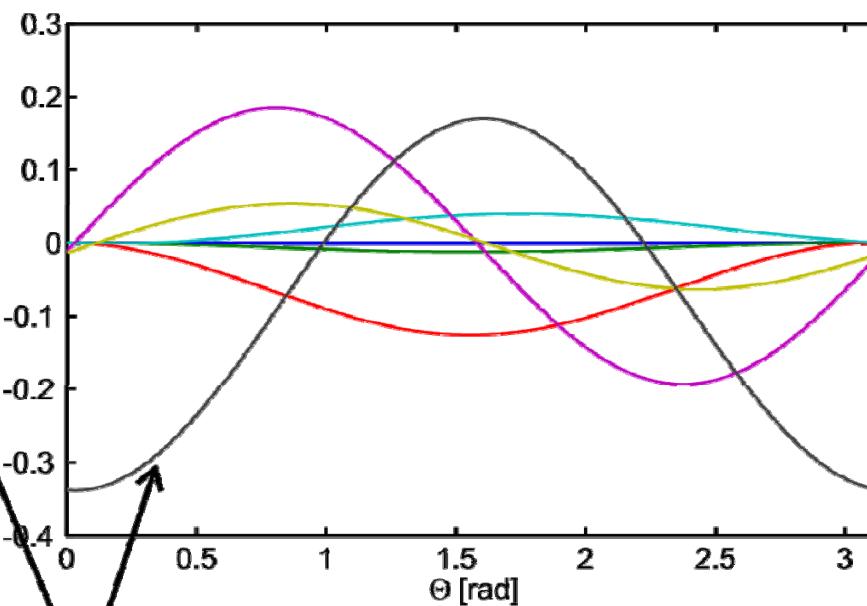
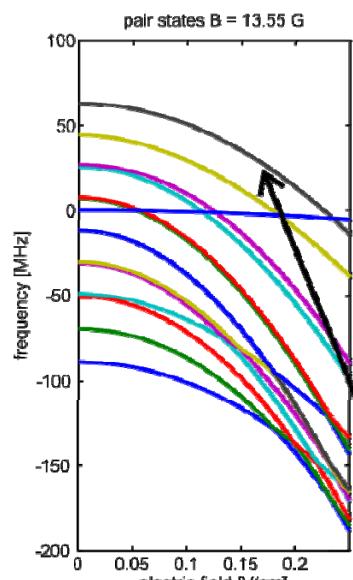


# Stark tuned Förster resonances

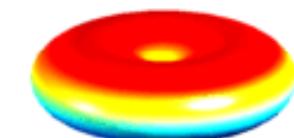
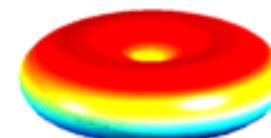




# Förster resonances



$|46p_{3/2}, m_j=3/2; 42f_{7/2}, m_j=7/2\rangle$   
 $\leftrightarrow |44d_{5/2}, m_j=5/2; 44d_{5/2}, m_j=5/2\rangle$



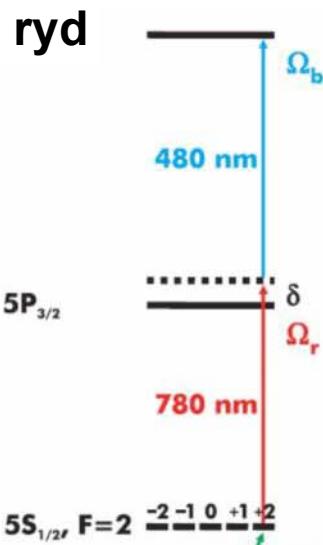


# Förster resonances

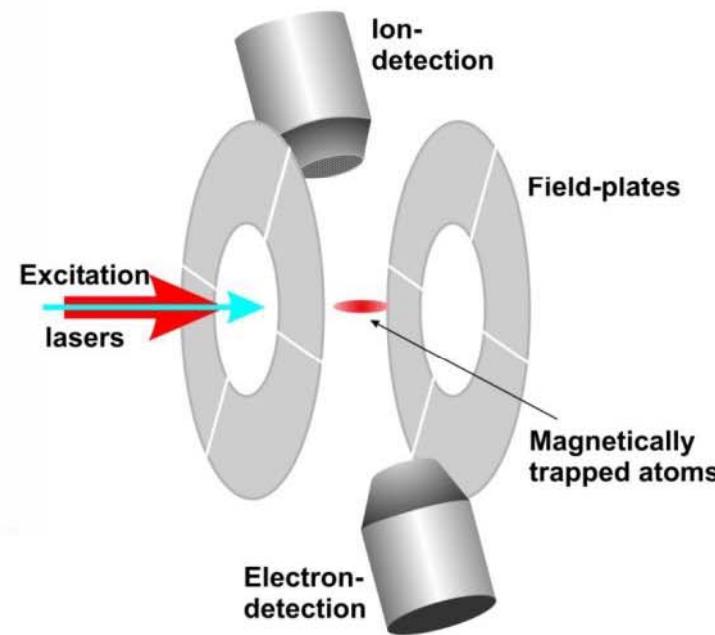
Is this all coherent  
in a dense gas??



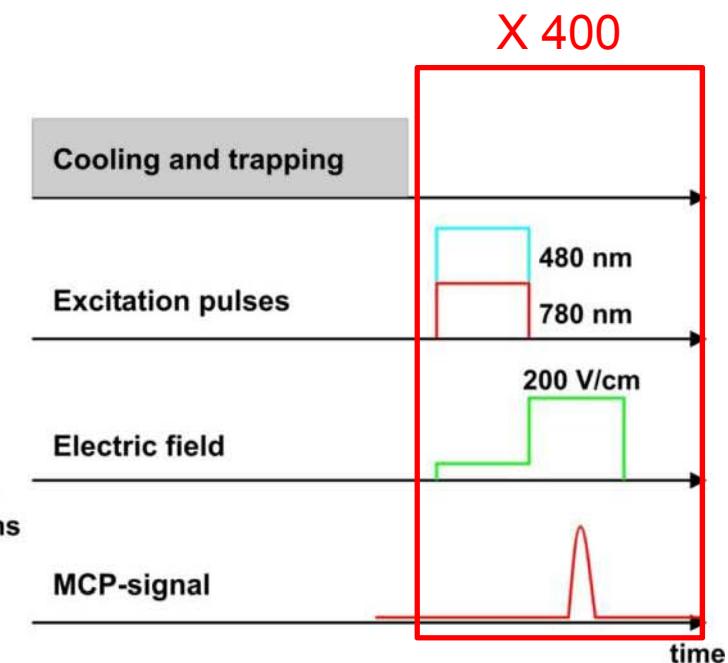
# Some experimental details



Excitation scheme



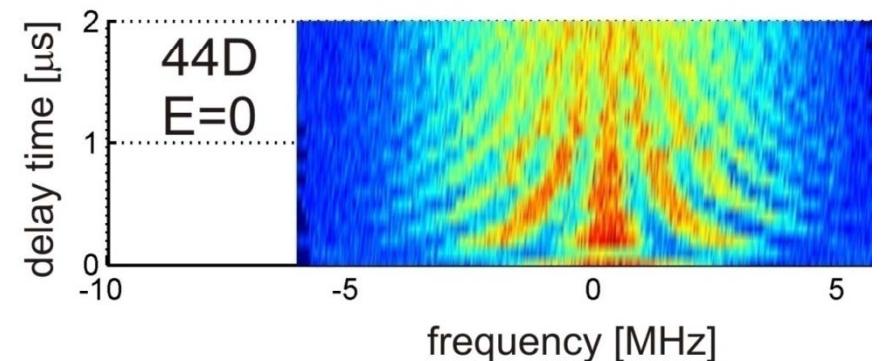
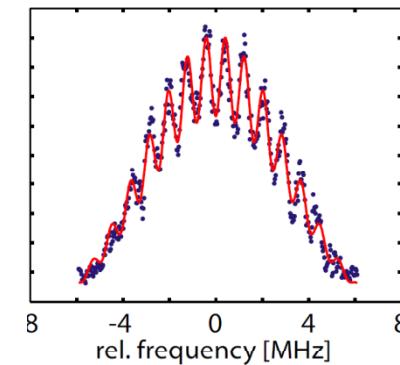
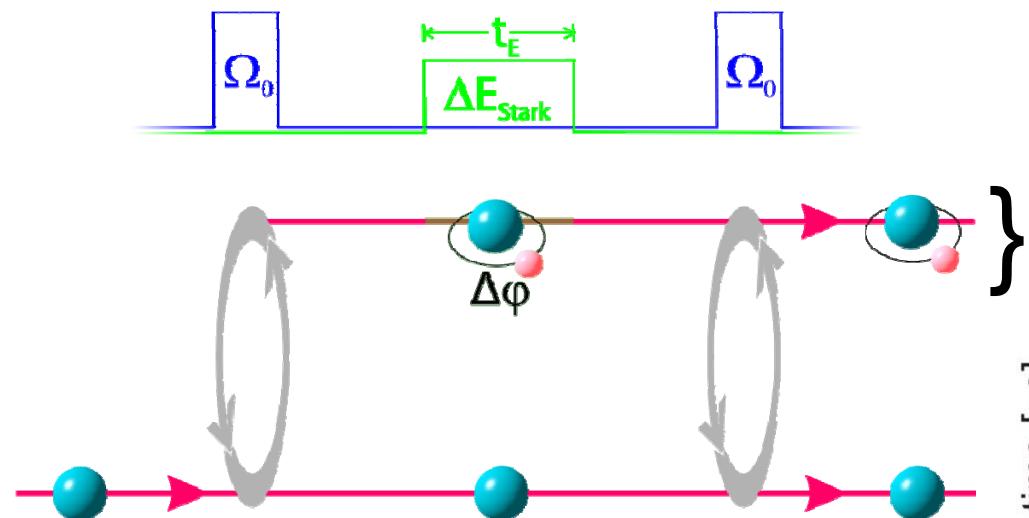
Experimental setup



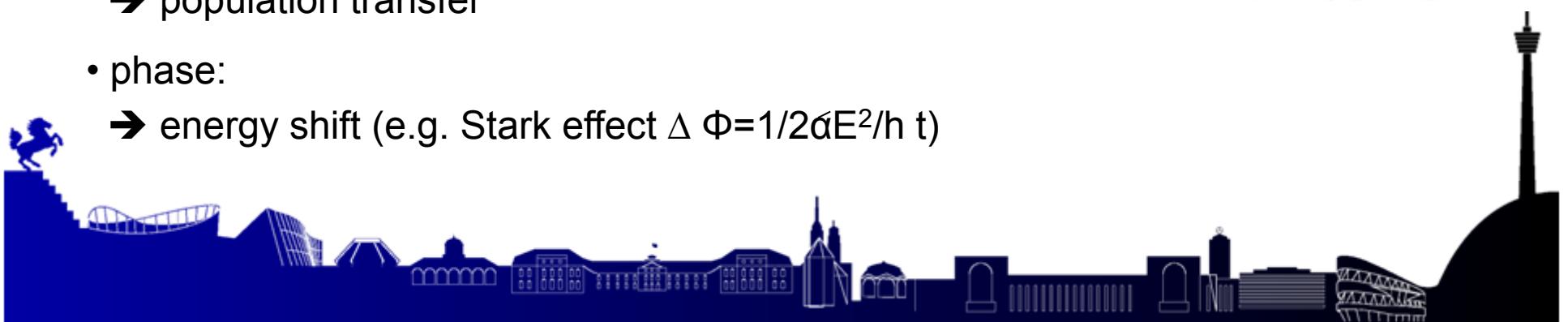
Experimental sequence



# Ramsey interferometer

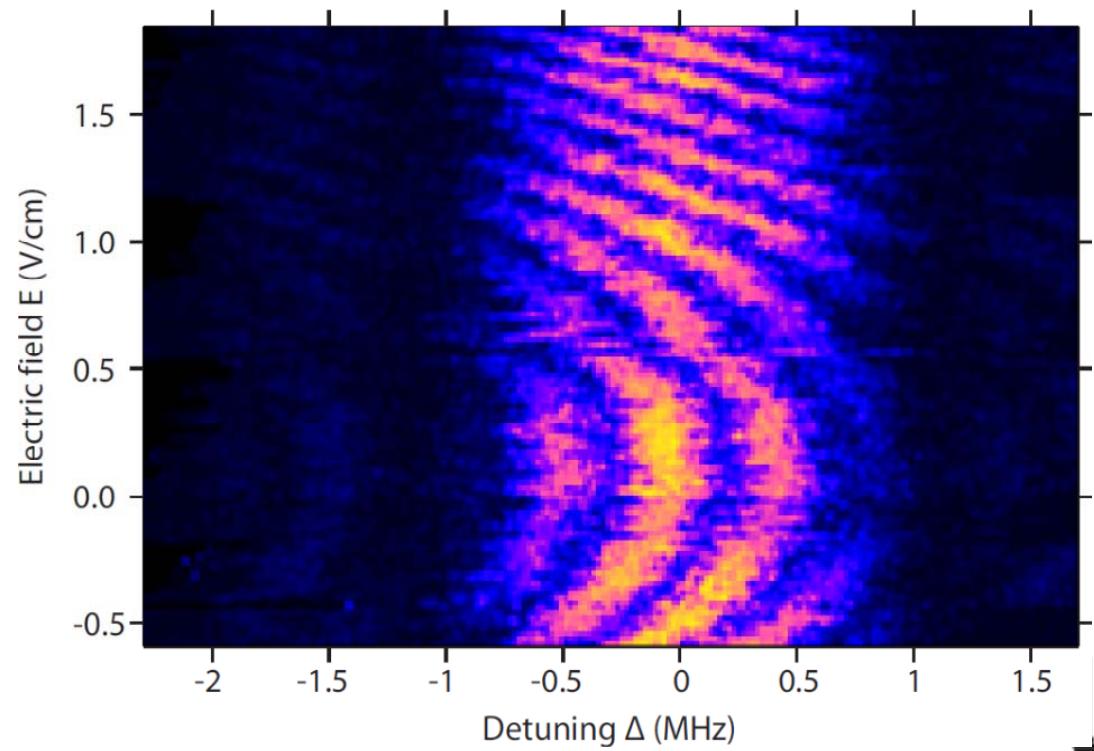
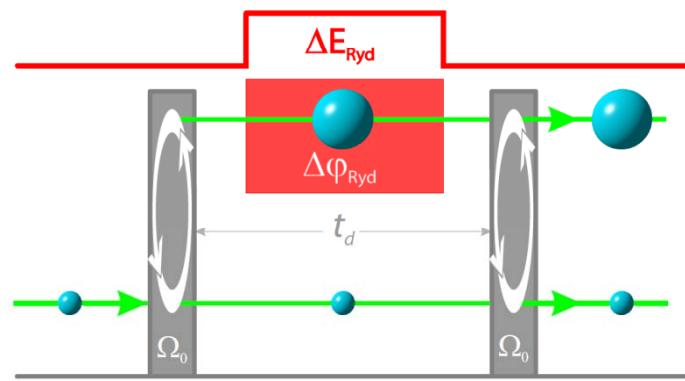


- visibility:
  - decoherence
  - population transfer
- phase:
  - energy shift (e.g. Stark effect  $\Delta \phi = 1/2\alpha E^2/h t$ )



# Rydberg atom interferometry

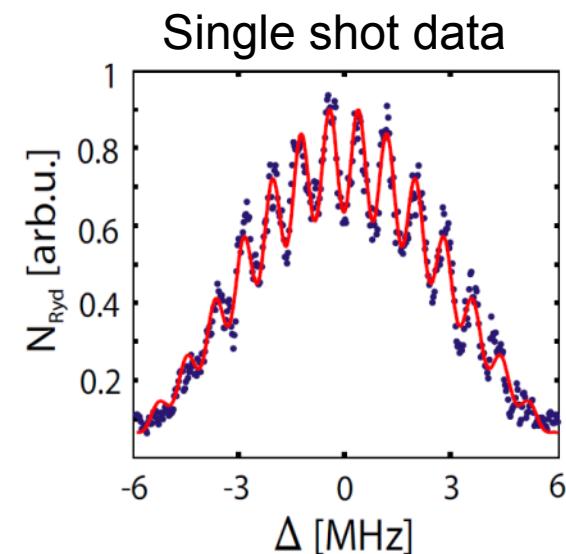
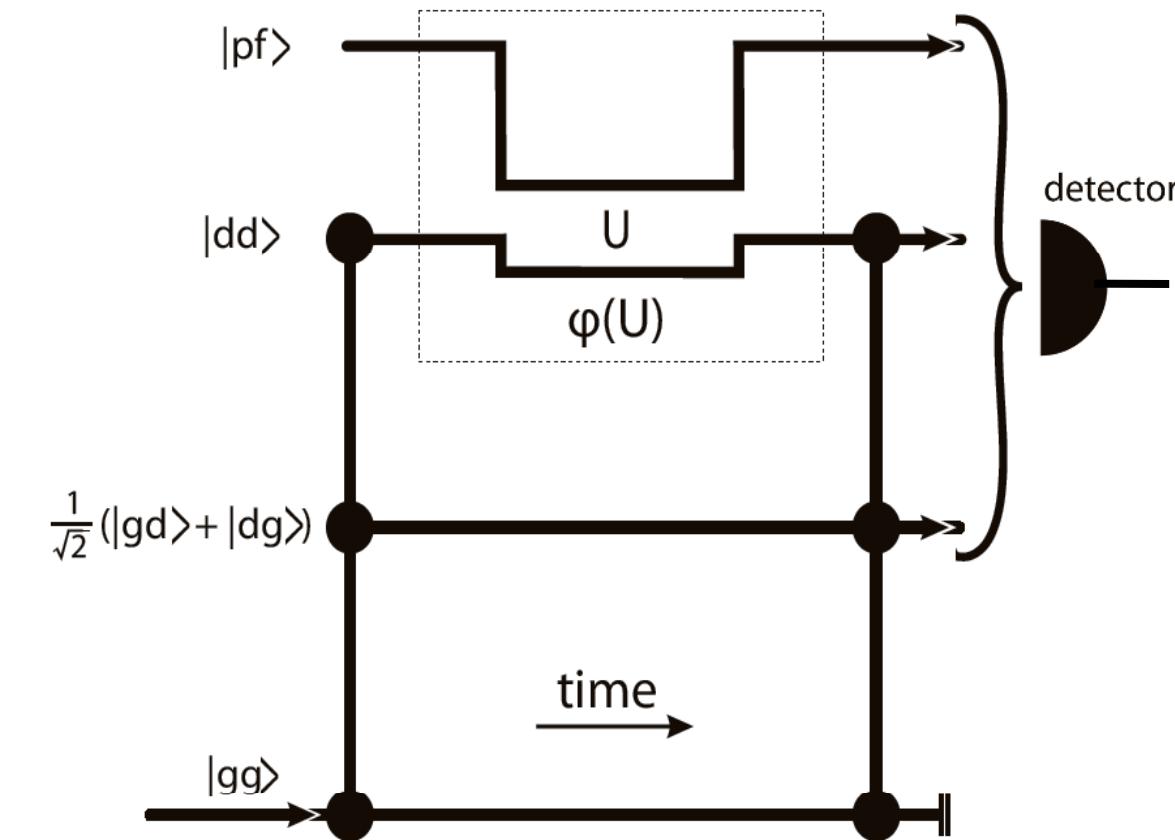
$$\Delta\varphi_{Ryd} = \frac{1}{\hbar} \int \alpha \underline{E}^2(t) dt$$



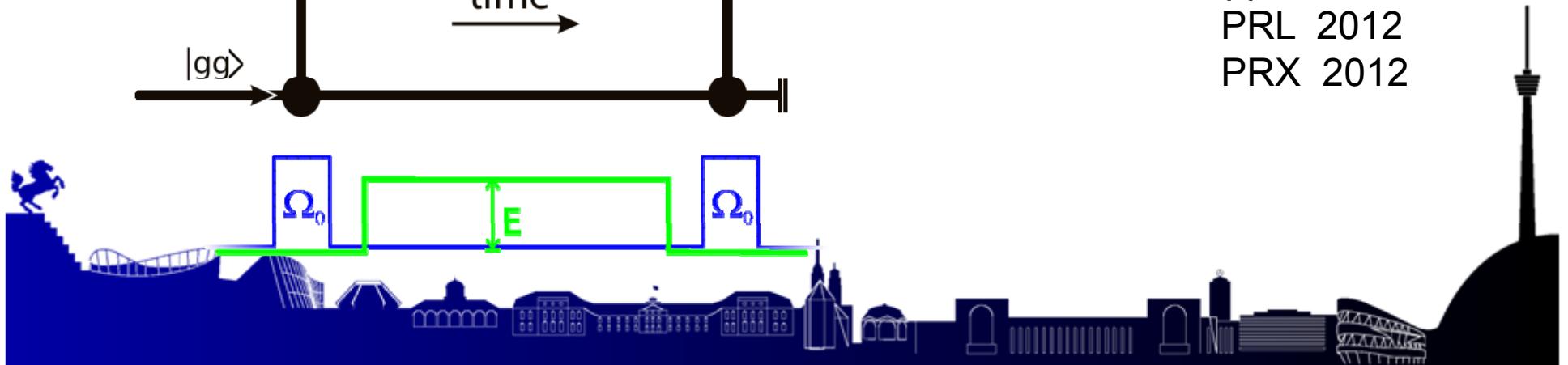
43S high density



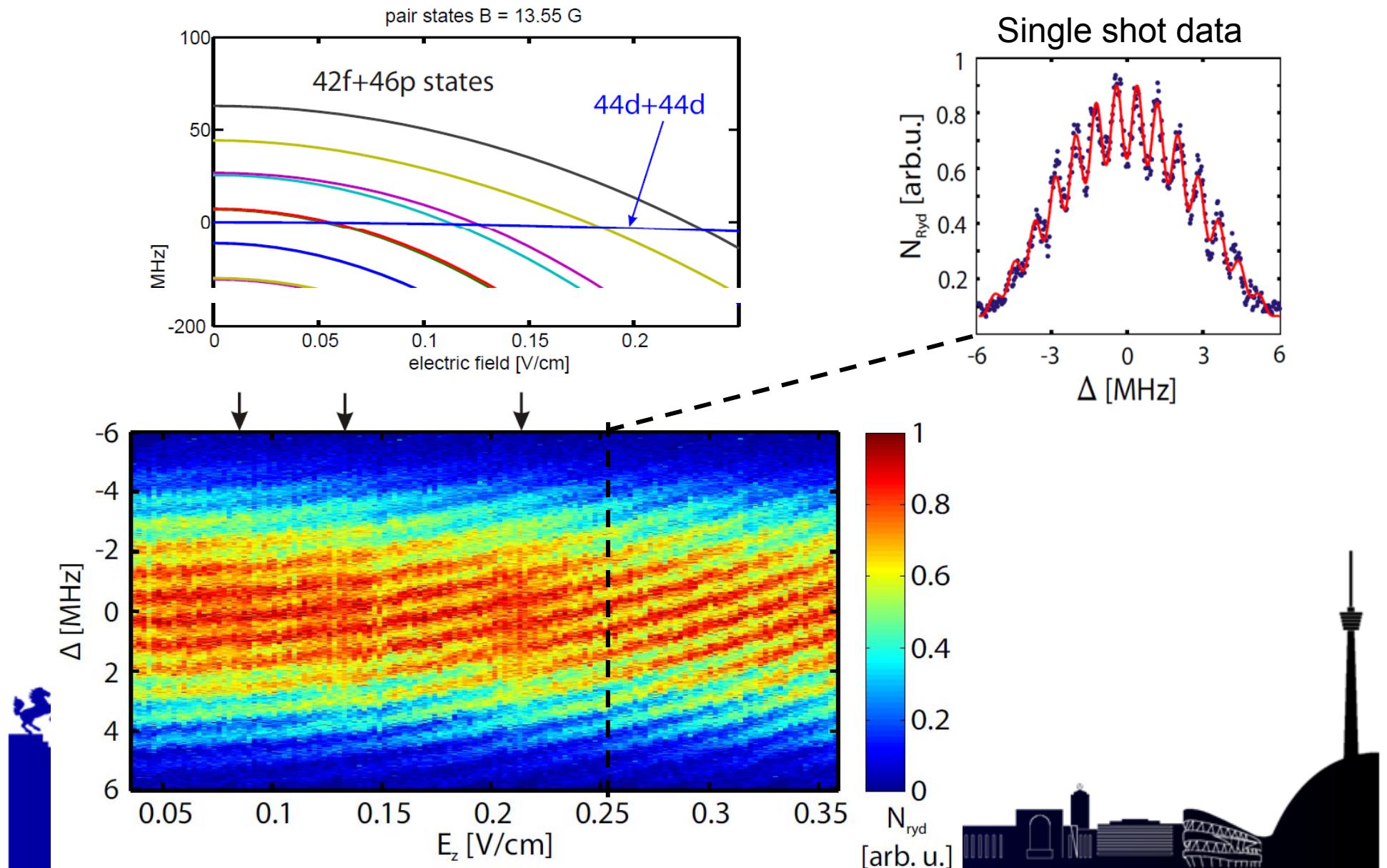
# A pair state interferometer



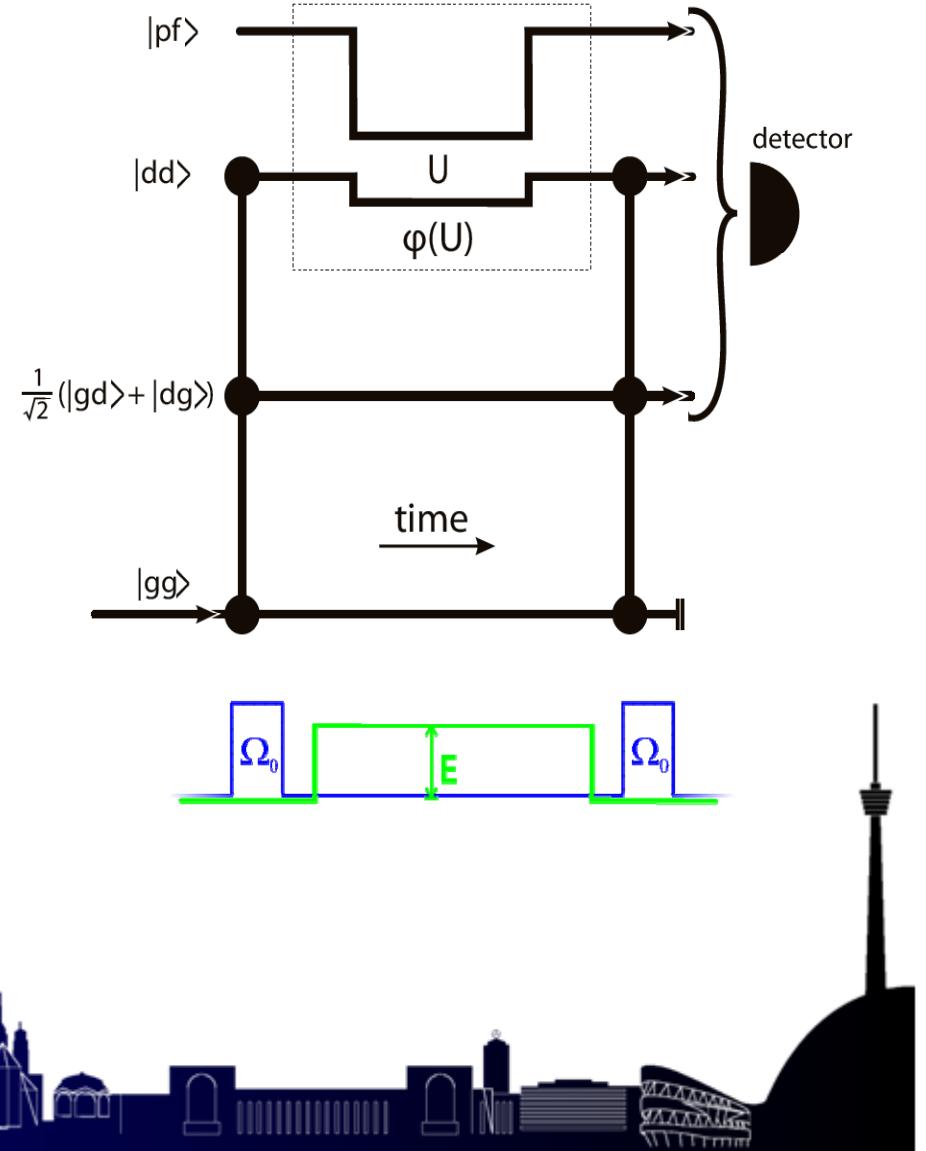
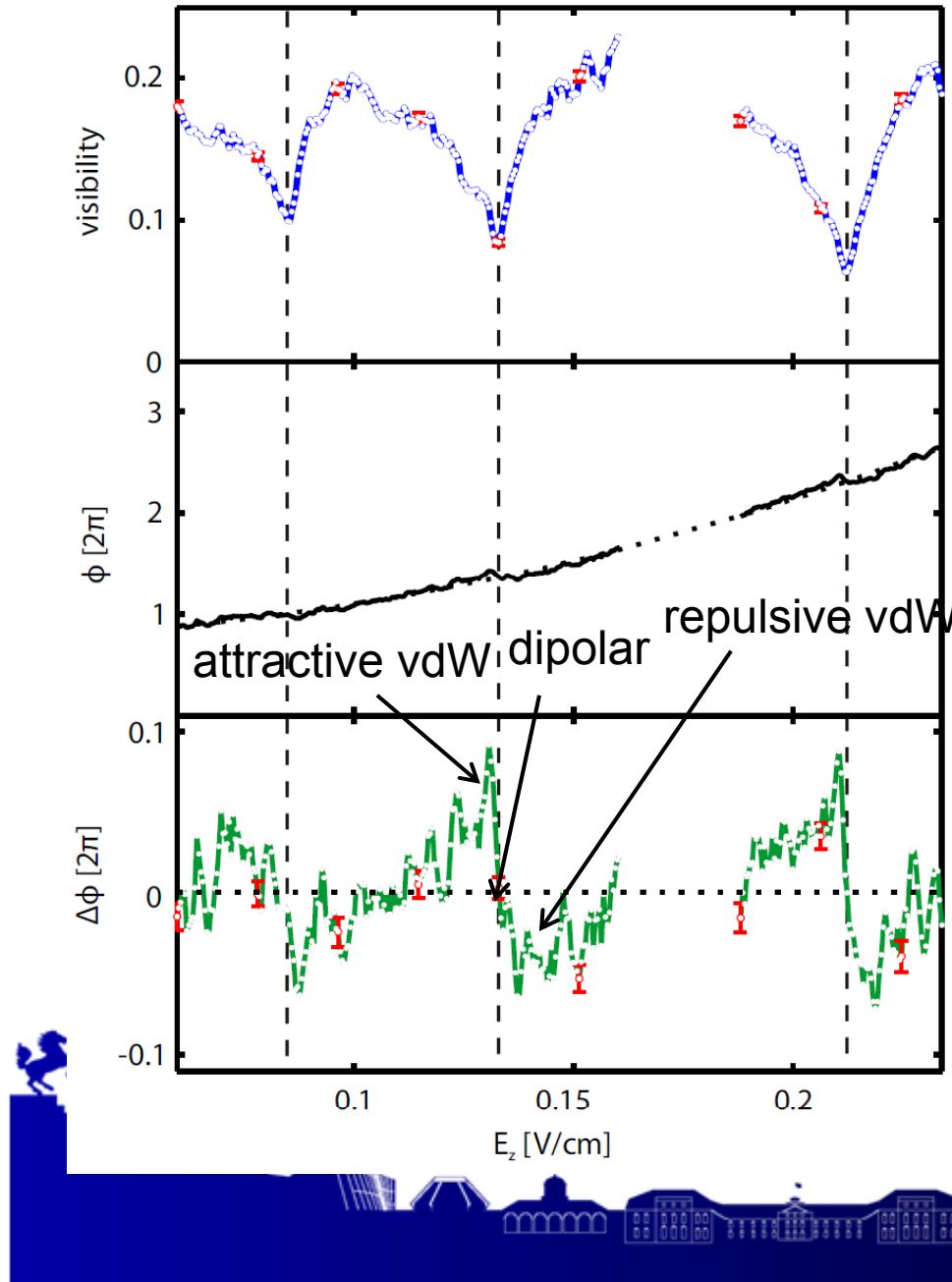
→ see Nipper et al.  
PRL 2012  
PRX 2012



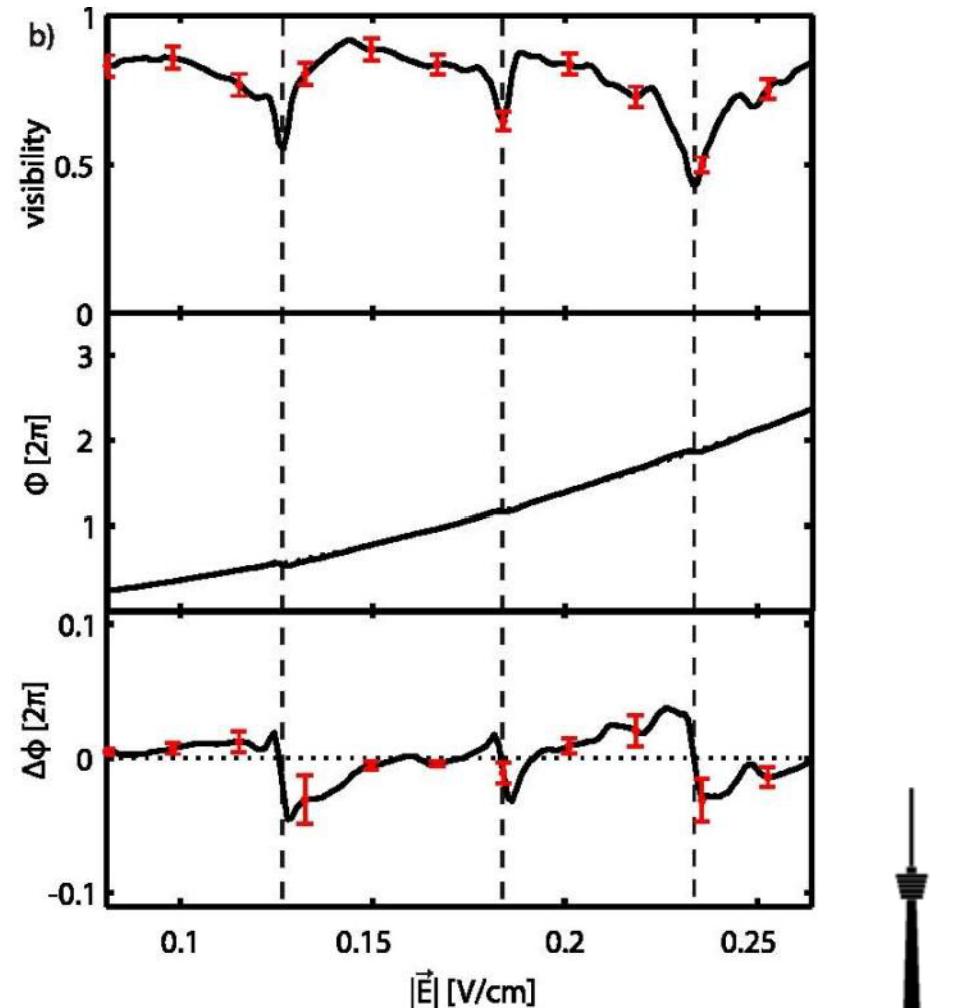
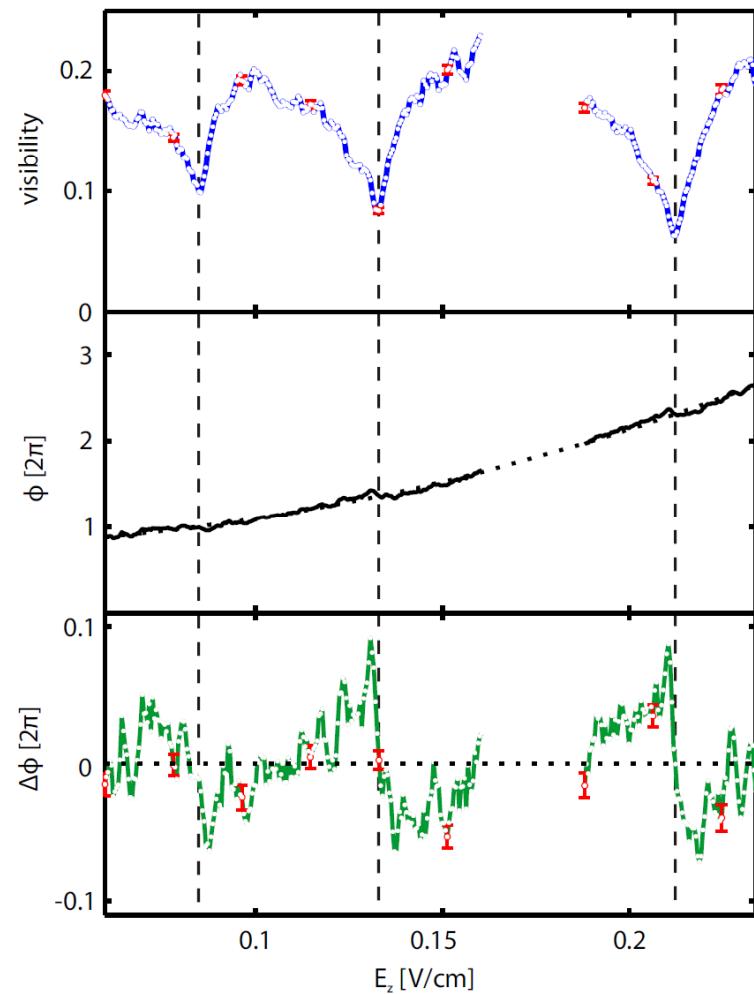
# A pair state interferometer



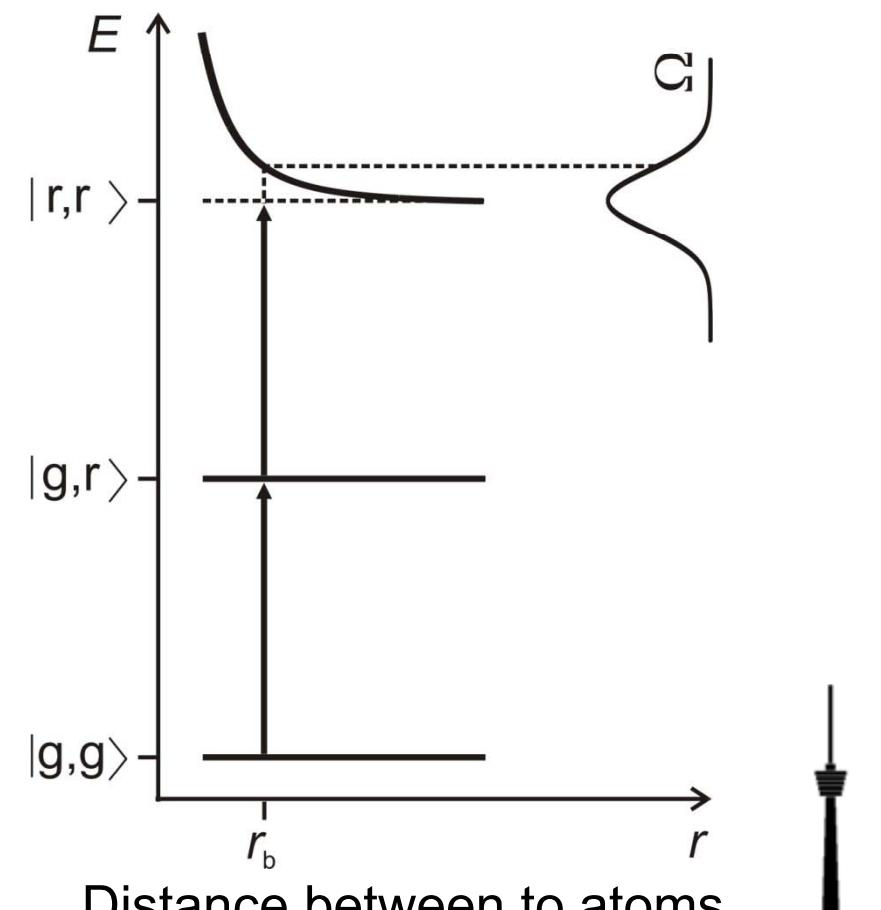
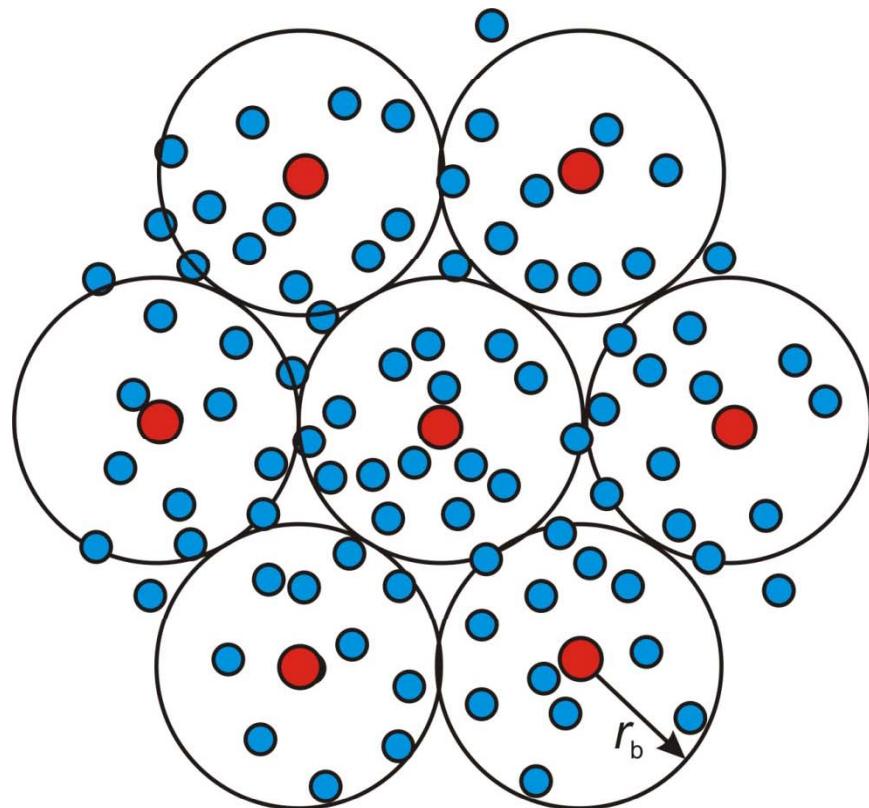
# Interaction induced dephasing and phase shift



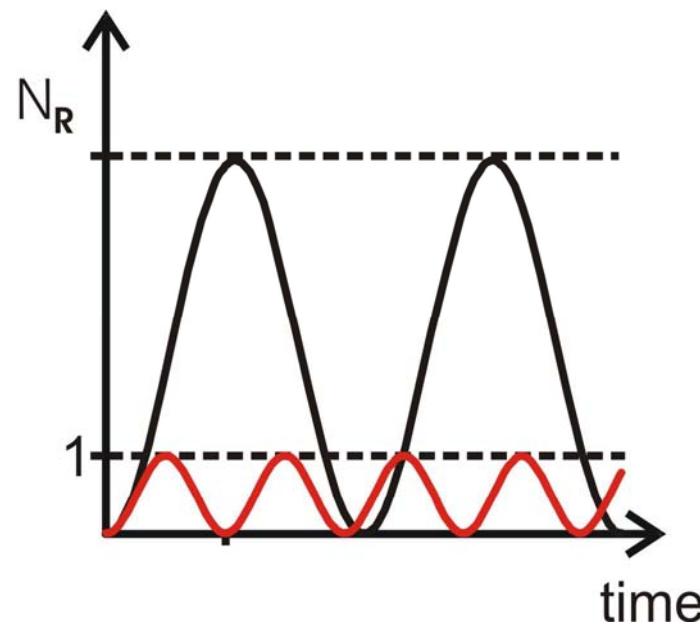
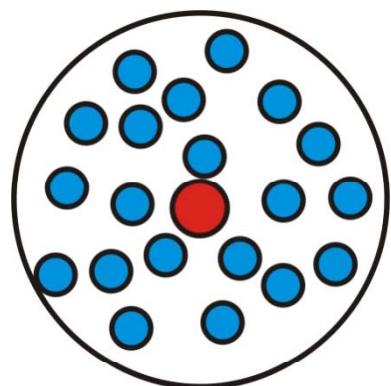
# Interaction induced dephasing and phase shift



# Excitation blockade by van der Waals interaction



## Collective state



$$|E\rangle = \frac{1}{\sqrt{N}} \{ |ryd, g, g, \dots, g\rangle + |g, ryd, g, \dots, g\rangle + \dots + |g, g, \dots, g, ryd\rangle \}$$

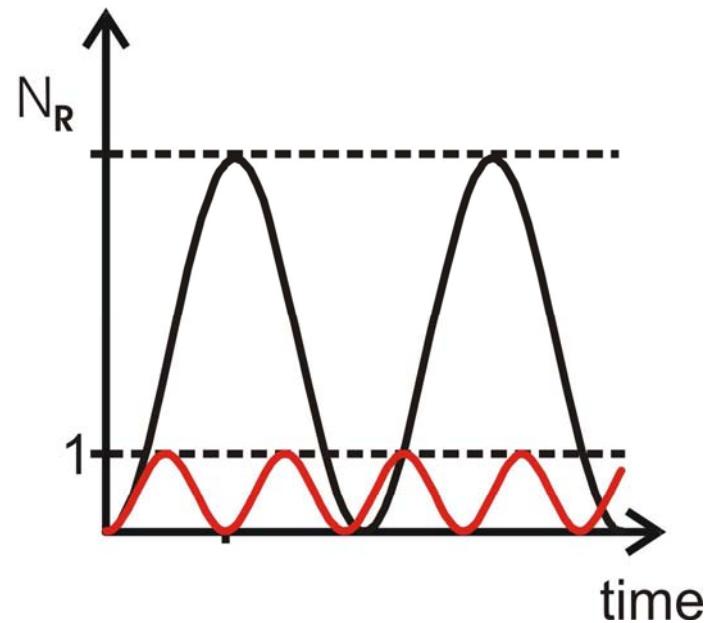
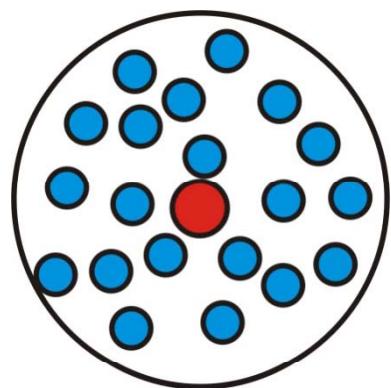
$$\downarrow \quad \Omega = \sqrt{N} \Omega_0$$



$$|G\rangle = |g, g, g, \dots, g\rangle$$



## Collective state

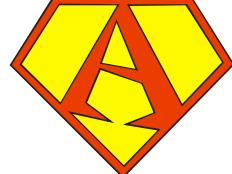


$$|E\rangle = \frac{1}{\sqrt{N}} \{ |ryd, g, g, \dots, g\rangle + |g, ryd, g, \dots, g\rangle + \dots + |g, g, \dots, g, ryd\rangle \}$$

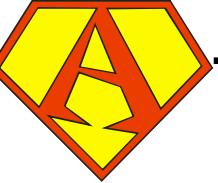
$$\downarrow \quad \Omega = \sqrt{N} \Omega_0$$

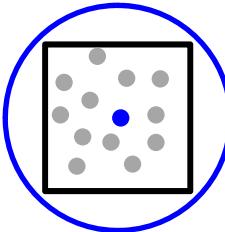


$$|G\rangle = |g, g, g, \dots, g\rangle$$

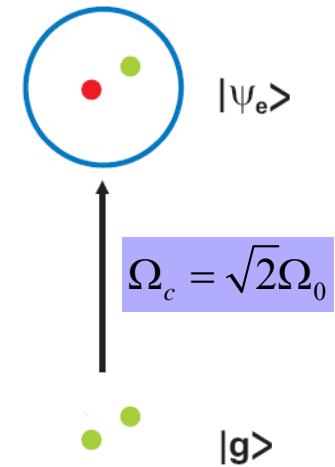
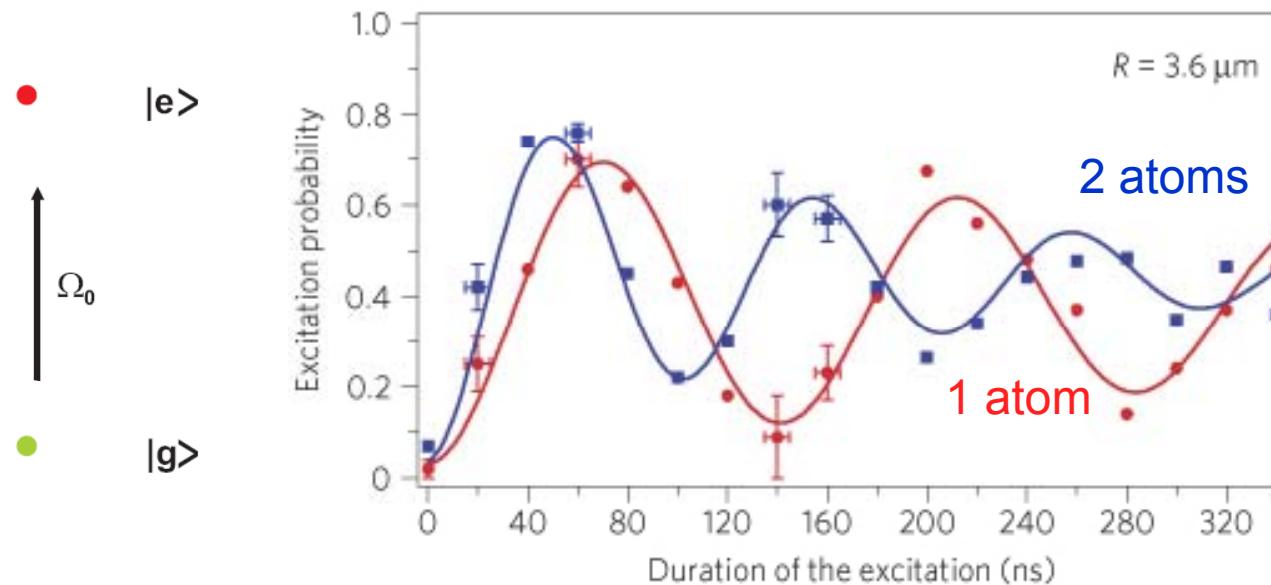
Super  atom



- Super  tom made of 2-100000 atoms



## Ultracold samples:



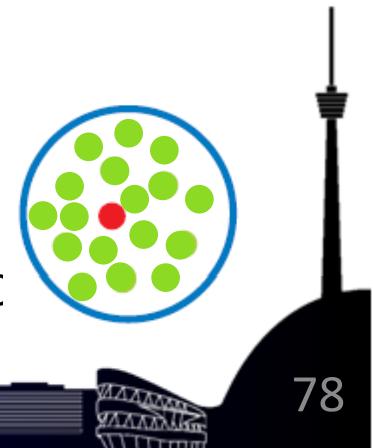
N=2: Gaetan et al., *Nature Phys.* **5**, 115 (2009)

N ~ 1000: Heidemann et al., *PRL* **99**, 163601 (2007)

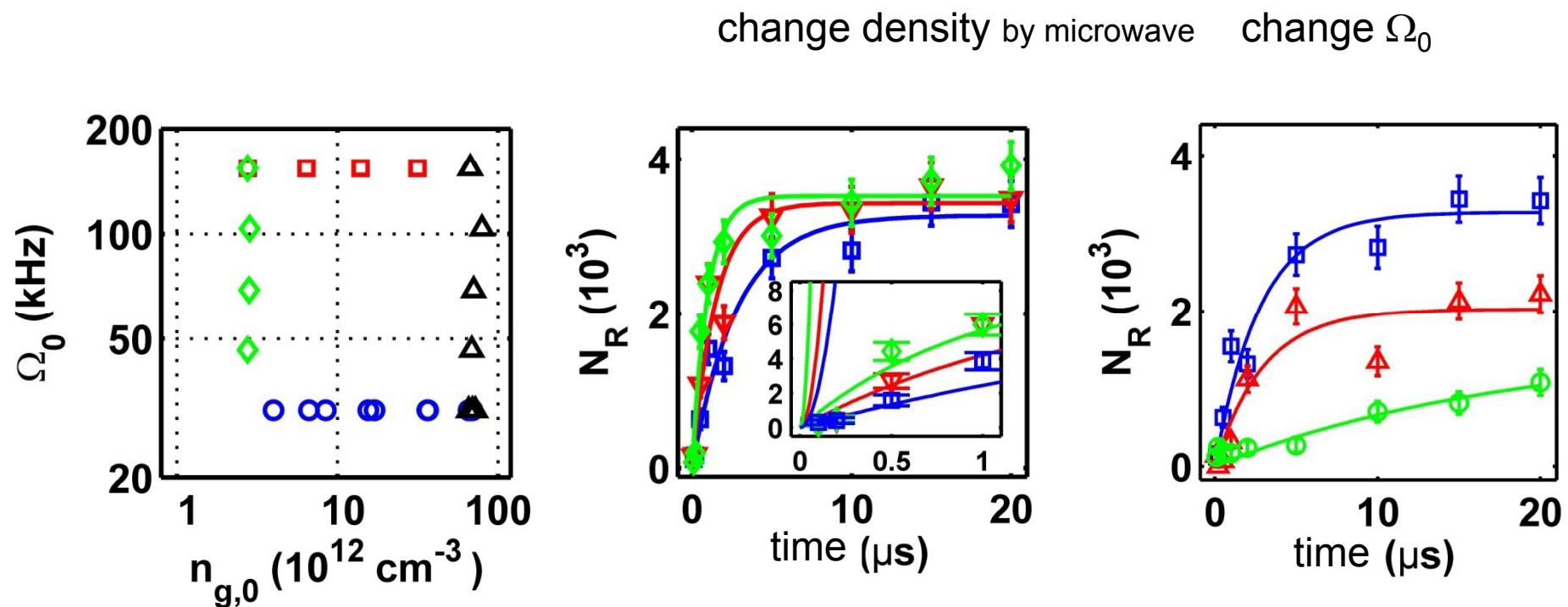
see also Kuzmich group 2012

see also Walker/Saffman 2013

see J. Balewski PhD thesis 2013 (N>1000)



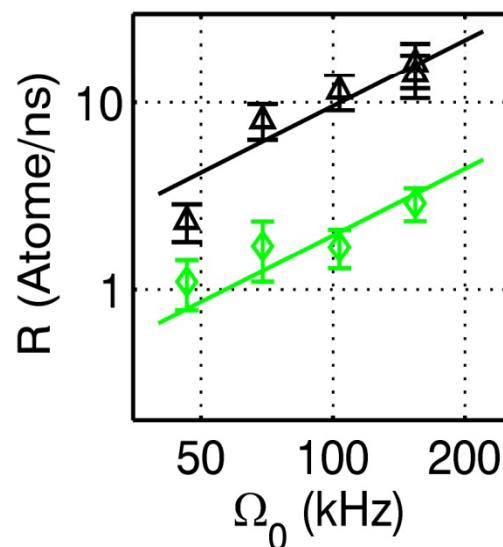
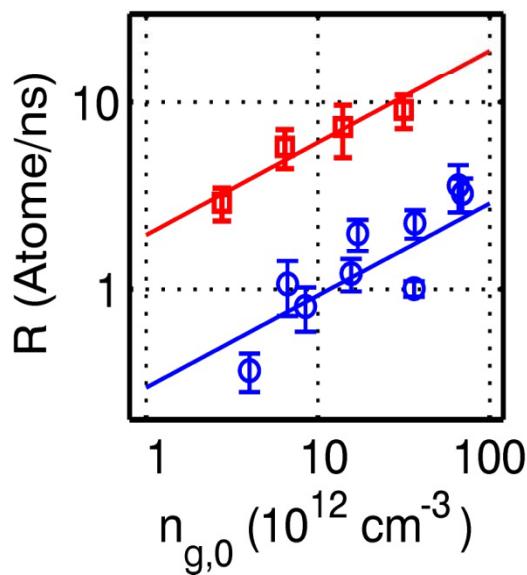
# Blockade measurements



Heidemann et al., *PRL* **99**, 163601 (2007)



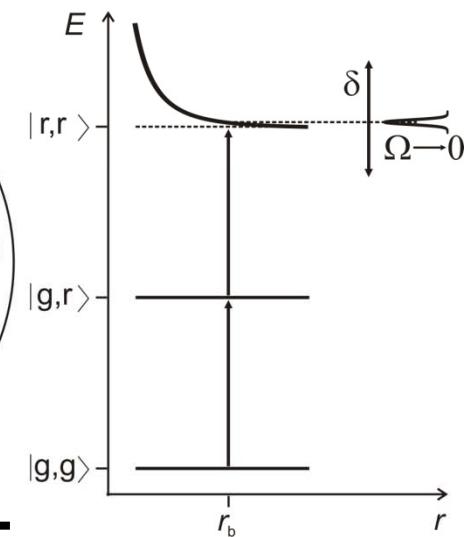
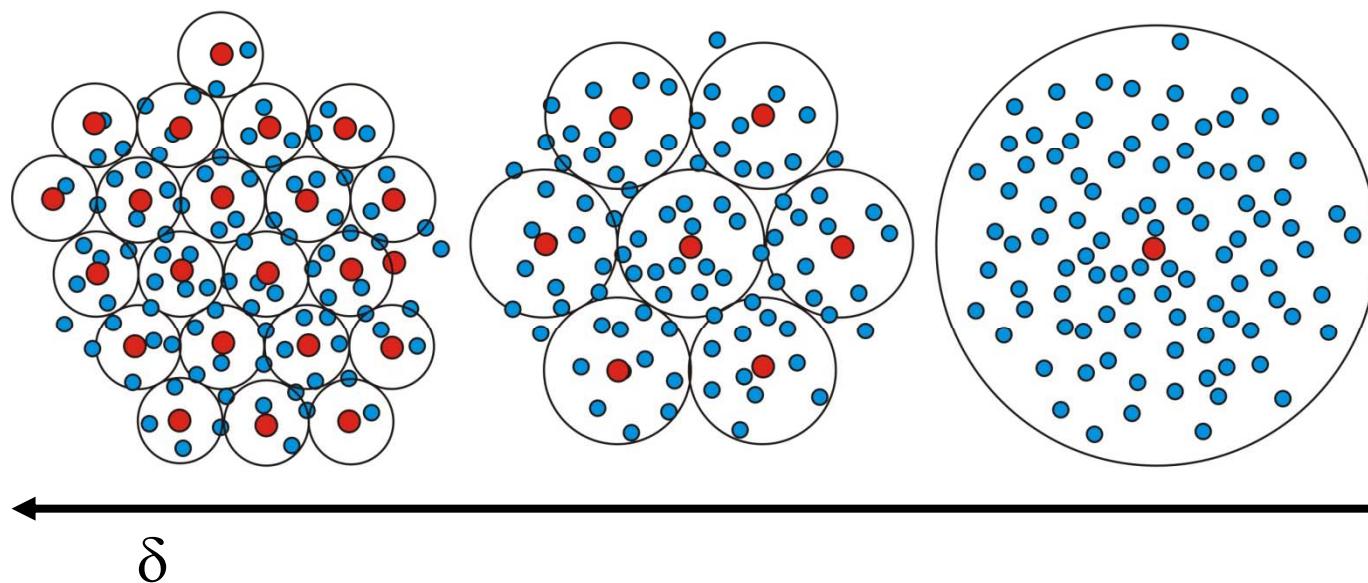
# Scaling of excitation rate R



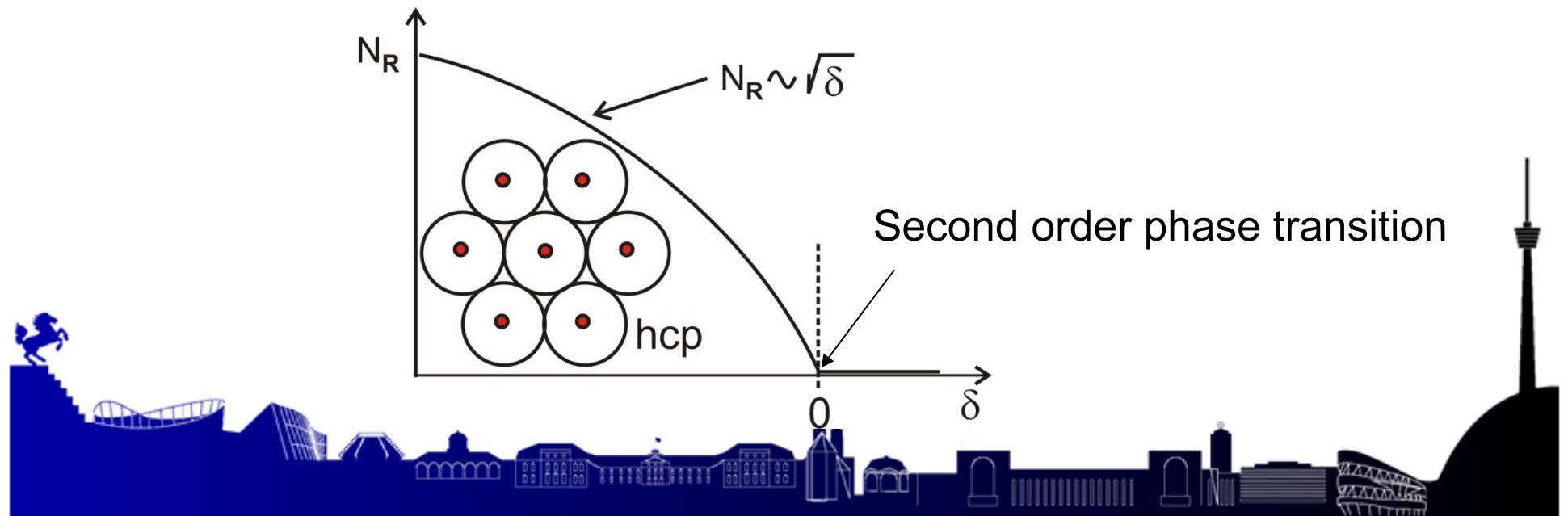
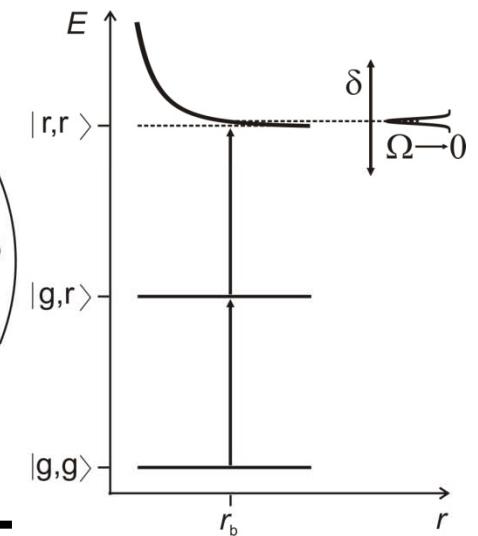
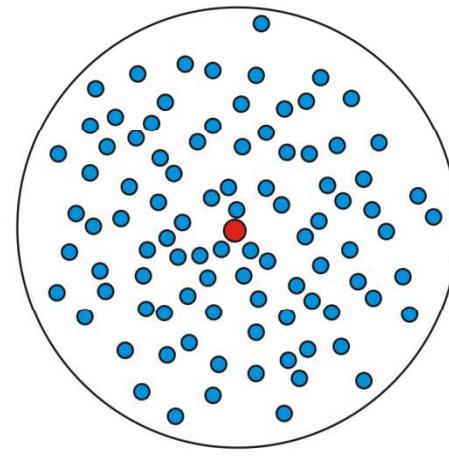
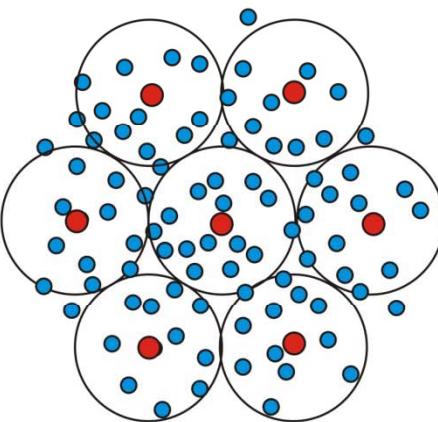
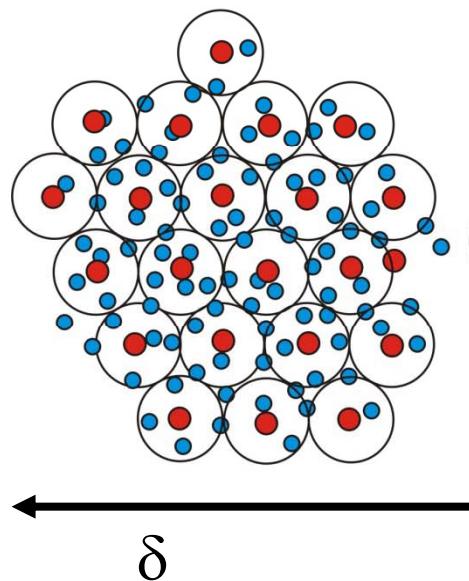
$$R \propto n_{g,0}^{0.49(7)} \Omega_0^{1.2(1)}$$



# Is it Crystalline?

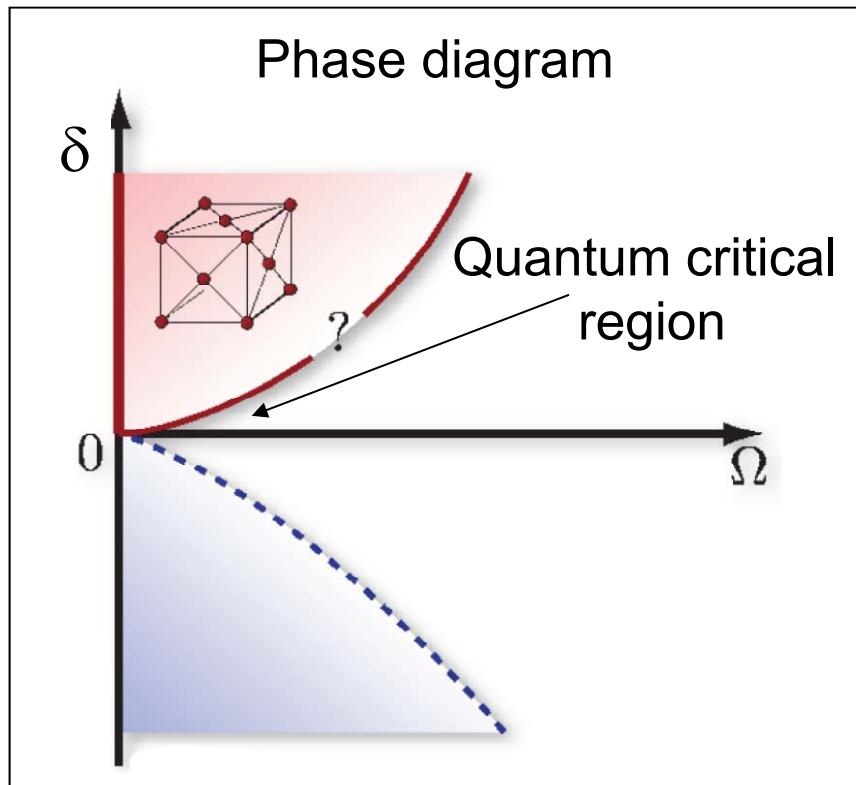


# Is it Crystaline?



# Effective Spin Hamiltonian

$$H = -\frac{\hbar\delta}{2}\sum_i \sigma_z^{(i)} + \frac{\hbar\Omega}{2}\sum_i \sigma_x^{(i)} + C_6 \sum_{j < i} \frac{P_{ee}^{(i)} P_{ee}^{(j)}}{|r_i - r_j|^6}$$



**Projector:**  $P_{ee}^{(i)} = (1 + \sigma_z^{(i)}) / 2$

PRL 101 250601 (2008)

# Universal scaling close to a quantum critical point

Strongly interacting Rydberg gas

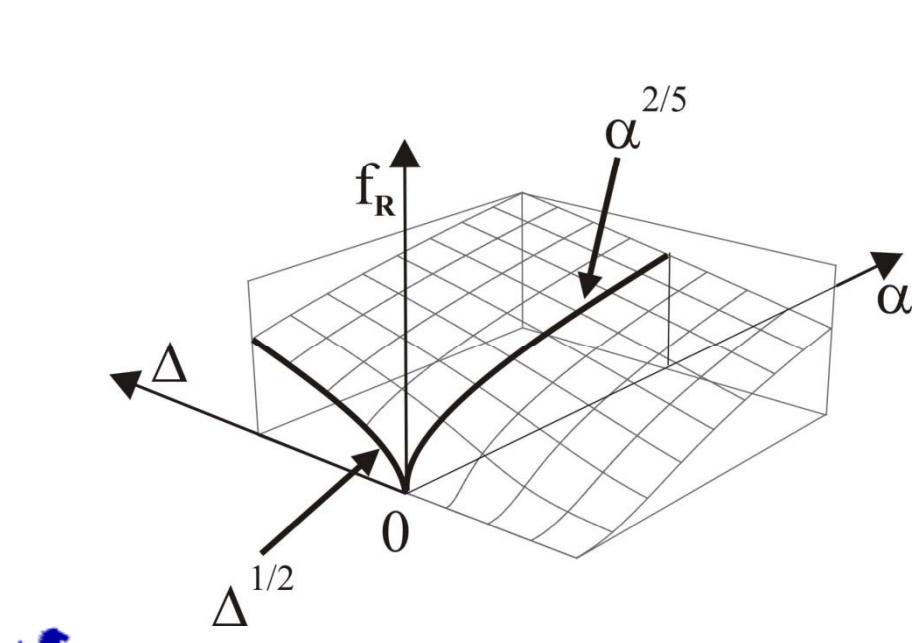
Mean-field result:

$$\alpha = f_R^{5/2} \left| 1 - \frac{\Delta}{f_R^2} \right|$$

Dimensionless parameters

$$\alpha = \frac{\hbar\Omega}{C_6 n^2} \quad \Delta = \frac{\hbar\delta}{C_6 n^2}$$

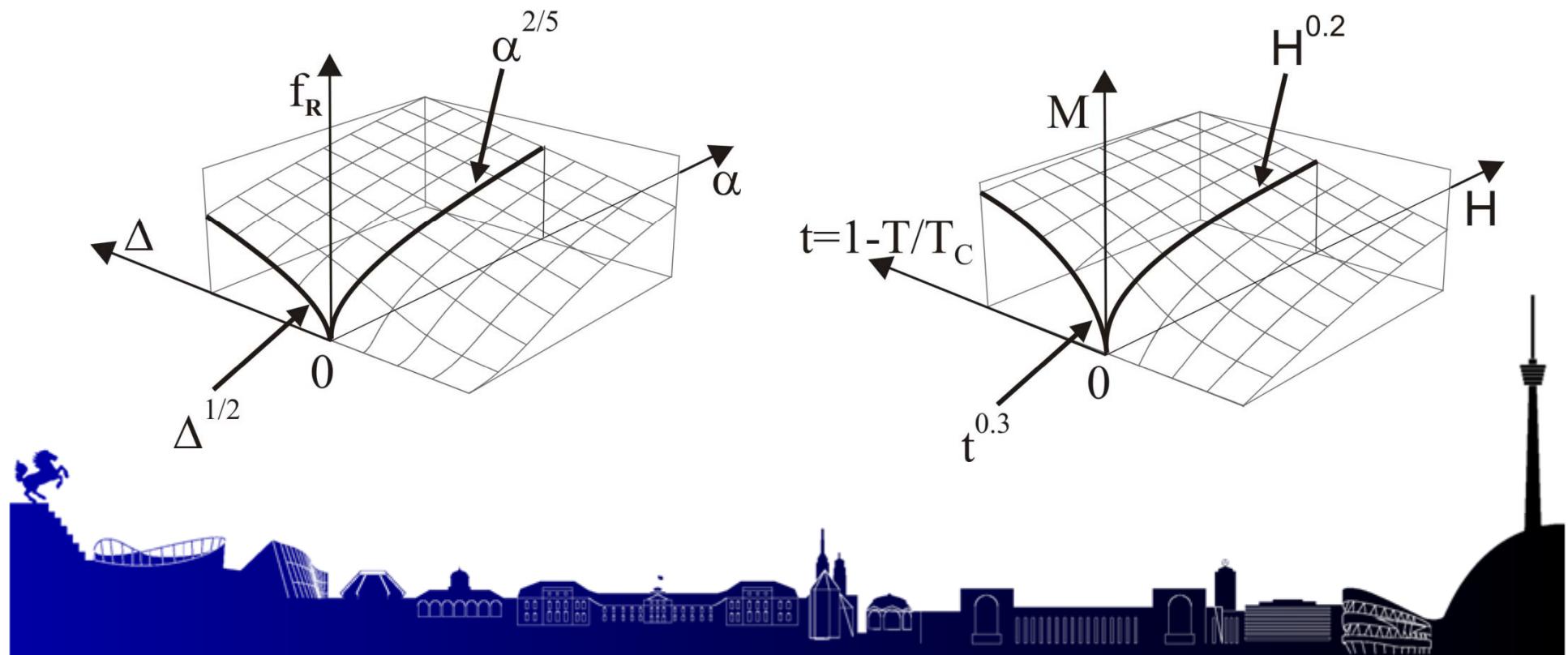
$$\alpha = \left( \frac{\text{Mean atomic distance}}{\text{blockade radius } r_b} \right)^6$$



# Universal scaling close to a quantum critical point

Strongly interacting Rydberg gas

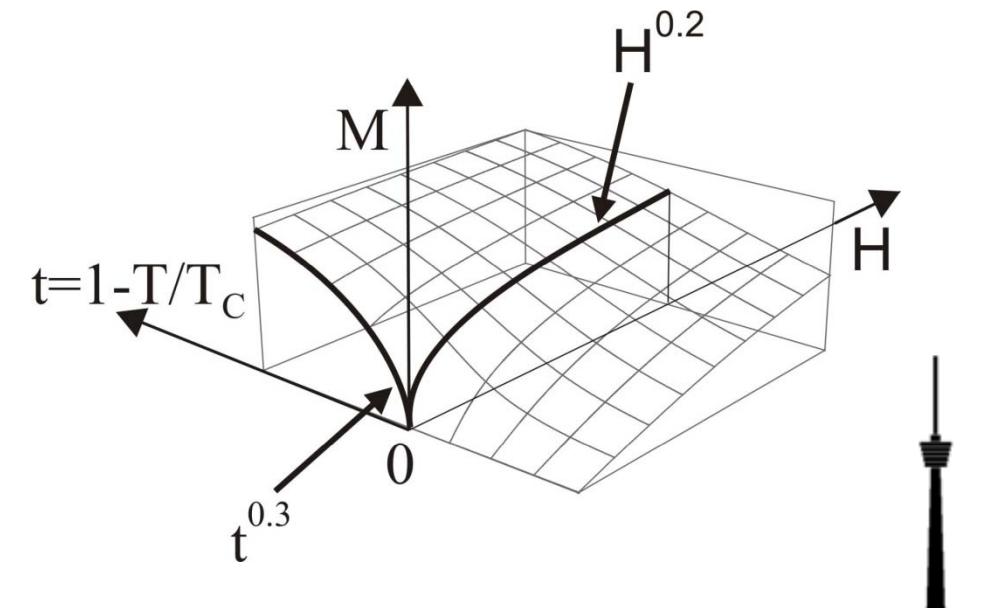
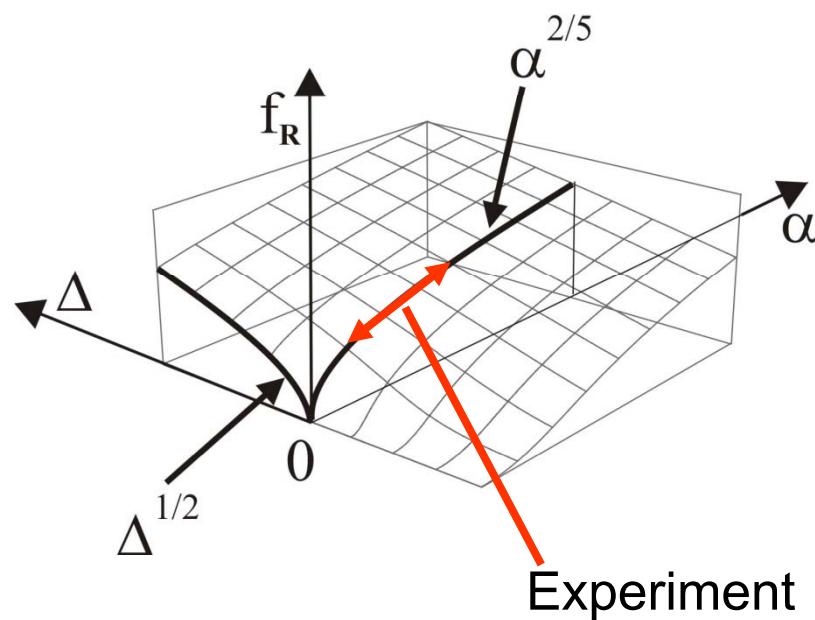
Ferromagnet - Ising model



# Universal scaling close to a quantum critical point

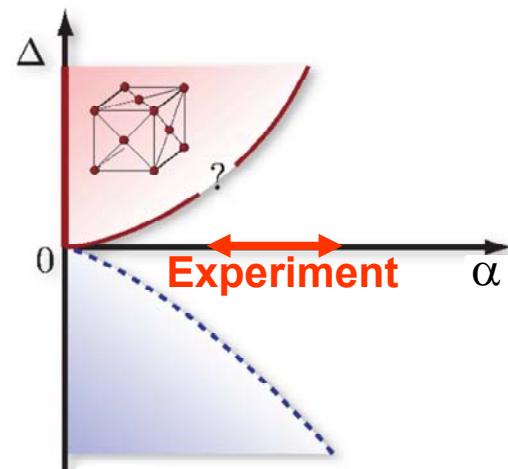
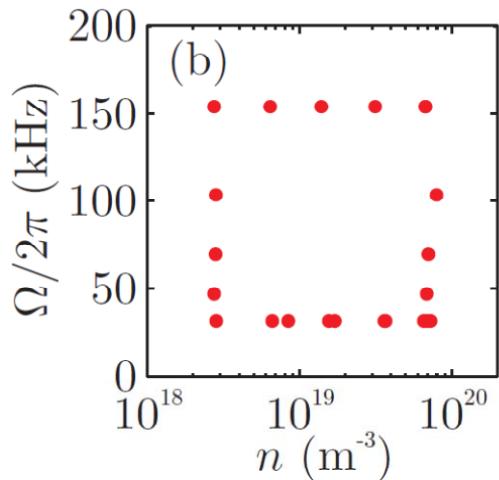
Strongly interacting Rydberg gas

Ferromagnet - Ising model

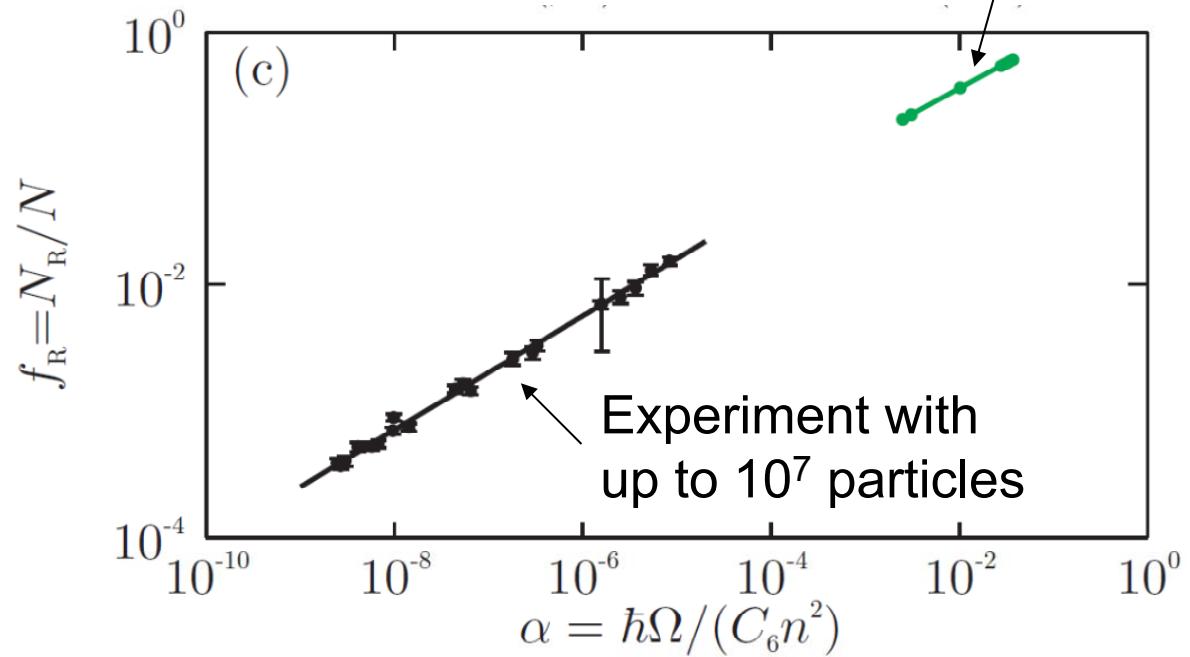


# Data collapse on a simple power law – Universal scaling

Scanned parameter space



Numerical simulations with up to 100 particles



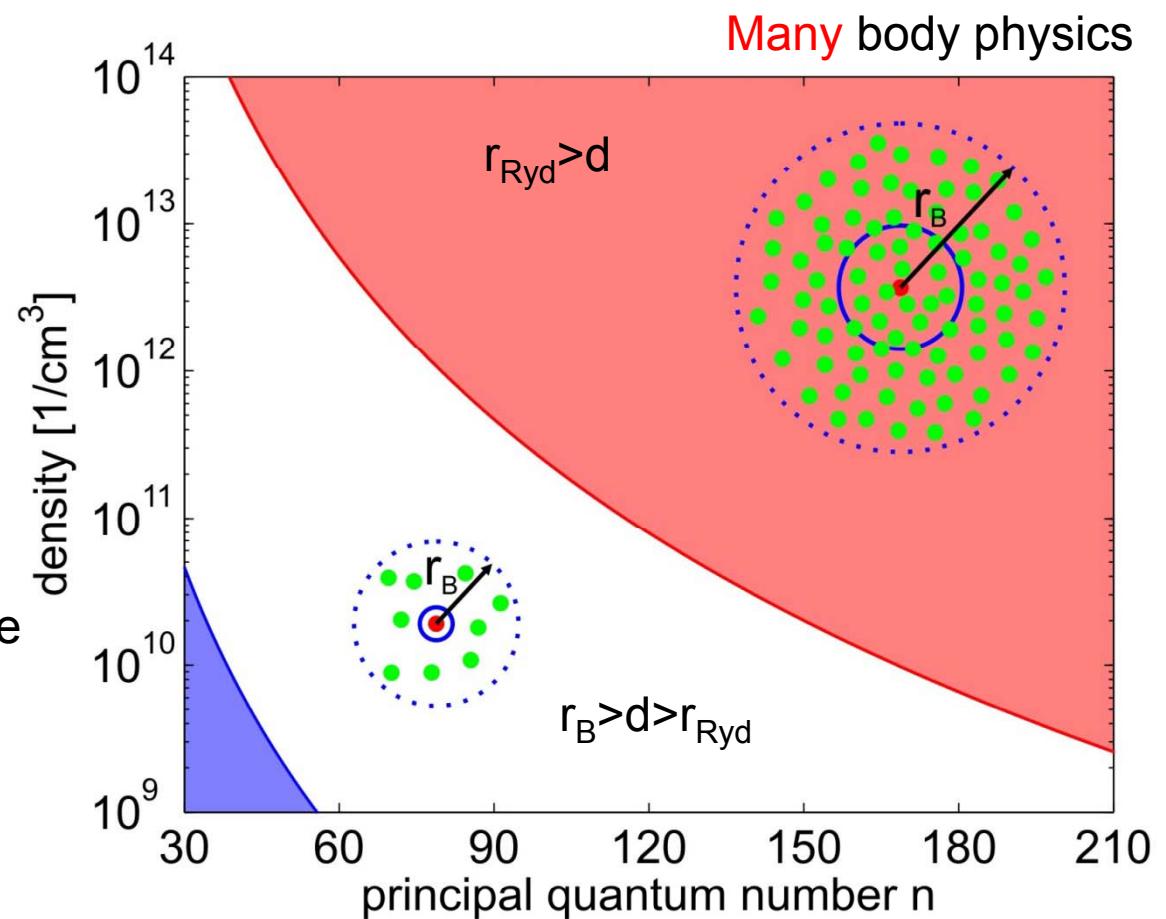
Fit result:  $f_R \propto \alpha^{0.45 \pm 0.01}$

Theory:  $f_R \propto \alpha^{2/5} = \alpha^{0.4}$

Heidemann et al., *PRL* **99**, 163601 (2007)  
R. Löw, et al., *PRA* **80**, 033422 (2009)

# Rydberg atoms in dense gases

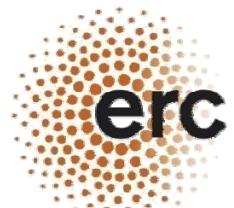
- d: mean particle distance  
 $r_B$ : blockade radius  
 $r_{Ryd}$ : size of electron orbit



# The COLD RYDBERG team



W Li, T Pohl, JM Rost  
ST Rittenhouse, HR Sadeghpour,  
D Peter, HP Büchler,  
K Rzążewski, M Brewczyk  
M. Kurz, P. Schmelcher



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